

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



AM - Stretching Exercise **1**
 You be the Judge
 ABC Word on Whiteboard
 File & Style Nails & Manicures
PM - What doesn't belong
 Finish the song lyrics
2:00 Smoothie Social-Lobby
 EZ Trivia
 Evening: Penny Ante

AM - Chair Exercise **2**
 Fall Reminiscing
 Classic Film Hangman
 Chair Soccer
PM - Name 10 items
 What am I?
2:00 Hot Chocolate Bar- Lobby
 Fall Craft
 Evening: Music & Memories

AM - Sit & Get Fit **3**
 Riddle me this
 Fall True or False Questions
 Noodle Ball
PM - Finish the Nursery Rhymes
 Who am I?
1:00 Music w/ Missy - Lobby
3:00 Ice Cream Social-Lobby
 Evening: Hocus Pocus Movie

AM - Golden Fitness **4**
 October in History
 Who Am I?
11:00 Games w/Crystal Lobby
PM - Life's fun Facts
 Murder Mystery Friday Story
2:00 Happy Hour-Lobby
 Memory Joggers
 Evening: Game shows TV

AM - Move to the Beat **5**
 Today in History
 Opposites Word Quiz
 Noodle Fitness
 11:00 Rosary - Theater
PM - Finish the Proverbs
 Ghost of Trivia Yet to Come
1:00 Bingo-AL Activities Room
 Evening: Hallway Strolls

AM - Weekend Workout **6**
10:00 Sunday Mass - Theater
 ABC Word Game on Whiteboard
 Would You Rather
PM - Chair Tennis
 Name 10
2:00 Music w/ Ben - Lobby
 Old Wises Tales
 Crafty Creations
 Evening: American Idol Tv Show

AM - Music & Movement **7**
 Today in History
 Short Jokes & One liners
 Noodle Fitness
PM - Odd one Out
 Finish the Drawling
 Sensory Stations
 Puzzling w/ Friends
 Book Club
 Evening: Walking Club

AM - Stretching Exercise **8**
 Guess how old they are now
 Pictionary on whiteboard
 File & Style Nails & Manicures
PM - Music & Movement
 Autumn Trivia
2:00 Wine & Cheese-Lobby
 I Hear Memories
 Evening: Fairy Tale Bingo

AM - Chair Exercise **9**
 Historic Events Reminiscing
 Word Building Game
 Noodle Bop
PM - Word Rhyming
 Tea & Coffee with Snacks
 Bating Good Time Craft
2:00 Music w/ Jay Daniels - Lobby
 Finish the Lyrics

AM - Sit & Get Fit **10**
 Bible Study & Trivia
 Tongue Twisters
11:00 Games w/ Crystal-Lobby
PM - Music & Motion
 What Am I?
 Creative Arts - Ghoulish Tassels
 Detective Time
 Brain Teasers

AM - Golden Fitness **11**
 Urban Myth
 Scent-sory Guess the smell
 File & Style Nails
PM - Chair Soccer
 Murder Mystery Friday Story
2:00 Happy Hour - Lobby
 Finish the Phrase
 Evening: I Love Lucy Show

AM - Move to the Beat **12**
 Odd Word Out Questions
 Give me 5
 Chair Soccer
 11:00 Rosary - Theater
PM - Remember When
 Ghouls of Trivia
1:00 Bingo-AL Activities Room
 Evening: Walking Club

AM - Weekend Workout **13**
10:00 Sunday Mass - Theater
 Pass the ball
 Frank Sintra Quiz
 Color Me Calm
PM - Frank Sintra Playlist
1:00 Fall Yest - Courtyard
2:00 Music w/ Bob - Lobby
 Random Trivia
 Evening: Group Word Search

AM - Music & Movement **14**
 Bases Loaded w/ Laughs
 Cranium Crunches
 Chair Soccer
PM - What Doesn't Belong
 True or False Questions
 Sensory Bins
 Creative Arts
 Evening: Snack & Chat

AM - Stretching Exercise **15**
 You be the Judge
 ABC Word on Whiteboard
 File & Style Nails & Manicures
PM - What doesn't belong
 Cauldron Craft
 2:00 Wine & Cheese-Lobby
 EZ Trivia
 Evening: Famous Faces Bingo

AM - Chair Exercise **16**
 Fall Memories
 Hangman on Whiteboard
 Chair Soccer
PM - Name 10 items
 Baking Club
 Chat & Chew
 Bingo-Dining Room
 Evening: Music & Memories

AM - Sit & Get Fit **17**
 Riddle me this
 True or False Questions
 11:00 Cookie Decorating-Lobby
PM - Finish the Nursery Rhymes
1:00 Music w/ Missy-Lobby
2:00 Ice Cream Social-Lobby
 Color me Calm-Dining Room
 Evening: Frankenstein Movie

AM - Golden Fitness **18**
 October Questions
 Famous Duos in History
 File & Style Nails & Manicures
PM - Life's fun Facts
 Murder Mystery Friday Story
2:00 Happy Hour-Lobby
 Memory Joggers
 Evening: Game shows TV

AM - Move to the Beat **19**
 Today in History
 Opposites Word Quiz
 Noodle Fitness
 11:00 Rosary - Theater
PM - Finish the Proverbs
 Witches Trivia
1:00 Bingo-AL Activities Room
 Evening: Hallway Strolls

AM - Weekend Workout **20**
10:00 Sunday Mass - Theater
 ABC Word Game on Whiteboard
 Would You Rather
PM - Chair Tennis
 Name 10
2:00 Music w/ Ben - Lobby
 Old Wises Tales
 Crafty Creations
 Evening: Bewitched Tv show

AM - Music & Movement **21**
 Today in History
 Ghoulishly Funny Riddles
 Noodle Fitness
PM - Odd one Out
 Pin the Nose of the Witch
 Sensory Stations
 Puzzling w/ Friends
 Book Club
 Evening: Walking Club

AM - Stretching Exercise **22**
 Halloween Memory Game
 Pictionary on whiteboard
 File & Style Nails & Manicures
PM - Music & Movement
 Brain Teasers
2:00 Wine & Cheese-Lobby
 I Hear Memories
 Evening: Game night w/ Crystal

AM - Chair Exercise **23**
 Historic Events Reminiscing
 Pictionary on Whiteboard
 Noodle Bop
PM - Word Rhyming Game
 Tea & Coffee with Snacks
 Famous Face Bingo
 Autumn Stories
 Finish the Lyrics
 Evening: Resident Choice Activity

AM - Sit & Get Fit **25**
 Bible Study & Trivia
 Tongue Twisters
 Ball Toss
PM - Music & Motion
 Halloween Quiz
 Creative Arts - Spooky Pops
 Detective Time
 Brain Teasers
 Evening: Tv Show & Snacks

AM - Golden Fitness **25**
 Halloween Feud
 Scent-sory Guess the smell
 File & Style Nails
PM - Chair Soccer
 Murder Mystery Friday Story
2:00 Happy Hour - Lobby
 Finish the Phrase
 Evening: Laverne & Shirley Show

AM - Move to the Beat **26**
 Today in History
 Opposites Word Quiz
 Noodle Fitness
 11:00 Rosary - Theater
PM - Finish the Proverbs
 Ghost of Trivia Yet to Come
1:00 Bingo-AL Activities Room
 Evening: Hallway Strolls

AM - Weekend Workout **27**
10:00 Sunday Mass - Theater
 ABC Word Game on Whiteboard
 Would You Rather
PM - Chair Tennis
 Name 10
 Baby Boomer Trivia
 Crafty Creations
 Finish the Phrase
 Evening: Murder She Wrote

AM - Music & Movement **28**
 Jack O' Lantern History
 Bases Loaded w/ Laughs
 Cranium Crunches
 Chair Soccer
PM - What Doesn't Belong
 True or False Questions
 Sensory Bins
2:00 Sing Along Bingo-Lobby
 Evening Snack & Chat

AM - Stretching Exercise **29**
 History of Monster Movies
 ABC Word on Whiteboard
 File & Style Nails & Manicures
PM - What doesn't belong
 Finish the song lyrics
2:00 Wine & Cheese-Lobby
 EZ Trivia
 Evening: Witch Bingo


AM - Chair Exercise **30**
 Halloween Reminiscing
 Hangman on Whiteboard
 Chair Soccer
PM - Name 10 items
2:00 Hot Chocolate Bar-Lobby
3:00 Halloween Trivia - Lobby
 Bingo-Dining Room
 Evening: Music & Memories

AM - Sit & Get Fit **31**
 Ghostbuster Game
 Halloween Costume Reminiscing
 Weird NJ Stories
PM - Music & Motion
1:30 Resident Trick or Treating
2:00 Music w/ Chuck-Lobby
 Calm me Calm and Chat
 What monster am I?
 Halloween

Hydration & Snacks TIMES:
 10:00am, 2:00pm & 7:00PM Daily

Hairdresser -Wednesday 10:30am to 1:30pm

Scenic Rides are Weather Permitting



ACTIVITIES ARE SUBJECT TO CHANGES DUE TO RESIDENT'S NEEDS