



Bringing independence to living and quality to life

Regency on Whidbey's 5th Annual Rock-a-Thon to End Alzheimer's

Regency on Whidbey's annual Rock-a-Thon for Alzheimer's was held on Friday, August 30th. It was a warm and sunny day, so everyone was eager to get outside and rock!! Once again, we were supported by Habitat for Humanity. They graciously loaned us several of the rocking chairs for this event. With DJ Moose Moran providing energetic music and jokes Residents, Staff, and community supporters managed to keep eight rocking chairs rocking from 9:00am to 4:30pm. While everyone was "rocking out," other Staff Members were out at the corner collecting funds "fill-the-boot-style." As one neighbor put it, "it was a pep-rally to end Alzheimer's." Thanks to the generous support of our Residents, their Families, and the greater community of Oak Harbor, we raised \$5000 for the Alzheimer's Association.

October
2024



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Colleen Wofford
MC Life Enrichment Director

Terry Jackson
Dietary Manager

Anne Hofferth
Payroll/HR Director

Jeff Lujan
Maintenance Director

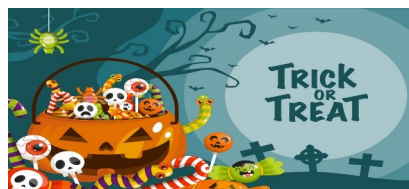
Jayla Lawing
MC Resident Care Coordinator

Rebecca Letendre
AL Resident Care Coordinator



Residents

- Barb Kvale—10/3
- Janet Bondelid—10/3
- Shelley Nuss—10/6
- Aletha Martin—10/7
- John Rybij—10/10
- Roslyn Davis—10/10
- Mavis Mitten—10/12
- Carol Bageant—10/15
- Paul Hackett—10/19
- Peter Pellegrini—10/19
- Carl Sheetz—10/20
- Allan Swan—10/29



**At Regency on Whidbey!!
On Halloween**

**3:00pm—5:00pm
Join us for Sweet Treats &
Spooky Beats with
DJ Moose Moran**



Staff

- Teri Mendiola—10/5
- Olivia Umaguig—10/7
- Jada Ramsauer—10/8
- Mercy Jumawan—10/8
- Jo Caylor—10/9
- Dan Rutter—10/10
- Jayla Lawing—10/22
- Natasha Hilliard—10/22
- Lea Bolosan—10/31



Traveling the Dementia Journey Together

**Regency on Whidbey
invites you to join our
Memory Care
Support Group**

**The 2nd Thursday of
the Month
2:00pm—3:30pm**

**Regency Assisted
Living Building
3rd Floor Day Room**



**Regency on Whidbey's
Front door is
unlocked from
8:30am—5:00pm
Daily**

**Please schedule visits
appropriately.**

**If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.**

Thank you!!



on facebook

WHIDBEY News-Times

The Whidbey News Times
annual Best of Whidbey
Voting is open until
Sunday, October 15th.

Regency on Whidbey has,
once again, been nominated
in several categories
including
Best Assisted Living and
Best Memory Care.

Please remember to go online
to place your vote.

Thank you!!!



Scan QR code



We are in search of a licensed
beautician for the
Regency Salons.
This is a flexible part-time
position. If you know someone
who may be interested,
please have them contact
360-279-0933



After Hour Calls

It is best to call during
normal business hours,
8:30am—5:00pm

While we apologize for any
inconvenience, after 5 o'clock
Staff are working to care for
your loved one, and are not
always able to take calls.

We appreciate your
understanding!!



As the holidays approach,
many Residents and family
members look for ways to show their
appreciation to the Staff here at
Regency on Whidbey.

However, employees are not
permitted to accept gifts or money.
Instead, we have an Employee
Holiday Fund where all monies
given are distributed to all of our
employees to show your gratitude.

If you wish, contributions to this
fund can be given to the front desk
or the business office.

*Thank you for your
generosity!!*

**Please make checks payable to:
Regency on Whidbey**

**Include on the Memo Line:
Employee Holiday Fund**



**All Doctors appointments
MUST be reported to the
Med. Room.**

**If you wish to take the
Regency bus on Doctor Day,
you MUST schedule your ride
with the Front Desk
24 Hours before your
appointment.**

**The Last Tuesday
of every month is reserved for
Anacortes Doctor Visits ONLY
We cannot accommodate visits
to other areas on this day.**

Thank You!!!

RESPECT

Show it, give it, grow it, live it!

Congratulations August RESPECT Winner— Russell Salangsang

Russell was born and raised in the
Philippines. After he completed his
schooling, he came to Whidbey Island
to join his Mother, who had already
moved to the States. Once here, he
began a culinary program in Astoria,
Oregon offered through Job Corps.
Russell's first job was with Orlando's
Restaurant as a line cook, but he was
looking for more. Three years ago he
joined the Regency team.

Russell credits his Grandmother with
his interest in the culinary arts. He
recalls cooking with her from an early
age, using a traditional wood oven
made of clay. He promised that one
day he would cook for her. Sadly,
Russell has not yet been able to fulfill
his promise, although he hopes to
within the next year. In the
meantime, he has found contentment
cooking for the grandparents of
others. When asked what he likes best
about his position, he said, "learning
from other cooks, and hearing
Residents' stories."

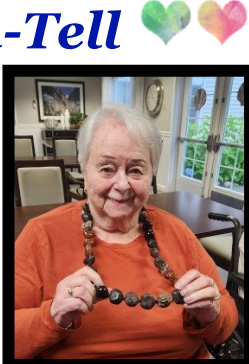
Russell is a dependable employee, who
always helps out when needed. He is
constantly trying to better himself
and his cooking skills. Recently he
completed the test for citizenship,
officially becoming a U.S. Citizen two
days before his Birthday. He is very
proud of this accomplishment,
declaring it, "the best Birthday
gift ever!"

Russell's drive, determination, and
kind-heart are all reasons that he
was selected as Regency's
Employee of the Month.

Thank you, Russell, for all you do!
Congratulations!!!



More Rock-a-Thon



♥♥♥ Show-n-Tell ♥♥♥



♥ Memory Care Moments ♥



Mini Aquariums



Grandparent's Day Tea Party





Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

