

OCTOBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>B Bistro C2 Channel 1-2 C29 Channel 29 C3 Channel 1-3 CR Community Room GR Game Room 3rd Floor L Lobby L Library MC Memory Care P Patio R Room to Room T Theater TR 3rd Floor Training Room</p>	<p>Assisted & Independent Living Calendar</p> <p>Green = TV Only Programs</p> <p>Blue = Performances & Special Events</p> <p>Red = Independent Programs</p>	<p>10:00 Donut Dash & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Individual Outing: Kowalski's (L)</p> <p>3:00 Mahjong Club (B)</p> <p>6:15 Evening Movie (T)</p>	<p>1 Rosh Hashanah</p> <p>11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Live Entertainment: Magician Markus Klegg (CR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>3:30 Christian Worship (CR)</p>	<p>2 9:00 Podiatry Clinic 9-11am (TR)</p> <p>10:00 Bagel Break & Coffee (B)</p> <p>10:30 Resident Council (CR)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Family Resident Council (CR)</p> <p>2:00 Group Outing: Dollar Tree (L)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>3 Happy Birthday Pat M!</p> <p>10:00 Emergency Response Resident Roundtable (Coffee & Coffee) (B)</p> <p>10:00 Catholic Service & Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Movie Matinee (T)</p> <p>3:00 Happy Hour (B)</p>	<p>4 9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>
<p>Happy Birthday Rosie B!</p> <p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>6 Happy Birthday Betty R & Mary W!</p> <p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Live Entertainment: Vinnie Rose Guitarist (CR)</p> <p>3:45 Bingo (CR)</p>	<p>7 Happy Birthday Marjorie C!</p> <p>10:00 Donut Dash & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Individual Outing: Lund's & Byerly's (L)</p> <p>3:00 Mahjong Club (B)</p> <p>6:15 Evening Movie (T)</p>	<p>8 11:00 Fall Craft Sale (L)</p> <p>11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Live Entertainment: Courtney Burton Vocalist and Jazz Musician (CR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>3:30 Christian Worship (CR)</p>	<p>9 10:00 Bagel Break & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:00 In-Person Resident General Election Voting *Must be Pre-Registered* (CR)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>10 Yom Kippur</p> <p>10:00 Catholic Service & Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Movie Matinee (T)</p> <p>3:00 Oktoberfest Happy Hour w/Live Music by Accordionist Ryan Cihlar! (B)</p>	<p>11 9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>
<p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>13 Columbus & Indigenous People's Day!</p> <p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 MacPhail Unwrap Music w/Andrea Leap (CR)</p> <p>3:45 Bingo (CR)</p>	<p>14 Happy Birthday Gail G!</p> <p>10:00 Donuts & Coffee w/Chef (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Individual Outing: Target (L)</p> <p>3:00 Mahjong Club (B)</p> <p>6:15 Evening Movie (T)</p>	<p>15 11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Live Entertainment: Pianist Debbie & Flutist Becky (CR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>3:30 Christian Worship (CR)</p>	<p>16 10:00 Bagel Break & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>12:00 Restaurant Group Outing: Pittsburgh Blue Steakhouse (L)</p> <p>2:00 Wii Bowling Group (CR)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>17 Happy Birthday Mary B!</p> <p>10:00 Catholic Service & Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Speaker: Kelly Brost (Renter's Insurance) (CR)</p> <p>3:00 Happy Hour (B)</p>	<p>18 Happy Birthday Louise T!</p> <p>9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film or Musical (C3)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>20 Happy Birthday Karen C!</p> <p>11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 MacPhail Hour: Steven Zubich harpsichord – Music of the Baroque Era (CR)</p> <p>2:45 Bingo (B)</p> <p>4:00 Care Giver Support Group Time Slips Training Communication & Engagement Tips (CR)</p>	<p>21 10:00 Donut Dash & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Individual Outing: Cub Foods (L)</p> <p>3:00 Mahjong Club (B)</p> <p>6:15 Evening Movie (T)</p>	<p>22 Happy Birthday Bernie H!</p> <p>11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Live Entertainment: James Christenson (CR)</p> <p>2:00 Healing Touch (By Appointment w/Carrie)</p> <p>3:30 Christian Worship (CR)</p>	<p>23 Happy Birthday Sheila F!</p> <p>8:00 Resident Flu Shot Clinic 8-11am (CR)</p> <p>10:00 Bagel Break & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Fall Food Demonstration by Becca Kaspen (B)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>24 10:00 Catholic Service & Communion (CR)</p> <p>11:15 Group Exercise (TR)</p> <p>11:20 Pilates (C3)</p> <p>1:00 Author/Speaker: Betty Prior "Untold Stories of Vietnam Veterans" (CR)</p> <p>3:00 Happy Hour (B)</p>	<p>25 9:30 Sitting or Standing Tai Chi (C3)</p> <p>11:00 Livingroom Concert: (C3)</p> <p>1:00 Chair Yoga (C3)</p> <p>2:00 Independent Games/Puzzles/Cards Group (GR)</p> <p>3:00 Classic Film: (C3)</p>
<p>10:00 Mount Olivet Worship Livestream (T)</p> <p>10:00 Danish Delight & Coffee (T)</p> <p>12:00 Our Lady of Grace Church Service (C29)</p> <p>1:00 Westminster Presbyterian Service (C29)</p> <p>2:00 Contemporary Lutheran Worship St. Andrews Church (C29)</p>	<p>27 11:00 Upper Body Stretching (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>2:00 Live Birthday Party Entertainment: Norma Marien and the Licorice Stix Clarinet (CR)</p> <p>3:45 Bingo (CR)</p>	<p>28 10:00 Donut Dash & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 Chaplain Craig 1:1 Visits</p> <p>11:00 Leg Exercises (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>1:30 Flower Bouquets (CR)</p> <p>2:00 Individual outing: Lund's & Byerly's (L)</p> <p>3:00 Mahjong Club (B)</p> <p>3:30 Pumpkin Painting (CR)</p> <p>6:15 Evening Movie (T)</p>	<p>29 11:00 Full Body Exercise (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>3:30 Christian Worship (CR)</p> <p>4:30 Trick or Treating - Aurora Staff Kid's *Resident's Signup if you would like to be apart of it* (Room to Room)</p>	<p>30 Happy Halloween!</p> <p>10:00 Bagel Break & Coffee (B)</p> <p>10:30 Brain Training (C3)</p> <p>11:00 MN Orchestra Hall Concert *RSVP* (L)</p> <p>11:00 Pilate's (C3)</p> <p>11:15 Group Exercise (TR)</p> <p>6:00 Living-Room Symphony (C3)</p>	<p>31 Please contact our Life Enrichment Director Brooke Moser at 952-848-8883 with any questions or suggestions.</p>	