

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY LIB - 2nd Floor Library T2LR - 2nd Floor Terrace Living Room 3FLGMR - 3rd Floor Game Room A - Atrium	A123 - Atrium all floors CR - Community Room DA - Depart Atrium PO - Post Office Pub - Pub A2T - Theater 2nd floor			Check out our Resident Room TV Channel Tune into channel 901 to see everything happening here at KVAF Both the daily calendar and the days menu are listed along with updates and announcements.	10:00 Fun Friday with Fox (CR) 1:30 Memorial Servie (CR) 2:00 Resident Run Pinochle (3FLGMR) 3:00 Devotional Group-TIME CHANGE (A2T) 3:00 Therapy Dog Visit with Ruby (A) 6:00 Brain Teasers with Babs and Joan (Pub) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)	10:00 Coffee and Conversation (Pub) 11:30 KVAF Store (PO) 2:00 Resident Run Card and Board Games (3FLGMR) 6:00 Saturday Evening Movie (A2T) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)
Daylight Savings Time Ends 10:00 Hymn Sing (T2LR) 1:00 Bingo (Pub) 3:00 Sunday Service with Kissinger's Church (CR) 6:00 Seated Exercise Channel 901 (Channel 901) 6:00 Sunday Movie Night (A2T) 9:00 Meditation Series on 901 (901)	Happy Birthday Joan Becker! 10:00 Monday Movement Exercise (CR) 12:15 Cornhole Practice (CR) 1:00 Book Club Meeting (Library) 3:00 Knit and Crochet Group (Library) 3:15 Fleetwood School District Benefit (A) 6:00 Seated Exercise Channel 901 (Channel 901) 6:30 As the Page Turns with Joan Becker (Library) 9:00 Meditation Series on 901 (901)	Election Day! 9:00 Boyer's Grocery Store (DA) 10:00 Stronger Seniors Stretch-ROOM CHANGE (A) 1:00 Bingo (Pub) 6:00 Music Bingo with Jayda (Pub) 6:00 Seated Exercise Channel 901 (Channel 901) 7:00 Fleetwood Mennonite Youth Group Singers (A123) 9:00 Meditation Series on 901 (901)	Happy Birthday Peg Huffert! 10:00 Town Hall Meeting (A123) 10:30 Blood Pressure Checks by Accent Care (LIB) 2:00 Resident Run Pinochle (3FLGMR) 2:30 Trivia with Asera Care (Pub) 3:00 Men's Group with George (A2T) 4:00 Dinner at Dietsch Eck (DA) 6:00 Seated Exercise Channel 901 (Channel 901)	10:00 Seated Exercise (CR) 11:00 Manicures with Donna (Pub) 12:15 Cornhole Practice (CR) 1:30 Chime Choir Practice (3rd Floor Kitchen IL) 3:00 Drink of the Week: The Dirty Shirley (A123) 3:00 Happy Hour with Keith Brintzenhoff (A123) 6:00 Seated Exercise Channel 901 (Channel 901) 6:00 Thursday Evening Movie (A2T) 9:00 Meditation Series on 901 (901)	10:00 Fun Friday with Fox (CR) 1:00 Activities and Dining Meeting (Pub) 1:00 Reminisce with I LOVE LUCY SHOW (A2T) 2:00 Resident Run Pinochle (3FLGMR) 2:00 Vocal Group (CR) 6:00 Brain Teasers with Babs and Joan (Pub) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)	11:00 Linda on Piano (A123) 11:00 Veteran Displays (A) 11:30 KVAF Store (PO) 2:00 Resident Run Card and Board Games (3FLGMR) 3:30 Ryker Therapy Dog (A) 6:00 Saturday Evening Movie (A2T) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)
10:00 Hymn Sing (T2LR) 1:00 Bingo (Pub) 3:00 Sunday Worship with Pastor Martin from Christ Mertz Church (CR) 6:00 Seated Exercise Channel 901 (Channel 901) 6:00 Sunday Movie Night (A2T) 9:00 Meditation Series on 901 (901)	Veterans Day Happy Birthday Erna Fortascue! 8:30 Veterans Day Breakfast (IL Dining Room) 10:00 Monday Movement Exercise (CR) 12:15 Cornhole Practice (CR) 2:00 Veteran Tribute with Merrill Schaffer on Piano (A123) 3:00 Knit and Crochet Group (Library) 6:00 Seated Exercise Channel 901 (Channel 901) 6:30 As the Page Turns with Joan Becker (Library) 9:00 Meditation Series on 901 (901)	9:00 Boyer's Grocery Store (DA) 10:00 Stronger Seniors Stretch (CR) 1:00 Bingo (Pub) 2:00 Fox Fall Prevention Presentation (CR) 6:00 Chips and Trivia with Jayda (Pub) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)	9:15 TV Tunes From Yester-Years with Fleetwood Area Middle School (Pub/Community Room) 10:00 Blood Pressure Checks by Accent Care (LIB) 10:00 Stretch and Aerobics (CR) 1:30 Independent Living Scenic Country Drive (DA) 2:00 Resident Run Pinochle (3FLGMR) 2:30 Veterans Club with Asera Care (Library) 6:00 Cocktails, Mocktails and Conversations (Pub) 6:00 Seated Exercise Channel 901 (Channel 901)	10:00 Seated Exercise (CR) 11:00 Lunch Trip to Gianotti's (DA) 12:15 Cornhole Practice (CR) 1:00 Care for Your Hearing (T2LR) 3:00 Drink of the Week Fuzzy Navel's (A123) 3:00 Happy Hour with Massimo Brutto (A123) 6:00 Seated Exercise Channel 901 (Channel 901) 6:00 Thursday Evening Movie (A2T) 9:00 Meditation Series on 901 (901)	10:00 Fun Friday with Fox (CR) 1:00 Drama Club (3rd Floor Kitchen IL) 2:00 Devotional Group (A2T) 2:00 Resident Run Pinochle (3FLGMR) 6:00 Brain Teasers with Babs and Joan (Pub) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)	10:00 Coffee and Conversation (Pub) 11:30 KVAF Store (PO) 2:00 Resident Run Card and Board Games (3FLGMR) 2:30 Musical Performance with Kaybe (A123) 6:00 Saturday Evening Movie (A2T) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)
10:00 Hymn Sing (T2LR) 1:00 Bingo (Pub) 3:00 Sunday Church Service with Pastor Bush Trinity Bible Church (CR) 6:00 Seated Exercise Channel 901 (Channel 901) 6:00 Sunday Movie Night (A2T) 9:00 Meditation Series on 901 (901)	10:00 Monday Movement Exercise (CR) 12:15 Cornhole Practice (CR) 1:00 GriefShare Group (CR) 1:00 YOU BE THE JUDGE (Library) 2:00 Arts and Crafts with Marta (3rd Floor Kitchen IL) 3:00 Knit and Crochet Group (Library) 3:30 Therapy Dog Buttercup Visit (A) 6:00 Seated Exercise Channel 901 (Channel 901) 6:30 As the Page Turns with Joan Becker (Library) 9:00 Meditation Series on 901 (901)	9:00 Boyer's Grocery Store (DA) 10:00 Stronger Seniors Stretch (CR) 12:30 Bingo-TIME CHANGE (Pub) 2:00 Presentation "A Walk Through History" with Joseph McDevitt (CR) 6:00 Chips and Trivia with Jayda (Pub) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)	10:00 Blood Pressure Checks by Accent Care (LIB) 10:00 Stretch and Aerobics (CR) 2:00 Catholic Mass and Rosary (CR) 2:00 Resident Run Pinochle (3FLGMR) 3:00 Authentic Mennonite Taste and Tell-Apple Dumplings (Pub) 3:00 Men's Group with George (A2T) 6:00 Seated Exercise Channel 901 (Channel 901) 6:15 Presentation on The History of Blandon (CR)	Happy Birthday Marguerite Cramer! 10:00 Seated Exercise (CR) 11:00 Manicures with Donna (Pub) 12:15 Cornhole Practice (CR) 1:30 Chime Choir Practice (3rd Floor Kitchen IL) 3:00 Drink of the Week: Rum and Cokes (A123) 3:00 Happy Hour with: Lucille Jazz Vocalist Band! (A123) 4:00 Dinner Trip to Bower's Hotel 6:00 Seated Exercise Channel 901 (Channel 901) 6:00 Thursday Evening Movie (A2T) 9:00 Meditation Series on 901 (901)	9:45 Boscov's Trip-Independent Shoppers Only! (DA) 10:00 Fun Friday with Fox (CR) 1:00 Reminisce with I LOVE LUCY SHOW (A2T) 2:00 Resident Run Pinochle (3FLGMR) 2:00 Vocal Group (CR) 6:00 Brain Teasers with Babs and Joan (Pub) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)	10:00 Coffee and Conversation (Pub) 11:00 Linda on Piano (A123) 11:30 KVAF Store (PO) 2:00 Resident Run Card and Board Games (3FLGMR) 3:30 Ryker Therapy Dog (A) 6:00 Saturday Evening Movie (A2T) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)
10:00 Hymn Sing (T2LR) 1:00 Bingo (Pub) 3:00 Sunday Church Service with Becky Wright (CR) 6:00 Seated Exercise Channel 901 (Channel 901) 6:00 Sunday Movie Night (A2T) 9:00 Meditation Series on 901 (901)	Happy Birthday Dorothy Donatelli! 10:00 Monday Movement Exercise (CR) 12:15 Cornhole Practice (CR) 1:00 Word Games (Library) 3:00 Knit and Crochet Group (Library) 3:00 Pennsylvania Dutch Club (CR) 6:00 Seated Exercise Channel 901 (Channel 901) 6:30 As the Page Turns with Joan Becker (Library) 9:00 Meditation Series on 901 (901)	8:15 Men's Breakfast (3rd floor kitchen) 9:00 Boyer's Grocery Store (DA) 10:00 Stronger Seniors Stretch (CR) 11:30 Birthday's of the Month (IL Dining Room) 1:00 Bingo (Pub) 6:00 Chips and Trivia with Jayda (Pub) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)	Happy Birthday Dottie Moyer! 10:00 Blood Pressure Checks by Accent Care (LIB) 10:00 Drum Circle (CR) 2:00 Resident Run Pinochle (3FLGMR) 3:00 Drink of the Week Whisky Sour (A123) 3:00 Happy Hour with Sandy Heisey (A123) 6:00 Seated Exercise Channel 901 (Channel 901) 6:00 Wheel of Fortune (Pub)	Thanksgiving 10:00 Seated Exercise (CR) 12:15 Cornhole Practice (CR) 1:30 Holiday Sing Along (A) 6:00 Seated Exercise Channel 901 (Channel 901) 6:00 Thursday Evening Movie (A2T) 9:00 Meditation Series on 901 (901)	10:00 Fun Friday with Fox (CR) 1:00 Drama Club (3rd Floor Kitchen IL) 2:00 Devotional Group (A2T) 2:00 Resident Run Pinochle (3FLGMR) 6:00 Brain Teasers with Babs and Joan (Pub) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)	10:00 Coffee and Conversation (Pub) 11:30 KVAF Store (PO) 2:00 Resident Run Card and Board Games (3FLGMR) 6:00 Saturday Evening Movie (A2T) 6:00 Seated Exercise Channel 901 (Channel 901) 9:00 Meditation Series on 901 (901)

November 2024

Independent Living

Activities Department Director Kristen Kotsch extension: 8357

