

# ARBOR GLEN CONNECTION

November 2024



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FOR MORE VISIT: [arborsenior.com](http://arborsenior.com) and find monthly calendars under News and Community Events



# November Events and Activities

Subject to change

Monday and Friday = Pet Visits

Every Monday = Bible Study with Chaplain Chuck @ 1:15pm

Every Tuesday and Thursday = "Live 2 B Healthy" Exercise class @ 2pm

Every Friday = Bible study @ 10am & Church Services @ 11am

Every Wednesday = Happy Hour @ 2pm

Every Tuesday and Thursday = BINGO @ 11am

Every Monday and Saturday = Movie Matinee @ 1:30pm

1st and 3rd Tuesday of the month = Lake Elmo Bank @ 10am

Every other Tuesday = Massage with Garrett @ 1pm

Certain Thursday's (Check the calendar) = Blackjack in Pub @ 1:30pm

3rd Monday of the Month = Catholic Communion Offering service @ 10am

## Performances will be:

Darlin Jesse = 11/6 @ 2pm for Happy Hour

Bandan-AHH's = 11/13 @ 2pm for Happy Hour

Diane Zilverberg = 11/20 @ 2pm for Happy Hour

Glenda = 11/27 @ 2pm for Birthday Happy Hour

Resident Council = 11/26 @ 1:30pm



## NOVEMBER OUTINGS

Monday, November 11th

Target Shopping

Tuesday, November 19th

Pie and Coffee at Joesph's

Sign up at front desk

## NOVEMBER'S FEATURED COCKTAIL

**Martini**



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# November Happenings

Subject to change

**Vikings game times** - Football is back and we will show the Vikings Games in the Theater per staffing availability. Feel free to bring snacks and drinks! Look for times and dates on the calendar.

**Monday, November 11th @ 1pm** - Target Shopping Outing. Sign up at the front desk.

**Tuesday, November 12th @ 9:30am** - Wunder Years will be here in the Pub.

**Monday, November 18th @ 10am** - Catholic Communion Offering service will be held in the Theater.

**Tuesday, November 19th @ 1:30** - Outing to Joesph's for pie and coffee. Sign up at the front desk, space is limited.

**Tuesday, November 26th @ 9:30am** - Wunder Years will be here in the Pub to trick or treat in their costumes.

**Tuesday, November 26th @ 2:30am** - Worship in Motion is back for a fun sing along and dance performance in the Pub!

## Upcoming in-house clinics:

Podiatry: 11/15

Optometry: 12/30



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# Executive Spotlight



**Ann Grode**  
**Executive Director**

Happy November! The weather is starting to give us hint of what's coming, and we are already seeing signs of the holiday season. I would like to slow down a bit and enjoy this month of gratitude. This month we honor our veterans for their commitment and sacrifice to our country. We also celebrate Thanksgiving to give thanks for blessings for the year but also to show gratitude for one another. I'm grateful to be part of this wonderful community. Have a great month!!



## BIRTHDAYS WE CELEBRATED IN OCTOBER

Please note: Some preferred not to be included or were unavailable

HAPPY  
Birthday





# Resident Spotlight

**What is your favorite color?:** Blues

**Favorite food?:**

Butterfly shrimp, but when I was a kid, Mac & Cheese!

**What was your career?:**

Domestic Engineer - AKA Housewife :)

**What is your favorite thing about this time of the year?:**

The changes of the colors.

**What is your favorite thing about Arbor Glen?:**

The friendliness of the people and the good service staff are always so friendly! I also love the clean building!

**Anything else to add?:**

I really enjoy being apart of this community and the spiritual emphasis that is upheld!



**BEETY MILLER**

*Kudos*  
**GREAT JOB**



**Ellen**

**Life Enrichment  
Assistant**

**What is your favorite color?** White or Pink!

**What is your favorite food?** Pad Thai

**What is your favorite thing about summer?**

The beautiful colors and mild weather!

**What do you love most about your job?**

The residents! They are all so special in their own unique way! I truly love them.

**Is there anyone who has helped you preform your job with excellence?** All the staff. They are all so wonderful!



## NOVEMBER HOROSCOPE

Those born between November 1–21 are passionate Scorpios, considered the most intense sign in the zodiac. While on the outside Scorpios are calm and composed, inside they are forceful, emotional, determined, and ambitious. If you were born between November 22–30, you are Sagittarius, the Archer. Archers are optimistic, energetic, generous, and honest. They enjoy exploration and keep an open mind during new encounters.

## WELCOME

to the team!!



Yusaku Nozaki  
Culinary Assistant

## No Photo

Gbessay Kemokai  
Resident Assistant



Katrina McCarthy  
Residents Assistant



Melanie Reeves  
Culinary Assistant



Fame Kavapalu  
Resident Assistant



Anila Vue  
Activities Assistant

# Happy Birthday

## RESIDENT BIRTHDAYS

Wayne Boulton - 11/2  
Barry Mau = 11/9  
Richard Stout = 11/10  
Barabra Dahl = 11/13  
Beverly Cunnien = 11/23

## STAFF BIRTHDAYS

Lakeeshia (RA) = 11/2  
Wilma (Housekeeping) = 11/4  
Gwen (RA) = 11/6  
Colleen (Housekeeping) = 11/9  
Andrew (RA) = 11/10  
See (RA) = 11/18  
Arrianna (RA) = 11/24  
Rose (Reception) = 11/30



## Point of Contact

Chelsea Solfest, Activities Director  
Chelsea.Solfest@fairview.com  
(651) 704 – 1424  
(Her office is also located by the front door)





# THANK YOU FOR YOUR == SERVICE ==

We love our Vets, and are honored to celebrate them on this Veterans day

**Gary W. Running**

SP/5

United States Army

1958 - 1960

**Richard Stout**

Petty Officer 3rd Class

United States Navy

1964-1966

**Ray Barry**

Private 1st Class

United States Army

1957-1959

**Wayne Boulton**

Airman 1st Class

Air Force Corp

1962-1966

**Abednego "AJ" Ingram**

Staff Sgt

United States Army

1950-1952

**Don Hanna**

Specialist 3rd Class

United States Army

1954-1956

**Cletus F. Wolfe**

SPEC 4

United States Army

1972-1974

**Fred "Jim" Schmidt**

Sergeant

United States Army

1954-1962

**Alfons "Al" Roskowinski**

Corporal

United States Army

1952-1954

**Bob Schumacher**

Sp/5

Vietnam Veteran

United States Army

1966-1968

**James R. Friend**

Fire Control Tech Second Class

United States Navy

1952-1959