



OCTOBER BIRTHDAYS

David Single Oct. 14th
Gene Paputa Oct. 28th

Zodiac – Libra
Birthstone – Opal

Libra is the seventh astrological sign in the zodiac. The ruling planet of Libra is Venus, the planet of love, beauty, and pleasure. Libra is symbolized by the scales of justice and are known for their strong moral compass and natural ability to see both sides of every argument. They are recognized for their charm, beauty, and well-balanced personalities. They enjoy putting things in order and making them seem nice. Libras can be indecisive because they weigh all sides of a situation before making a decision.



FRIENDS & FAMILY REFERRAL PROGRAM

Night Flyers

As Halloween approaches, images of bats often flutter into our minds, adding a spooky touch to the season. However, there's much more to these fascinating creatures than their eerie reputation suggests. Let's explore some interesting facts, common myths, and the many benefits bats provide.

Bats are the only mammals capable of sustained flight, with over 1,400 species worldwide. They range in size from the tiny bumblebee bat, weighing less than a penny, to the large flying foxes with wingspans of up to six feet. Despite their diversity, bats share some common traits, such as echolocation, which allows them to navigate and hunt in the dark by emitting high-frequency sounds.

One common myth is that bats are blind. In reality, all bats can see, and many have excellent night vision. Another misperception is that bats are aggressive bloodsuckers. While vampire bats do exist, they are just three species out of more than a thousand, and they mainly feed on livestock, not humans.

Bats play crucial roles in ecosystems. They are natural pest controllers, consuming vast amounts of insects, including mosquitoes. A single bat can eat up to 1,000 mosquitoes in an hour! Additionally, fruit bats are vital pollinators and seed dispersers for many plants that produce bananas, mangoes, and avocados.

Despite their benefits, bats face numerous threats, including habitat loss and diseases like white-nose syndrome. Conservation efforts are essential to protect these misunderstood animals.

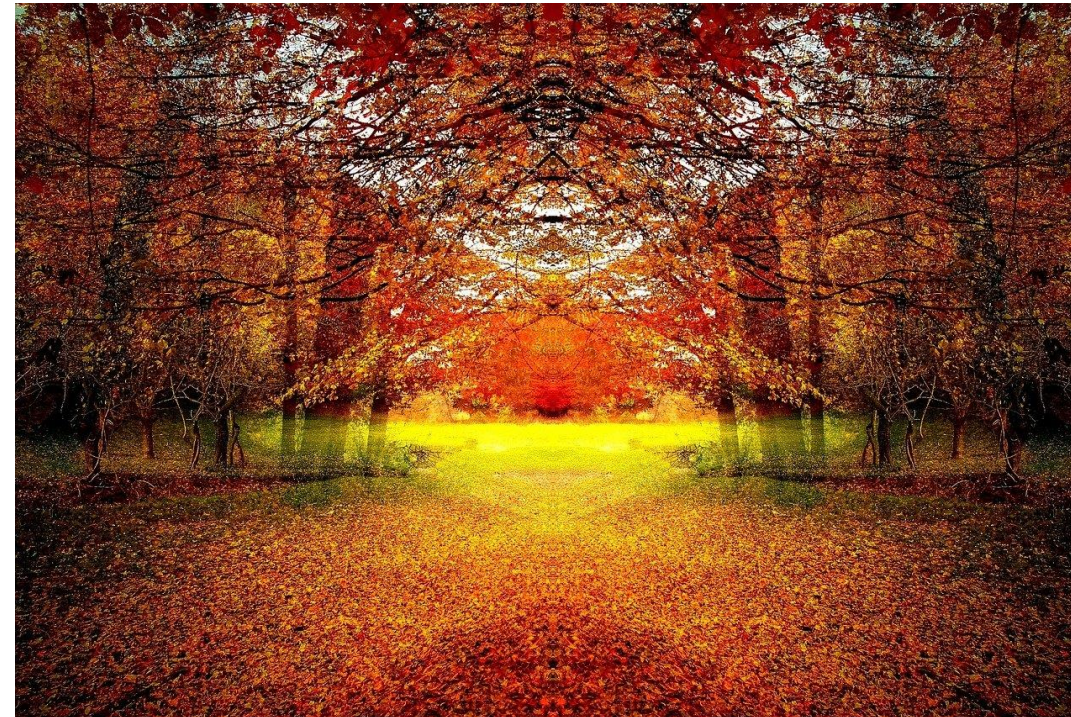
As Halloween casts its spooky spell, remember that bats are more than just a symbol of the season. They are remarkable, beneficial creatures deserving our respect and protection. By dispelling myths and understanding their importance, we can better appreciate the incredible world of bats.

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CARRIAGE PARK CONNECT

SEPTEMBER 2024



UPCOMING EVENT HIGHLIGHT

Fall is here! So many things to look forward to with this season of change. Soon we will be in the heart of the holiday season with many commitments and activities. Christmas is less than 85 days away!! The month begins with Active Aging Week. Keeping active not only helps the body but also the mind. It is just as important to exercise your mind as well. That is why we have incorporated some mindful activities into our daily routine this week. We continue our partnership with Emagine Theatre this month and look forward to seeing American Graffiti on the 9th. This movie is free for everyone in and out of the community, so come on out and join us. For our Lunch out this month we are going to Red Lobster on the 23rd. We haven't ventured out for seafood in a while. There are lots of Halloween activities planned for this month. Last year this place got pretty spooky. With the new renovations almost complete, we will begin the transformation into this fun holiday. There will be Halloween fitness fun with Chris, lots of Halloween art projects, and a few spooky bus rides. The big Halloween Monster Mash will be held on the 29th with games and entertainment by Buddy Keys. We end the month on the 31st with trick or treaters parading through our community, Halloween Bingo, and some candy trivia and tastings. Have a fun month.



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Erin McGraw
Life Enrichment Manager IL

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Life Enrichment Manager AL

Jonathan VanWicklin
Environmental Service Manager

Ashley Hall
Marketing Manager

Kenneth McCormack
Move-in Coordinator

EMPLOYEE SPOTLIGHT

Amanda Boyer – Resident Care Manager

I was born, raised, and developed my career here in Michigan. With over 12 years of nursing experience, I have specialized primarily in psychiatry and home health care. I am passionate about providing professional, empathetic, and quality care to my patients. In my personal life, I enjoy cooking, spending quality time with my husband and daughter, and engaging with our pets. I am also a fan of all things Disney.



Assisted Living Week



FOREVER FIT / WELLNESS Chris Grabowski, MS

Active Aging Week

As we once again transition from September to October, it also means it's time for Active Aging Week. In its 21st year, the week-long event highlights the need and importance of actively aging as we celebrate older adults' contributions and promote healthy lifestyles through engaging wellness programs. Each Waltonwood community will display what Active Aging means to them, and if there's anything we know active aging can look very different to different people. Starting Monday, September 30th be sure to check your life enrichment and forever fit schedules for classes, programs, and events that uniquely capture the many ways we all can age actively.

EXECUTIVE DIRECTOR CORNER

The fall season has arrived! I feel each fall is the kick off to the end of a year holiday extravaganza which the team here at Carriage Park has already begun making plans. We are looking forward to celebrating with each of you, your families and friends. Renovations in assisted living have slowed down but are not yet complete. We will be receiving our artwork at the end of the week and furniture in the next two weeks which will help to pull the décor together. We have hired a new Resident Care Manager who will start with us on Monday 10/7, please see the spotlight to learn a little about Amanda we are excited to welcome her to the Waltonwood Family.