

Sun	Mon	Tue	Wed	Thu	Fri	Sat
HERITAGE GREEN ASSISTED LIVING OCTOBER 2024					Happy Birthday Ethel Fifer 10/3 Orville Williams 10/5 Clarene Davis 10/23 Barbara Coates 10/26 Shirley Sailsbery 10/27	No matter what's happening, choose to be happy. Don't focus on what's wrong. Find something positive in your life. — Joel Osteen —
Bingo-In The Bistro Games-Main Dining Country Store-Main Dining All Activities30-60 Minutes Calendar Subject to	 BREAST CANCER AWARENESS MONTH Help fight breast cancer.	1 10:30 Music W/ Cardwell 11:00 Daily Chronicle 1:00 Van Ride 2:00 Mock Tail Tuesday 3:00 Absentee Voting	2 Peanuts Day 10:30 Devotions w/ Nancy 11:00 Daily Chronicle 1:00 Van Ride 2:00 It's The Great Pumpkin Movie 3:00 Pink Ribbon Making	3 10:30 Paint a tote Bag W/Terence 11:00 Daily Chronicle 1:00 Van Ride 2:00 Music W/ Julie 3:00 Bingo	4 Resident Birthday Party 10:30 Yoga Plus W/ Maureen 11:00 Daily Chronicle 1:00 Van Ride 2:00 Birthday Party 3:00 Bowling	5 10:00 Daily Chronicles 10:30 Lobby Chat 1:00 Bingo In The Bistro 2:00 Hydration Cart CP 3:00 Movie Hour
6 10:30 Daily Chronicles 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Church W/ Rev Sanchez 3:00 Puzzles	7 Frappe Day 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Strawberry Banana Frappe 3:00 Bingo	8 Lunch Outing 10:30 Movin & Groovin W/Fox 11:00 Daily Chronicle 11:30 King's Island 2:00 Wine & Cheese 3:00 Tic Ta Toe	9 10:30 Devotions w/ Nancy 11:00 Daily Chronicle 1:00 Van Ride 2:00 Making Ghost Décor 3:00 Music W/ Keith Campbell	10 10:30 Movin & Groovin W/Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Scatergories AL VS DB 3:00 Bingo	11 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Music W/ Ronnie & Carol 3:00 Ring Toss	12 10:00 Daily Chronicles 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Music W/ Ron Biggio 3:00 Movie Hour
13 10:30 Daily Chronicle 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Church W/ Rev Sanchez 3:00 Puzzles	14 Columbus Day 10:30 Movin & Groovin W/Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Columbus Day Cocktail / History 3:00 Music W/ Marc Baskind	15 National Hand Washing Day 10:30 Billy Hunt Singers 11:00 Daily Chronicle 1:00 Van Ride 2:00 Mock Tail Tuesday 3:00 Hand Washing For Hygiene W / Courtney	16 10:30 Devotions w/ Nancy 11:00 Daily Chronicle 1:00 Van Ride 2:00 Scare Crows 3:00 Music w/Lew Taylor	17 10:30 Movin & Groovin W/Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Halloween Door Decor 3:00 Bingo	18 Wear Pink Day 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Breast Cancer Awareness All Pink Party 3:00 Penny Ante	19 10:00 Daily Chronicles 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Hydration Cart CP 3:00 Movie Hour
20 10:30 Daily Chronicle 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Church W/ Rev Sanchez 3:00 Puzzles	21 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Pumpkin Pie 3:00 Bingo 6:00 Music W/Sweet Teaz	22 A Boo-tiful Day 10:30 Movin & Groovin W/Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Mock Tail Tuesday 3:00 Pool Noodle Balloon Bop	23 10:30 Devotions w/ Nancy 11:00 Daily Chronicle 1:00 Van Ride 2:00 Bocce Ball 3:00 Giant Scrabble	24 10::30 Senior Saints 11:00 Daily Chronicle 1:00 Van Ride 1:30 Food Committee 2:00 Resident Council 3:00 Bingo	25 10:30 Movin & Groovin W/Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Music W/ Emily 3:00 Popcorn & Monster Movie	26 10:00 Daily Chronicles 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Hydration Cart CP 3:00 Movie Hour
27 10:30 Daily Chronicle 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Church W/ Rev Sanchez 3:00 Puzzles	28 Cooking W/Chef Graham 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Cooking Demo 3:00 Bingo	29 10:30 Movin & Groovin W/Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Wine & Cheese 3:00 Pumpkin Decorating	30 10:30 Devotions w/ Nancy 11:00 Daily Chronicle 1:00 Van Ride 2:00 Believable or Batty 3:00 Costume Contest	31 Halloween 10:30 Movin & Groovin W/Fox 11:00 Daily Chronicle 1:00 Van Ride 2:00 Halloween Party W/Music 3:00 Bingo		

Heritage Herald



Heritage Green Leadership Team

Kimberly Logan ALFA,LPN,CDP
Assisted Living Administrator

Zakiyah Pannell LPN
Resident Care Director

Wellness Nurse
Kamisha Tweedy

Misty Barrett
Clarissa Chapman
Marketing & Admissions

Lozetta Browley
Business Office Director

Sherry Trent
Resident Life Director

Graham Wilson
Dining Services Director

Josh Peters
Environmental Services Director



Community Outings

Fields

Happy Birthday

Ethel Fifer 10/3

Orville Williams 10/5

Clarene Davis 10/23

Barbara Coates 10/26

Shirley Sailsbery 10/27



Staff
Pumpkin Decorating
October 29th– 2:00 PM
Costume Contest
October 30th
Resident
Halloween Party
October 31st– 2:00PM



Heritage Green Assisted Living ▪ 201 Lillian Lane ▪
Lynchburg Virginia ▪ 24502 ▪ 434-385– 5102

Family Participation Is Encouraged With All Activities: Please Contact Activities Department @ 434-477-5829