



November
2024

Arcadia

SENIOR LIVING

Louisville

Resident Birthdays

Joe Beaven - 1st
Carol Dales - 4th
Joe Hennessey - 10th
Gerry Simmons - 12th
Mary Clements - 13th
Marian Scott - 16th
Judy Green - 18th
Charlie Thornton - 24th
Jean Ryan - 27th
Kay Green - 30th

Employee Birthdays

Robin Kennedy - 5th
Sarah Lombardi - 11th
Teresa Gray - 15th
Mary Joway - 18th
Laqusha Burdette - 19th
Junie Schoch - 26th
Karen Cooper - 28th

SAVE THE DATE

**11/7 - Veterans
Benefits Seminar**

11/11 - Veterans Day

12/11 - Thanksmas

From the Executive Director

Fall is definitely here with the crisp air and beautiful foliage! Along with fall, of course comes the holiday season, with that being said I wanted to update the residents and families on upcoming events and dates to save:

-Daylight saving time will have us falling back an hour on Sunday November 3rd, 2024.

-Veterans Day is November 11th, 2024, and we will be having a ceremony to recognize the veterans in our community.

-Thanksmas: We are going to do a big holiday meal for the families to come between Thanksgiving and Christmas. Thanksmas will be held on December 11th, 2024, at lunch.

-Holiday Meals: A traditional meal will still be served on Thanksgiving Day and Christmas Day at lunch and then dinner will be a box meal to allow our employees to spend time with their families as well.

Just a reminder that with the cooler weather, our residents will need to make sure they have changed out their summer clothes for winter clothes and ensure that have a jacket/coat for outings.

CONTINUED ON PAGE 3

Photo Round Up



Oktoberfest



WALK TO END ALZHEIMERS



Autumn Service Project: Halloween goody bags



Google Reviews

Like us? Tell us! Submit a Google review of Arcadia Louisville now through November 15th and be entered into a drawing for \$100 off your December rent.

Use the QR code or visit ArcadiaLivingLouisville.com and click on About Us / Reviews.





VETERANS BENEFITS SEMINAR

Presented by



ANGEL FRAZIER

PATRIOT ANGELS

NOVEMBER 7, 2024
1:00 PM

Arcadia
SENIOR LIVING
Louisville



VETERANS Day

HONORING THOSE WHO SERVED.

NOVEMBER 11TH, 2024

Resident Spotlight



IRA HAMMACK recently celebrated his 85th birthday and his one-month Arcadia anniversary. Ira is a native of Mississippi and a veteran of the National Guard. With a degree in mathematics, Ira worked as a systems analyst for General Electric.

A lover of the outdoors, Ira has spent many hours hunting, fishing, rv camping, and boating. He has three children.

Chef Christina's Corner

Butternut Squash Soup

Ingredients

2 tablespoons extra-virgin olive oil
1 large yellow onion, chopped
1 (3-poud) butternut squash
peeled, seeded, & cubed
3 garlic cloves, chopped
1 tablespoon fresh sage, chopped
1/2 tablespoon fresh rosemary,
minced
1 teaspoon fresh ginger, grated
3 to 4 cups vegetable broth
Freshly ground black pepper, to taste

Instructions

1. Heat olive oil in a large pot over medium heat. Add the onion, salt & several grinds of fresh pepper. Sauté until soft, 5-8 minutes. Add squash & cook until it begins to soften, stirring occasionally, for 8-10 minutes.
2. Add garlic, sage, rosemary, & ginger. Stir & cook until fragrant (30 seconds - 1 minute), then add 3 cups of broth. Bring to a boil, cover, reduce heat to a simmer. Cook 20 - 30 minutes until squash is tender.
3. Allow to cool slightly then pour into a blender, working in batches, and blend until smooth. Add up to a cup of broth to thin as needed.

From the Executive Director Continued

Also, a reminder with flu season in full swing, if you are feeling under the weather please stay in your apartments and families please limit visitations as well. This is to ensure the safety and wellness of our residents in the community.

Looking forward to celebrating the holidays with each of you.

Sincerely,
Michele N. Davis, Executive Director

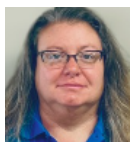


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Information

THE ARCADIA WAY

TEAMWORK | INTEGRITY | ACCOUNTABILITY | RESPECT | SAFETY

EMPLOYEE RECOGNITION PROGRAM

Forms available at
the front desk.

KNOW YOUR NEIGHBOR

\$1000
for You
\$1000
for Your
Neighbor



Icon Family Communication Tool

To start receiving
community updates,
menus, activity
notifications, and more,
please fill out an
authorization form.
Forms available at the
front desk.



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