

Resident Spotlight



Ron and Dolores

Ron and Dolores met in late 2021 in New Mexico, where Dolores was born. They married in 2022 and Ron convinced her that Washington was the place to be. Dolores has come to love La Conner and being close to the water. Ron has been an avid traveler and ran a retreat center in Alaska prior to retirement. Currently, he enjoys reading and Dolores enjoys studying the Bible and getting to know people at church. We're so glad to have Ron and Dolores here at the Inn.

Team Member Spotlight



Ness, Dietary Aide

Ness just graduated high school this past June from La Conner. Reading is one of her favorite things to do. Ness read 60 books this year. Her hobbies are learning the violin and creating collages. Ness expressed her desire to be a teacher in the future. Outside of work, she takes careful care of her two cats and many fish. Ness is truly an old soul.

Keep up the great work!

moments captured



Jannette and Dave had a great time at Schuh Farms. Kidding around and a few shenanigans both made everyone laugh.



Dolores and Ron posed for a picture at Schuh Farms. They really enjoyed the variety of pumpkins. Jenny, Al, Pat, and Janet enjoyed walking into town together.



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@LACONNERRETIREMENTINN

November 2024

The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-466-5700



A Note from the Executive Director



Stacy Boydston,
Executive Director

Dear Residents and Families,



As we approach the season of gratitude, we take a moment to reflect on all the blessings that enrich our community. This Thanksgiving, we want to express our heartfelt appreciation for each of you. Your warmth, support, and connection create a vibrant atmosphere we are truly thankful for.

We are excited to invite you to our Friends and Family Thanksgiving Dinner on Saturday, November 23rd, at noon. This is a wonderful opportunity for us to come together, share a meal, and celebrate the bonds that unite us. Please RSVP by November 18th to ensure we have enough seating and food for everyone. We look forward to sharing this special occasion with you and expressing our gratitude in person.

Wishing you a joyful and peaceful Thanksgiving season!

Warm regards, *Stacy*

HAPPY Birthday

Residents

- Vicki, 11/4
- Joan, 11/5
- Bertha, 11/7
- Darrell, 11/7
- Grace, 11/11
- Andi, 11/26


Staff

- Nick, 11/8
- Minerva, 11/9
- Sean, 11/20
- Amy, 11/26
- Daria, 11/29

NOVEMBER 2024


La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700

SUN	MON	TUE	WED	THU	FRI	SAT
	On Nov. 3rd at 2 AM, Daylight Saving Time ends. We go back one hour to Standard Time. 			Stay tuned for Lunch with Allie. She will pick numbers from a basket every Thursday and sit at that table. 	1 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Happy Hour Set-Up 3:00 Happy Hour Monte 6:00 Knitting Group	2 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Baking Group 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group
3 GO SEAHAWKS!! 9:30 Japanese Culture Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:15 Stretch and Balance 1:00 B-Bopping w/Cricket BINGO 2:30 Dollar Day Social 3:30 Fireside Reading: The Lion, The Witch, and The Wardrobe	4 Thrift Store Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 PO-KE-NO 2:30 Candy Buffet Social 3:00 Black Jack Mexican Train 6:00 Discussion Night	5 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:00 Cricket's Short Drive Calming Stress and Anxiety Lecture 3:00 Mexican Train Black Jack	6 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Manicures 1:00 Fred Meyer Trip 3:00 Mexican Train Black Jack 6:00 Knitting Group	7 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Nutcracker Holiday Gift Show at the Depot Bible Study with Kristin 2:00 Black Jack	8 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Happy Hour Set-Up 3:00 Happy Hour Lee Howard 6:00 Knitting Group	9 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Manicures 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group
10 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:15 Stretch and Balance 12:00 Veterans Day Parade Anacortes 1:00 Christmas Craft 2:30 Tea & Talk with Kristin 3:30 Fireside Reading 4:00 Mexican Train	11 Veterans Day 9:30 Veteran's Day Video 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 2:00 Celebrate Veterans: Ed Pearson and Flag Dedication 3:30 Mexican Train 6:00 Discussion Night	12 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:30 Resident Council 2:00 Chat with Sean 3:00 Mexican Train Black Jack 6:00 Knitting Group	13 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Build-A-Lunch 1000 Trails Club House 3:00 Mexican Train Black Jack 6:00 Knitting Group	14 8:30 Coffee with Allie 9:30 CO-OP/Grocery Outlet 10:00 Spa Day with Jo Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Bible Study w/Kristin 2:00 Jim Cannon and Friends Gospel Music	15 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train/Scrabble 1:00 Happy Hour Set-Up 2:00 Love & Laughter Presentation 3:00 Happy Hour Old Time Fiddlers	16 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Manicures 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group
17 GO SEAHAWKS!! 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 1:00 B-Bopping w/Cricket 3:30 Fireside Reading 4:00 Mexican Train 6:00 Knitting Group	18 9:30 Swinomish Casino 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 PO-KE-NO 4:00 Mexican Train 6:00 Discussion Night	19 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Chopsticks Lunch Mexican Train 1:00 Christmas Craft 3:00 Mexican Train Black Jack 6:00 Knitting Group	20 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Manicures 1:00 Walmart 3:00 Mexican Train Black Jack 6:00 Knitting Group	21 8:30 Coffee with Allie 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Bible Study w/Kristin 2:00 Chat w/Levi 3:00 Black Jack 4:00 Secret Cove Dinner	22 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Happy Hour Set-Up 3:00 Happy Hour Sisco Heights 6:00 Knitting Group	23 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 12:00 Family and Friends Thanksgiving Dinner 1:00 Baking Group 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group
24 GO SEAHAWKS!! 9:00 Church Service 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Communion Service 11:15 Stretch and Balance 1:00 B-Bopping w/Cricket BINGO 2:30 Tea & Talk with Kristin 3:30 Fireside Reading 4:00 Mexican Train	25 9:30 Video of Choice 10:00 Cricket's Short Drive Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 PO-KE-NO 2:30 Darts and Donuts 3:30 Mexican Train 6:00 Discussion Night	26 8:30 Coffee with Allie 10:00 Happy Hearts Fitness Your Legacy Writing 10:30 Battle Ball 11:00 Mexican Train 1:00 Fields of Geese Drive 2:00 Chat w/Medical Team 3:00 Spontaneous Dancing 3:00 Mexican Train 6:00 Knitting Group	27 8:30 Coffee with Allie 10:00 Writing Group Happy Hearts Fitness 10:30 Battle Ball 11:00 Burlington Shopping 3:00 Mexican Train Black Jack 6:00 Knitting Group	28 Thanksgiving 10:00 Happy Hearts Fitness 10:30 Battle Ball Ideas for the Day Thanksgiving Trivia and Puzzle Packets Mexican Train Scrabble Knitting Group	29 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train Scrabble 1:00 Happy Hour Set-Up 3:00 Happy Hour Casaundra And James (Blues) 6:00 Knitting Group	30 8:30 Coffee with Allie Fur babies welcome! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Mexican Train 1:00 Manicures 3:00 Black Jack 4:00 Mexican Train 6:00 Knitting Group



LA CONNER RETIREMENT INN

November 2024



upcoming events

Discussion Night is back; Mondays at 6 PM in the Activity Room.


Calming, Stress, and Anxiety Lecture Tuesday, 11/5 at 1:30 PM

Veteran's Day Parade Sunday, 11/10 at 12 PM Anacortes

Celebrate Veterans with Ed Pearson, and Flag Dedication Monday, 11/11 at 2 PM

Resident Council Tuesday, 11/12 at 1:30 PM

New Happy Hour Entertainment, singing The Blues with Casaundra & James Friday, 11/29 at 3 PM



Our mission is to create and maintain comfortable, caring environments for those who depend on us.