

# LIFE AT PROVIDENCE

Assisted Living  
Week Casino  
Day



- Performers:
- 3<sup>rd</sup> Polka Band
  - 7<sup>th</sup> Music w/ John Lewis
  - 14<sup>th</sup> Music w/ Giovanni
  - 15<sup>th</sup> Music w/ Theresa
  - 16<sup>th</sup> Piano w/ Ethan
  - 16<sup>th</sup> Strolling Violin
  - 21<sup>st</sup> Music w/ Brian McCarn
  - 22<sup>nd</sup> Piano w/ David Shoff
  - 25<sup>th</sup> Music w/ Jim Ruth
  - 29<sup>th</sup> Piano w/ Patrick

# PROVIDENCE CONNECT

OCTOBER 2024



Download the InTouch app today! Stay connected to Waltonwood from the comfort and convenience of your smart device.

Do you have questions about how to download the app? Please see Blair, Life Enrichment Manager.



## Adventure by Waltonwood

At Waltonwood, we pride ourselves in providing residents with exceptional life experiences. Adventure by Waltonwood is a company sponsored program encouraging Waltonwood residents to pursue their life's desire. Whether meeting their great grandchild for the first time, riding in a hot air balloon, hiking a national park, riding in a Corvette or reuniting with their best friend from college, Adventure by Waltonwood is available to support resident ambitions.

Contact Blair McCotter for more information.



Redefining Retirement Living

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## COMMUNITY MANAGEMENT

**John Ficker**  
Executive Director

**Vicki Shotwell**  
Business Office Manager

**Edgar Castro**  
Culinary Manager

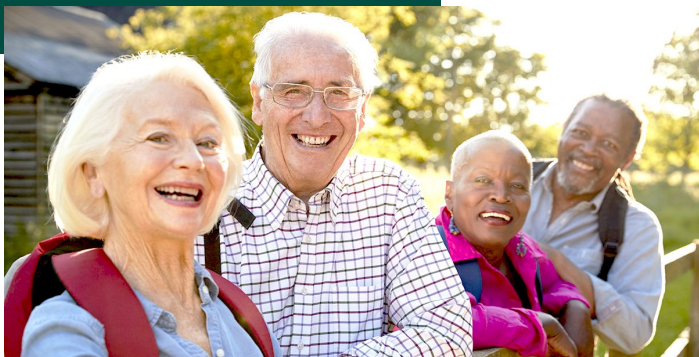
**Matt Swaney**  
Marketing Manager

**Cara Nirenberg**  
Marketing Manager

**Blair McCotter**  
Life Enrichment Manager

**Brittany Hardy**  
Wellness Coordinator

**Chandra Mills**  
Resident Care Manager



## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!



Kesha is our associate of the month for October! She works primarily in Memory Care as a caregiver and med tech! She has been working at Waltonwood for 9 years. In March she will have been with the company for 10 years. Kesha's favorite thing about working at Waltonwood is taking care of her residents. Outside of work you will catch Kesha shopping at Hobby Lobby. She loves to travel to the beach and mountains. Something people may not know about Kesha is that she has been married for 32 years. Thank you, Kesha, for all you do! We all appreciate you!



## TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. We will continue our activities outings on Fridays. Sign up at the table across from the Concierge desk.

## OCTOBER OUTINGS

11

Bush & Vine

18

Harris Teeter

25

Dollar General



## SEPTEMBER HIGHLIGHTS

07

Ice Cream Sundae Bar

11

Goody Bags for 1<sup>st</sup> Responders



13

Caricatures

18

Cheeseburger Bar



## Active Aging Week

As we once again transition from September to October, it also means its time for Active Aging Week. In its 21<sup>st</sup> year, the week-long event highlights the need and importance of actively aging as we celebrate older adults' contributions and promote healthy lifestyles through engaging wellness programs. Each Waltonwood community will display what Active Aging means to them, and if there's anything we know active aging can look very different to different people. Starting Monday September 30<sup>th</sup> be sure to check your life enrichment and forever fit schedules for classes, programs and events that uniquely capture the many ways we all can age actively.

## OCTOBER SPECIAL EVENTS

03

Polka Band

04

Car Show

29

Apple Cider Donut Social

31

Trick or Treators



Happy Fall Y'all!

We have a lot of exciting things coming up in October. The first week of October is Active

Aging week, be sure to participate in some of the fun activities we have planned. We will have a Polka band, a car show and outings such as OMB Brewery and an outing to the pumpkin patch. There will be a bus going for early voting. As you may notice we will be sending out our holiday fund letter in the next week. Make sure to get outside and enjoy the beautiful fall weather while you can.

John Ficker