October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1 Today 9:30am Exercise with Small Balls 10:00am Legacy Health Talk - Understanding Medicare 10:30am Kindness Coloring with Marian 2:00pm Resident Council Meeting (All Residents Encouraged to Attend) 3:00pm Group Crossword Puzzle 7:00pm Movie-" The Union" (N)	9:30am Move & Groove with Marquis 10:15am About Town - Walmart* 1:30pm Bingo 2:00pm Nature Lover's - Walk at Kendrick Park* 3:00pm Billiards & Beer (and Rootbeer) 7:00pm Movie - "U- 571" (N)	3 9:00am Fall Jazz Concert by Denver Christian School 9:30am Tai Chi Exercise 10:30am Crafting - Diamond Art 1:00pm Catholic Rosary 3:00pm Humongous Words 7:00pm Movie - "Quiet Victory" (N)	4 9:30am Exercise - Sweating To the Oldies 10:15am Donuts with Friends (and calendar suggestions with Amy) 2:45pm Happy Hour with Entertainer Chuck Fisher 6:00pm Poker Night 7:00pm Movie - "The Commuter" (N)	5 9:45am Hand Weights Workout 10:15am Bingo 10:30am Writer's Workshop 1:00pm Game Time - Rummiikub 2:00pm Fall Door Decorating 3:00pm Netflix Series: Longmire 7:00pm Movie - "Triumph of the Heart" (N)
9:30am Scripture Study with Glynn 10:30am Core Strength & Stretching 1:00pm Game Time - Rummiikub and Domino's 2:00pm Ice Cream Bars 3:00pm Documentary -"Predators - Cheetah" 7:00pm Movie - "Seven Years in Tibet" (N)	7 9:15am Aerobics & Rhythm 10:00am King Soopers - Trip #1 * 10:30am Mindful Meditation & Aromatherapy 10:40am King Soopers - Trip #2 * 2:00pm Tech Time 3:00pm Wii Bowling 7:00pm "A Beautiful Life"(N)	9:30am Exercise with Small Balls 10:00am Legacy - Blood Pressure Clinic 10:30am Kindness Coloring with Marian 2:00pm Yazhtee 4:15pm Pizza Party(Sign up Required)* 7:00pm Movie -"2 Hearts" (N)	9 9:30am Move & Groove with Marquis 9:30am Outing - Gambling Trip, Lodge Casino* 1:30pm Bingo 3:00pm Documentary - "My Octopus Teacher" 7:00pm Movie - "Where the Tracks End" (N)	10 9:30am Tai Chi Exercise 10:30am Crafting - Diamond Art 1:00pm Catholic Rosary 3:00pm Humongous Words 7:00pm Movie - "Aloha" (N)	9:30am Exercise - Balance, Body, Brains & Breath 9:45am Outing - "Chatfield Farms Pumpkin Patch"* 12:30pm Jeffco Library Book Mobile 2:45pm Happy Hour with Entertainer Dennis Young 6:00pm Poker Night 7:00pm Movie - "Rebel Ridge" (N)	12 9:45am Hand Weights Workout 10:15am Bingo 1:00pm Game Time - Rummiikub 2:00pm Apple Cider 3:00pm Netflix Series: Longmire 7:00pm Movie - " Apollo 13 Survival"
13 9:30am Scripture Study with Glynn 10:30am Core Strength & Stretching 1:00pm Game Time - Rummikub and Domino's 1:00pm Needle Work Group 2:00pm Cooking Fall Treats with Kit 3:00pm Documentary -"Predators - Lion" 7:00pm Movie - "Logan Lucky"	14 9:15am Aerobics & Rhythm 10:00am King Soopers - Trip #1 * 10:30am Mindful Meditation & Aromatherapy 10:40am King Soopers - Trip #2 * 2:00pm Guest Presentation - "Smartphones 101" 3:00pm Wii Bowling 7:00pm Movie - "Wild Oats" (N)	9:30am Exercise with Small Balls 10:15am Fall Jewelry Jamboree with Rita* 10:30am Kindness Coloring with Marian 2:00pm Pumpkin Painting 7:00pm Movie - "The Gunfighter" (P)	9:30am Move & Groove with Marquis 10:15am About Town - Target* 1:30pm Purposeful Bingo - Breast Cancer 4:15pm Outing - Dinner Out Mexican Restaurant* 7:00pm Movie - "Blue Ridge"(P)	17 9:30am Tai Chi Exercise 10:30am Crafting - Diamond Art 1:00pm Catholic Rosary 3:00pm Humongous Words 4:30pm Octoberfest! (Special German Dinner, Drinks & Entertainment) 7:00pm Movie - "Fantastic Beasts" (P)	9:30am Exercise - Balance, Body, Brains & Breath 10:15am Fall Foliage Drive with Lunch Out at El Rancho Restaurant* 12:30pm Fall Fashion Boutique 2:30pm Fall Cocktails 6:00pm Poker Night 7:00pm Movie - "La Bamba" (P)	19 9:45am Hand Weights Workout 10:15am Bingo 10:30am Writer's Workshop 2:00pm Lakeview's Annual "Trick or Treat" Street (Family & Friends Welcome) 3:00pm Netflix Series: Longmire 7:00pm Movie - "Manhunter" (P)
20 9:30am Scripture Study with Glynn 10:30am Core Strength & Stretching 11:00am Outing - Kohls* 1:00pm Game Time - Rummiikub and Domino's 1:30pm Outing - Magills Ice	21 9:15am Aerobics & Rhythm 10:00am King Soopers - Trip #1 * 10:30am Mindful Meditation & Aromatherapy 10:40am King Soopers - Trip #2 * 2:00pm Crafting - Fall Landscapes	9:30am Exercise with Small Balls 10:00am Morning Matinee (Resident Choice) 10:30am Kindness Coloring with Marian 2:00pm Travel Presentation with Chris - "Colorado	9:30am Move & Groove with Marquis 10:15am About Town - Trader Joe's* 1:30pm Bingo 2:00pm Nature Lover's - Walk at Allendale Park* 3:00pm Grossword	24 9:30am Tai Chi Exercise 10:30am Crafting - Diamond Art 1:00pm Catholic Rosary 2:00pm Chef On Display - (Q&A Time with Zack) 3:00pm Humongous Words	25 9:30am Exercise - Balance, Body, Brains & Breath 10:15am Outing - Barnes & Noble (and Starbucks)* 12:30pm Jeffco Library Book Mobile 2:45pm "Spooky Halloween	26 9:45am Hand Weights Workout 10:15am Bingo 1:00pm Game Time- Rummiikub 3:00pm Netflix Series: Longmire 7:00pm Movie-"The Invisible Woman"(P)

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cream* 3:00pm Documentary -"Predators - Polar Bears" 7:00pm Movie - "Forrest Gump"(P)	with Acrylics Paint 3:00pm Wii Bowling 7:00pm Movie-"The Secret of Moonacre" (P)	Ghost Towns" 7:00pm Movie - "Bookclub The Next Chapter"(P)	Puzzle 7:00pm Movie -"The Best Years of Our Lives"(P)	7:00pm Movie -"The Fall Guy"(P)	Party" with Entertainer Maverick Mike 6:00pm Poker Night 7:00pm Movie - "County Line All In"(P)	
9:30am Scripture Study with Glynn 10:30am Core Strength & Stretching 1:00pm Game Time - Rummiikub and Domino's 1:00pm Needlework Group 2:00pm October Birthday Party (All Residents Welcome) 3:00pm Documentary -"Predators - Wild Dog" 7:00pm Movie -"27	9:15am Aerobics & Rhythm 10:00am King Soopers - Trip #1 * 10:30am Mindful Meditation & Aromatherapy 10:40am King Soopers - Trip #2 * 2:00pm Book Club (Discussion on current book and pickup new books) 3:00pm Wii Bowling 7:00pm Movie - "World Trade Center"(P)	9:30am Exercise with Small Balls 10:30am Kindness Coloring with Marian 11:15am Lunch out at Gunther Toody's* 2:00pm "Jukebox Jam Hour" 2:30pm Outing- Arc Thrift Store* 7:00pm Movie - "The Sundowners" (P)	9:30am Move & Groove with Marquis 10:15am About Town - Walmart* 1:30pm Bingo 2:00pm Drumming to the Beat 7:00pm Movie -"Ace The Case"(P)	31 9:30am Tai Chi Exercise 10:30am Crafting - Diamond Art 1:00pm Catholic Rosary 3:00pm Humongous Words 7:00pm Movie -"The Bride of Frankenstein" (P)		