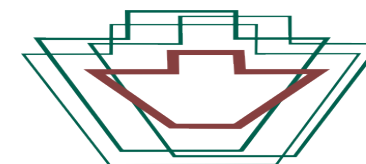




# ASSISTED LIVING OCTOBER 2024



**Keystone  
Commons**  
*A Life Fulfilling Retirement Community*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p>  <p><i>A Wicked Good Time</i></p>	<p><b>Monthly Birthdays</b></p> <p>10/3- Courtlandt Kites 10/4- Meta Desantis 10/4- Henry Yergeau 10/6- Christa Aiken 10/9- Euclid Piedra 10/12- Dolores Choquette 10/13- Andrew Tenszar 10/25- Ray Fitzgerald 10/26- Ray Bayeur 10/30- Valerie Dobek</p>	<p>1</p> <p>9:30-Golf on the Putting Green 10:00- Blood Pressure Clinic- Pub 10:30- Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm-Golf- Billiards Room 3:15- Blackjack-Dollar Buy-in 6:45- Popcorn Club- Theater</p>	<p>2</p> <p>9:30- Hubbard Coffee Chat-3A 10:30 Meditation w/ Rob-3A 12:30- Rosary-3A 1pm-Exercise w/ Kelsey OT-3A 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 3:15- Wii Bowling- Theater 6:45- Rummikub-Billiard</p>	<p>3</p> <p>9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 11:30- Monthly Birthday Lunch-P 1pm-Jeopardy for Amateurs-3A 2pm- Pick Your Poison- (Would you Rather)-3A 3pm- Pitch- Billiards 3pm- Popcorn Club and Happy Hour- Pub 6:45- Kings in the Corner-BR 6:45- Canasta-Pub</p>	<p>4</p> <p>9:30-Breakfast Outing to the Country Diner in Enfield 12:30- Rosary-3A 1pm- Painting Class-3A 2pm- Pokeno-3A 3:30- Happy Hour with Judge Ponsor Book Signing and Talk 6:45- Mexican Train Dominos- Billiards Room</p>	<p>5</p> <p>9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Wii Bowling- Theater 2pm- Honky Tonk Piano Performs-3A</p>
<p>6</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Billiards</p> <p>Day of Rest and Face Timing with Families</p>	<p>7</p> <p>9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card game- Billiards 12:30- Rosary-3A 1pm- Scrabble- Billiards Room 2pm-Corn Hole- Courtyard 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo w/ Harriet-3A</p>	<p>8</p> <p>9:30-Bocce Ball- Courtyard 10:00- Blood Pressure Clinic-Pub 10:30- Meditation w/ Amy and Lynn-3A 1pm- Wii Bowling- Theater 2pm-Trash- Billards Room 3:15- Blackjack- Dollar Buy-in-3A 6:45- Popcorn Club- Theater</p>	<p>9</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Halloween Charades-3A 12:30- Rosary-3A 1pm- Fall Foliage Trip 1pm-Exercise w/ Kelsey OT-3A 2pm- Wii Bowling- Theater 3pm- Witch Hunt Bingo-3A 6:45- Rummikub-Billiard</p>	<p>10</p> <p>9:30- Around the World Breakfast Club- Korea-3A 10:30- T- Bone Performs-3A 1pm- Jeopardy for Amateurs-3A 2pm-Rummikub- Billiards 3pm- Popcorn Club- Theater 3pm- Help Your Neighbor-Pub 6:45- Kings in the Corner-BR 6:45- Canasta-Pub</p>	<p>11</p> <p>10:00am- Painting Class-3A 12:30- Rosary-3A 1pm- Food Meeting-Pub 2pm-Pokeno-3A 3:15- Happy Hour Comedy Club w/ Dan Altano-3A Witches Brew 6:45- Mexican Train Dominos- Billiards</p>	<p>12</p> <p>9:30- Coffee Chat-2A 10:30- Larry Batter Performs 1pm- Bingo for Prizes-3A 2pm- Popcorn Club- Theater 2:30- Strength Training-3A</p>
<p>13</p> <p>Mass at St Elizabeth's 2pm- Rummikub- Billiards</p> <p>Day of Rest and Face Timing with Families</p>	<p>14</p> <p>9:30- Shopping in Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game- Billiards 12:30- Rosary-3A 1pm Scrabble- Billiards Room 2pm- Balloon Volleyball-3A 3:15- Wii Bowling- Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo w/Judy &amp; Laurie</p>	<p>15 Massage Therapist 1-4</p> <p>9:30-Golf on the Putting Green 10:00- Blood Pressure Clinic- Pub 10:30- Chef's Club- making TV Dinners- Chicken and Biscuits- "Bewitched"-3A 1pm- Divine Discussion w/ Judy and Laurie- Theater 2pm- Wii Bowling- Theater 2pm- Line Dancing-3A 3:15- Blackjack-Dollar Buy-in 6:45- Popcorn Club- Theater</p>	<p>16</p> <p>9:30- Hubbard Coffee Chat and Manicures-3A 10:30- Making the Witches Caldron for Halloween Party-3A 12:30- Rosary-3A 1pm- Exercise w/ Kelsey-Theater 2pm- Brendaliz performs Puerto Rican Dance-3A 3pm- Wii Bowling- Theater 6:45- Rummikub-Billiards</p>	<p>17</p> <p>9:30- Coffee and Chronicles-3A 10:30- Adaptive Boxing-3A 1pm-Jeopardy for Amateurs-3A 2pm- Steve the Duo Performs-3A 3pm- Pitch- Billiards 3pm- Popcorn Club and Happy Hour-Pub 6:45- Kings in the Corner-BR</p>	<p>18</p> <p>9:30- Walking Club 12:30- Rosary-3A 1pm- Painting Class-3A 2pm- Pokeno-3A 3pm- Documentary-Theater 6:30- Help Your Neighbor- BR</p>	<p>19</p> <p>9:30- Coffee Chat-2A 10:30- Caden Performs Piano- 1<sup>st</sup> Floor 1pm- Wii Bowling- Theater 2pm- Dime Bingo-3A</p>
<p>20</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Billiards</p> <p>Day of Rest and Face Timing with Families</p>	<p>21</p> <p>9:30- Shopping in Ludlow 10:00- Communion w/ Deacon Tom-IL DINING ROOM 12:30- Rosary- IL Dining Room 1pm- Scrabble- Billiards Room 2pm- Corn Hole-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45-Quarter Bingo w/ Denise-Pub</p>	<p>22</p> <p>9:30- Bocce Ball- Courtyard 10:00- Blood Pressure Clinic-Pub 10:30- Meditation w/ Amy and Lynn-3A 1pm- Divine Discussion w/ Judy and Laurie- Theater 2pm- Golf in the Billiards room 2pm- Wii Bowliing-Theater 3:15- Blackjack- Dollar buy-in-3A 6:45- Popcorn Club- Theater</p>	<p>23</p> <p>9:30- Hubbard Coffee Chat-3A 10:30- Meditation w/ Rob-3A 12:30- Rosary- 3A 1pm-Exercise w/ Kelsey-OT-3A 2pm- Wii Bowling- Theater 3pm- Ladder Bingo-3A 3pm- Pet Visits w/ Keeper-2A 6:45- Rummikub-Billiards</p>	<p>24</p> <p>9:30- Coffee and Chronicles-3A 10:30- WoodWorking-3A 1pm- Staff Costume Parade-3A 2pm Richie Mitnik Performs-3A 3:30-Caretenders Presents-Pub 6:45- Kings in the Corner-BR 6:45- Canasta- Pub</p>	<p>25</p> <p>10:00- Painting Class-3A 11:00- Wizards, Warlocks and Wings-Pub- Men's Group 12:30- Rosary-3A 1pm- Rummikub- Billiards 2pm- Pokeno-3A 6:30- Mexican Train Dominos- Billiards Room</p>	<p>26</p> <p>9:30- Coffee Chat-2A 10:30- Wii Bowling- Theater 1pm- Bingo for Prizes-3A 2:30- Strength Training-3A</p>
<p>27</p> <p>Mass at St Elizabeth's 2pm- Rummikub-Pub</p> <p>Day of Rest and Face Timing with Families</p>	<p>28</p> <p>9:30- Shopping to Chicopee 10:00- Communion w/ Deacon Tom-IL DINING ROOM 10:30- Mystery Card Game- Billiards 1pm- Movie Trip to be announced 1pm- Scrabble- Billiards 2pm- Balloon Volleyball-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling- Theater 6:45- Quarter Bingo with Laurie and Judy</p>	<p>29</p> <p>9:30- Bocce Ball- Courtyard 10:00- Blood Pressure Clinic-Pub 10:30- Meditation w/ Amy and Lynn-3A 1pm- Skulls and Bones Card Game-Billiards 2pm- Trash in the Billiards room 3:15- Blackjack- Dollar buy-in-3A 6:45- Popcorn Club- Theater</p>	<p>30</p> <p>Halloween Party Day!!!! 9:30- Hubbard Coffee Chat-3A 10:30- Pick out Your Costume for those who want to give out candy-3A 12:30- Rosary-3A 1pm- Exercise w/Kelsey-3A 2pm- Wii Bowling- Theater 5-7pm Trick or Treating Pizza Party For those who signed up w/ Guests IL Dining Rm</p>	<p>31 Halloween</p> <p>10:00- Coffee House-3A 10:30- Johnny P Performs-3A 1pm- Halloween Jeopardy-3A 2pm- Halloween Popcorn Club-T 3pm- Pitch- Billiards Room 3pm- Happy Hour- Pub 4:30- Halloween Dinner 6:45- Kings in the Corner- BR 6:45- Canasta-Pub</p>		<p>*Activities are Subject to Change Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>