Resident Spotlight



Diane: In Her Own Words

My name is Mary, but my parents always called me Diane. I was born in Oregon, and I have 3 children. I use to work at a bank. I enjoy taking walks, singing, listening to music, and dancing.

We are so pleased to have you as part of our Farmington Gresham Community, Mary!

Team Member Spotlight



Angelina, Caregiver In Her Own Words

I'm originally from Mexico. I'm a single mom with three children: two girls and a boy. I enjoy going out with my kids to eat.

I really love my job and helping people. My favorite hobby is gardening. I volunteer work for the Multnomah County Oregon Community Garden. I have peace in the garden! Thank you, Angelina, for joining our team!





Top: Visiting the Sauvie Island Pumpkin Patch and Animal Barn on a beautiful, sunny, windy day!

Left to Right:

Michael, Wally, Diane, Melissa, and Tracy





Bottom Left: Linda proud of her autumn craft project

Bottom Right: Fall Gardening: Diane, Raina, Carole, Lynn, Anne, Jerry, and Tracy





November 2024 _____

Farmington Square News

Assisted & Memory Care | 1655 NE 18th St. | Gresham, OR 97030 | 503-665-1994



A Note from the Executive Director



November Greetings!

We are excited to welcome Ana and Mahealani to our Activity Team! This past month, their drive to interact with our residents has been amazing to watch.

Malina Souliyalaovong, **Executive Director**

We have a fun-filled calendar of activities this month as we roll into the holiday season.

We are very excited for our upcoming

Thanksgiving Social and all of the fun projects we will be doing.

We would like to invite you to our monthly support group this month on Nov. 20th from 5:30 to 6:30 PM. We hope to see you there.

Have a great month!

Residents

Staff

• Maria H. 11/7

Heidi, 11/12

• Donna, 11/30

- Elena H, 11/20
- Tonya B. 11/27

SUN	MON	TUE	WED	THU	FRI	SAT
	Spirit Days 11/4 Sports Fan Clothes Day 11/18 Disney Character Day 11/25 International Hat Day		Veterans Day November Li		9:30 Coffee & News 10:00 Game Show 10:30 Exercise Class, Barlow 11:30 Healthy Hands 1:00 Trivia 2:00 Reminisce 3:00 Table Games 4:00 News & Conversation 4:30 Healthy Hands 6:00 Evening Movie	9:30 Sit & Stretch 10:00 Coffee & News 10:30 Game Show 11:30 Healthy Hands 1:00 Brain Games 2:00 Resident Choice 3:00 Table Games 4:00 News & Conversation 4:30 Healthy Hands 6:00 Evening Movie
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Lunch at Cazadero's 11/6, at 11 AM Estacada, Oregon

Outing
Veterans Day Parade
11/11, at 9 AM
NE Portland MLK Blvd.

Monthly Birthday Party with Kyle Lewis 11/20, at 2 PM Emerald House

Thanksgiving Craft/Art 11/25, at 10:30 AM All Houses

Thanksgiving Social 11/28, at 2 PM All Houses



SUN	MON	TUE	WED	THU	FRI	SAT
002	Spirit Days 11/4 Sports Fan Clothes Day				9:30 Balloon Toss 10:00 Coffee & News	2 9:30 Sit & Stretch 10:00 Coffee & News 10:30 Game Show
	11/18 Disney Character Day		Veterans Day		11:30 Healthy Hands 1:00 Trivia	11:30 Healthy Hands 1:00 Brain Games 2:00 Resident Choice
	11/25 International Hat Day		* * * * * * *		3:00 Table Games 4:00 Walk with Me 4:30 Healthy Hands	3:00 Table Games 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie
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:00 Coffee & News	10:00 Coffee & News	10:00 Coffee & News	10:30 Chair Exercise	10:00 Coffee & News		10:00 Coffee & News
0:30 Chair Exercise	10:30 Chair Exercise	10:30 Chat & Relax	11:00 Lunch at Cazadero's, Estacada	10:30 Game Show		10:30 Game Show
:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands		11:30 Healthy Hands
00 Creative Coloring	1:00 Bean Bag Toss	1:30 Church, Diamond House	1:00 Bean Bag Toss	1:00 Bean Bag Toss		1:00 Brain Games
00 Brain Teasers	2:00 Donut Holes & Sports Trivia	2:00 Music Trivia	2:00 Singalong	2:00 Resident Choice		2:00 Resident Choice
00 Table Games	3:00 Resident Choice					3:00 Table Games
:00 Walk & Talk	4:00 Puzzle Time	4:00 Creative Coloring	4:00 Creative Coloring	4:00 Creative Coloring		4:00 Walking Group
:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands
:00 Evening Movie	5:15 NFL Game Ch. ESPN	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie
0	11 Veterans Day		13			16
:30 Beautiful You	9:00 Outing -Veterans Day Parade		9			9:30 Sit & Stretch
0:00 Coffee & News	9:30 Balloon Toss	10:00 Coffee & News	10:00 Scenic Drive, Crown House	10:00 Coffee & News		10:00 Coffee & News
0:30 Chair Exercise	10:00 Coffee & News 10:30 Chair Exercise	10:30 Game Show	10:30 Game Show	10:30 Game Show		10:30 Game Show
1:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands		11:30 Healthy Hands
:00 Creative Coloring	1:00 Big Pin Bowling	1:30 Church, Diamond House 2:00 Trivia	1:00 Bean Bag Toss	1:00 Big Pin Bowling 2:00 Music Trivia		1:00 Brain Games 2:00 Resident Choice
:00 Brain Teasers :00 Table Games	2:00 Singalong	3:00 Resident Choice	2:00 Walmart Shopping Bus 3:00 Table Games	3:00 Resident Choice		3:00 Table Games
:00 Walk & Talk	3:00 Resident Choice	4:00 Bean Bag Toss	4:00 Creative Coloring	4:00 Creative Coloring		4:00 News & Conversation
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7	18 Mickey Mouse's B-Day	19	20	21	22	23
:30 Beautiful You	9:30 Balloon Toss	9:30 Sit & Stretch	9:30 Chair Yoga	9:30 Sit & Stretch	9:30 Balloon Toss	9:30 Sit & Stretch
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:00 Creative Coloring	1:00 Disney Trivia & Steamboat Willie on YouTube	1:30 Church, Diamond House	1:00 Bean Bag Toss	1:00 Resident Council, Crown House		1:00 Brain Games
:00 Brain Teasers	2:00 Residents Choice	2:00 Trivia	2:00 Monthly Birthday, with Kyle Lewis Emerald	2.00 Nesident Choice		2:00 Resident Choice 3:00 Table Games
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4	25 International Hat Day	26	27	28 Thanksgiving	29	30
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upcoming events

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Outing Veterans Day Parade 11/11, at 9 AM NE Portland MLK Blvd.

Monthly Birthday Party with Kyle Lewis 11/20, at 2 PM Emerald House

Thanksgiving Craft/Art 11/25, at 10:30 AM All Houses

Thanksgiving Social 11/28, at 2 PM All Houses



SUN	MON	TUE	WED	THU	FRI	SAT
1	Spirit Days				1	2
	<u> </u>			2	9:30 Chair Exercise	9:30 Balloon Toss
	11/1 Sports For Clothes Day	A			10:00 Balloon Toss	10:00 Heavenly Hair
	11/4 Sports Fan Clothes Day				10:30 Game Show	10:30 Game Show
			Veterans Day		11:30 Healthy Hands	11:30 Healthy Hands
	11/18 Disney Character Day		veici alis Day		1:00 Creative Coloring	1:00 Color Sorting
			November 1.1		2:00 Music Trivia	2:00 Puzzle Time
	11/25 International Hat Day		* * *		3:00 Table Games	3:00 Table Games 4:00 Walk & Talk
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					6:00 Evening Movie	6:00 Evening Movie
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Chair Exercise	9:30 Balloon Toss	9:30 Balloon Toss	9:30 Balloon Toss	9:30 Balloon Toss	9:30 Chair Exercise	9:30 Balloon Toss
0 Beautiful You	10:00 Heavenly Hair	10:00 Beauty Time	10:30 Game Show	10:00 Sit & Exercise	10:00 Balloon Toss	10:00 Heavenly Hair
0 Game Show	10:30 Manicure Monday	10:30 Trivia	11:00 Lunch at Cazadero's Estacada		10:30 Game Show	10:30 Game Show
0 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands
Creative Coloring	1:00 Big Pin Bowling	1:30 Church, Diamond House	1:00 Singalong	1:00 Creative Coloring	1:00 Creative Coloring	1:00 Color Sorting
Puzzle Time	2:00 Donut Holes & Sports Trivia	2:30 Puzzle Time	2.00 IVIUSIC ITIVIA	2:00 Bean Bag Toss	2:30 Phil Hall, Accordion, Emerald	
Table Games	3:00 Table Games	3:00 Table Games	3:00 Creative Coloring	3:00 Hand Massage 4:00 Dance Train	3:00 Table Games	3:00 Table Games
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0 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	6:00 Evening Movie	4:30 Healthy Hands	4:30 Healthy Hands
O Evening Movie	5:15 NFL Game Ch. ESPN	6:00 Evening Movie	6:00 Evening Movie		6:00 Evening Movie	6:00 Evening Movie
	11 Veterans Day	12	13	14	15	16
O Chair Exercise	9:00 Outing -Veterans Day Parade	9:30 Balloon Toss	9:30 Balloon Toss	9:30 Balloon Toss	9:30 Chair Exercise	9:30 Balloon Toss
00 Beautiful You	9:30 Balloon Toss	10:00 Beauty Time	10:00 Scenic Drive, Crown House	10:00 Sit & Exercise	10:00 Balloon Toss	10:00 Heavenly Hair
30 Game Show	10:00 Heavenly Hair	10:30 Trivia	10:30 Game Show	10:30 Game Show	10:30 Game Show	10:30 Game Show
30 Healthy Hands	10:30 Manicure Monday	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands
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) Table Games	2:00 Puzzle Time	3:00 Table Games	Entertainment with Kyle Lewis	3:00 Hand Massage	3:00 Table Games	3:00 Table Games
) Walk & Talk	3:00 Table Games	4:00 Dance Train	3:00 Creative Coloring	4:00 Dance Train	4:00 Dance Train	4:00 Walk & Talk
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0 Beautiful You	10:00 Heavenly Hair	10:00 Beauty Time	10:00 Scenic Drive, Barlow House	10:00 Sit & Exercise	10:00 Balloon Toss	10:00 Heavenly Hair
O Game Show	10:30 Thanksgiving Craft/Art	10:30 Trivia	10:30 Game Show	10:30 Game Show	10:30 Game Show	10:30 Game Show
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Creative Coloring	1:00 Big Pin Bowling	1:30 Church, Diamond House	1:00 Safeway Shopping Bus	1:00 Creative Coloring		1:00 Color Sorting
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Table Games	3:00 Table Games	3:00 Table Games	3:00 Creative Coloring	4:00 Dance Train	3:00 Table Games	3:00 Table Games
) Walk & Talk	4:00 Dance Train	4:00 Dance Train	4:00 Dance Train	4:30 Healthy Hands	4:00 Dance Train	4:00 Walk & Talk
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