

## Resident Spotlight



**Gretchen H.**

This month's Resident Spotlight is on Gretchen! Gretchen has lived here for about 9 months. She was born and raised in Oregon, and was a piano and school teacher in Marcolla. She has three kids. She loves doing just about any activity here! You can find her singing, playing Bingo, walking, doing art, or playing one of the many pianos here. Thank you for being here with us, Gretchen, you are so loved.

## Team Member Spotlight



**Drake S., Dining Services**

This month, our Team Member Spotlight shines on Drake! Drake has been working here for about three months, and has already made such an impact on our community. He was born and raised here in Springfield and graduated from the A3 Academy of Arts. Cooking has always been a part of his life. When he's not here making delicious food for our residents, you can find him outdoors hiking, playing DND with friends, or just enjoying Fall! He also enjoys spending time with his fiancé Ellie and their two cats Gengar and Ceaser.

# moments captured



**Resident Birthday Parties:** On the left, you can see Susan and Laura opening their birthday gifts. We have our Resident Birthday Party every 3rd Friday of each month, and its always a hit!



**Activities:** On the left is our dedicated Bingo group and on the right is Lauralee showing off a collage she did!

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November 2024

# Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



## A Note from the Executive Director



**Nicole Hampl,  
Executive Director**

As we approach the winter, holidays are just around the corner with all of the excitement as we begin preparing for them. Here at Sweetbriar Villa, we will be hosting our traditional Thanksgiving Luncheon on November 29th at 11 AM. We are looking forward to celebrating this holiday season with all of you. Not only do we get to celebrate Thanksgiving this month, but we also will be honoring our United States Armed Forces. I want to give

my sincere Thank you to our Veterans that have served our country, for our ability to live in a free country you all fought so hard for. Thank you, Veterans!

As we gather together for Thanksgiving with our loved ones, let us not forget to be thankful for all of our blessings that we received this year so far and the blessings yet to come. From the bottom of my heart, Happy Thanksgiving and Veterans Day to each and every single one of you.

## HAPPY Birthday

### Residents

- Janet S.: 11/4
- Don R.: 11/11

### Staff

- Tori B.: 11/2
- Kendra L.: 11/11
- Aubrey J.: 11/24

# NOVEMBER 2024

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SUN	MON	TUE	WED	THU	FRI	SAT
					<b>1</b> 9:30 Chair Yoga 10:00 Garden Club 11:00 Coloring Social 1:00 Free Write Group 2:00 <b>Resident Council</b> 3:00 Bingo 4:00 Karaoke/Sing Along	<b>2</b> 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk in The Garden
<b>3</b> 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	<b>4</b> 9:30 Music With Phil 10:30 Bible Study 11:00 Chair Yoga 1:00 Whisk Wonders with Michelle 2:00 Manicures 3:00 Bingo 4:00 Stretch	<b>5 National Donut Day Election Day</b> 9:30 Book Club 10:00 Coloring Social 11:00 Chair Yoga 1:00 <b>How its made: Donuts</b> 2:00 <b>Donut Social</b> 3:00 Bingo 4:00 Residents' Choice	<b>6</b> 9:30 Chair Yoga 10:00 Cards & Coffee 11:00 Needlepoint Group 1:00 Short Story Hour 2:00 Thanksgiving Craft p.1 3:00 Bingo 4:00 Residents' Choice	<b>7</b> 9:30 Karaoke/Sing Along 10:00 Puzzles & Coffee 11:00 Chair Yoga 1:00 Thanksgiving Craft p.2 2:00 Collage Crafts 3:00 Bingo 4:00 Residents' Choice	<b>8</b> 9:30 Chair Yoga 10:00 Garden Club 11:00 Coloring Social 1:00 Free Write Group 2:00 Craft 3:00 Bingo 4:00 Karaoke/Sing Along	<b>9</b> 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk in The Garden
<b>10</b> 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	<b>11 Veterans Day</b> 9:30 Music With Phil 10:30 Bible Study 11:00 <b>Thank Our Veterans</b> 1:00 Whisk Wonders with Michelle 2:00 Manicures 3:00 Bingo 4:00 Stretch	<b>12 Chicken Soup for the Soul Day</b> 9:30 Blook Club 10:00 Coloring Social 11:00 <b>Inspirational Stories</b> 1:00 Movie & Popcorn 2:00 Movie Discussion 3:00 Bingo 4:00 Residents' Choice	<b>13</b> 9:30 Chair Yoga 10:00 Cards & Coffee 11:00 Beading 1:00 Short Story Hour 2:00 Arts and Crafts 3:00 Bingo 4:00 Residents' Choice	<b>14</b> 9:30 Karaoke/Sing Along 10:00 Puzzles & Coffee 11:00 Chair Yoga 1:00 Group Stroll 2:00 Collage Crafts 3:00 Bingo 4:00 Residents' Choice	<b>15</b> 9:30 Chair Yoga 10:00 Garden Club 11:00 Coloring Social 1:00 <b>Resident Birthday Party</b> 2:00 Craft 3:00 Bingo 4:00 Karaoke/Sing Along	<b>16</b> 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk in The Garden
<b>17</b> 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	<b>18</b> 9:30 Music With Phil 10:30 Bible Study 11:00 Chair Yoga 1:00 Manicures 2:00 <b>Timothy Patrick Performance</b> 3:00 Bingo 4:00 Stretch	<b>19</b> 9:30 Book Club 10:00 Coloring Social 11:00 Chair Yoga 1:00 Movie & Popcorn 2:00 Movie Discussion 3:00 Bingo 4:00 Residents' Choice	<b>20</b> 9:30 Chair yoga 10:00 Cards & coffee 11:00 Beading 1:00 Short Story Hour 2:00 Arts and Crafts 3:00 Bingo 4:00 Residents choice	<b>21</b> 9:30 Karaoke/Sing Along 10:00 Puzzles & Coffee 11:00 Chair Yoga 1:00 Group Stroll 2:00 <b>Fetch Therapy Dogs</b> 3:00 Bingo 4:00 Residents' Choice	<b>22</b> 9:30 Chair Yoga 10:00 Garden Club 11:00 Coloring Social 1:00 Free Write Group 2:00 Craft 3:00 Bingo 4:00 Karaoke/Sing Along	<b>23</b> 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk in The Garden
<b>24</b> 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	<b>25</b> 9:30 Music With Phil 10:30 Bible Study 11:00 Chair Yoga 1:00 Whisk Wonders with Michelle 2:00 Manicures 3:00 Bingo 4:00 Stretch	<b>26</b> 9:30 Book Club 10:00 Coloring Social 11:00 Chair Yoga 1:00 Movie & Popcorn 2:00 Movie discussion 4:00 Residents choice	<b>27</b> 9:30 Chair Yoga 10:00 Cards & coffee 11:00 Beading 1:30 <b>Cascade Kids Performance</b> 2:30 Arts and Crafts 3:30 Bingo	<b>28 Thanksgiving</b> <b>Thanksgiving Day Parade</b> 9:30 <b>Thanksgiving Day Parade</b> 10:00 Puzzles & Coffee 11:00 Chair Yoga 1:00 Group Stroll 2:00 Collage Crafts 3:00 Bingo 4:00 Residents' Choice	<b>29</b> 9:30 Chair Yoga 10:00 Garden Club 11:00 <b>Thanksgiving Lunch with family</b> 1:00 Group Games 2:00 Free Write Group 3:00 Bingo 4:00 Karaoke/Sing Along	<b>30</b> 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk in The Garden



- upcoming events
- Nov 1:** Resident Council at 2 PM
  - Nov 5:** National Donut Day How Its' Made: at 1 in the living room, Donut Social to follow
  - Nov 11:** Veterans Day Thanking Veterans at 11
  - Nov 12:** National Chicken Soup for the Soul Day: Stories from the book at 11 in living room
  - Nov 15:** Resident Birthday Party during lunch
  - Nov 18:** Timothy Patrick Performance at 2 PM in the dining room
  - Nov 28--:** Thanksgiving
  - Nov 29:** Thanksgiving Lunch with Loved Ones



*Our mission is to create and maintain comfortable, caring environments for those who depend on us.*