

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:15 Chair Yoga (E)AR 9:30 King Soopers & Safeway-L 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Dominoes (S/C)AR 1:30 Blackjack Club (S/C)AR 2:00 Coffee Hour Club (S)DR 3:00 Touching Lives (S/R)AR 5:00 Activity Room Reserved 6:30 Residents Choice (C)	2 9:45 Current Events (S)AR 10:00 Better Balance (E)AR 1:00 Family Hearing Clinic-L 1:30 Prize Bingo (S/C)AR 2:00 Coffee Hour Club (S)DR 3:00 Poker (S/C)AR 4:15 Dominoes (S/C)AR 6:00 Phase 10 Cards (S/C)AR <small>Rosh Hashanah Begins</small>	3 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Game of Choice (S/C)AR 1:30 Let's Reminisce (S)AR 2:00 Coffee Hour Club (S)DR 2:00 Visit Belgium (C)AR 3:00 Bread Bake Social (S)AR 4:00 Dominoes (S/C)AR	4 9:45 Current Events (S)AR 10:00 Thera Band Exercise (E)AR 10:30 Jewelry with Rita (A)AR 11:00 Smokin' Dave's BBQ (O)L 1:00 Dominoes (S/C)AR 1:30 Brain Games (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Popcorn & Hangman(C)AR 3:00 Wii Games (S/C)AR 4:00 Dominoes (S/C)AR	5 10:30 Donuts & Coffee Club(S)AR 10:45 Week in History (C)AR 1:30 Noodle Ball (E)AR 2:00 Coffee Hour Club(S)DR 2:00 Card Bingo (S/C)AR 3:00 Giant Crossword (C)AR 4:00 Dominoes (S/C)AR 6:00 Cards (S/C)AR
6 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)T 2:00 Coffee Hour Club (S)DR 2:00 Bingo(C)AR 3:00 Dominoes Game (S/C)AR 6:30 Residents Choice (S/C)	7 9:00 Kaiser Booster Clinic (O)L 9:45 Week at a Glance(C)AR 10:00 Thera Band Exercise (E)AR 10:30 Walker Clinic-AR 11:00 Applebee's -AI Only 1:00 Mandala Art (A)AR 2:00 Happy Hour (M)AR 3:00 Dominoes (S/C)AR 6:00 Uno Card Game (S/C)AR	8 9:30 Target and Dollar Tree (O)L 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Dominoes (S/C)AR 1:00 CH Book Mobile-MVAR 1:30 Fall Craft (A)AR 3:00 Touching Lives (S/R)AR 5:00 Activity Room Reserved 6:30 Residents Choice (C)T	9 9:45 Current Events (S)AR 10:00 Better Balance (E)AR 2:00 14-year Anniversary Party For The Summit Building With live music and cake! AR 3:30 Poker (S/C)AR 4:15 Dominoes (S/C)AR 6:00 Phase 10 Cards (S/C)AR	10 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Game of Choice (S/C)AR 1:30 Let's Reminisce (S)AR 2:00 Coffee Hour Club (S)DR 2:00 Visit Iceland (C)AR 3:00 Bread Bake Social (S)AR 4:00 Dominoes (S/C)AR 6:30 Residents Choice (S/C)T	11 9:45 Current Events (S)AR 10:00 Thera Band Exercise (E)AR 10:30 Riddles & Trivia (A)AR 11:00 Rooster's (O)L 1:00 Dominoes (S/C)AR 1:30 Brain Games (S/C)AR 2:00 Popcorn & Hangman(C)AR 2:30 Daniel on the Piano-MVAR 3:00 Wii Games (S/C)AR <small>Yom Kippur Begins</small>	12 10:30 Donuts & Coffee Club(S)AR 10:45 Week in History (C)AR 1:30 Noodle Ball (E)AR 2:00 Coffee Hour Club(S)DR 2:00 Card Bingo (S/C)AR 3:00 Giant Crossword (C)AR 4:00 Dominoes (S/C)AR 6:00 Cards (S/C)AR
13 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)T 2:00 Coffee Hour Club (S)DR 2:00 Bingo(C)AR 3:00 Dominoes Game (S/C)AR 6:30 Residents Choice (S/C)	14 9:45 Week at a Glance(C)AR 10:00 Thera Band Exercise (E)AR 1:00 Mandala Art (A)AR 2:00 Happy Hour (M)AR 3:00 Dominoes (S/C)AR 6:00 Uno Card Game (S/C)AR <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small>	15 9:15 Chair Yoga (E)AR 9:30 King Soopers & Safeway-L 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Dominoes (S/C)AR 1:00 Specialty Foot Care-Salon 1:30 Blackjack Club (S/C)AR 3:00 Touching Lives (S/R)AR 5:00 Activity Room Reserved 6:30 Residents Choice (C)	16 9:45 Current Events (S)AR 10:00 Better Balance (E)AR 1:30 Prize Bingo (S/C)AR 3:00 Poker (S/C)AR 4:15 Dominoes (S/C)AR 5:00 AR Reserved until 9:00pm <small>Sukkot Begins</small>	17 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Fiddlin Fun w/ Fran (M)AR 1:30 Let's Reminisce (S)AR 2:00 Coffee Hour Club (S)DR 2:00 Visit Costa Rica (C)AR 3:00 Bread Bake Social (S)AR 4:00 Dominoes (S/C)AR 6:30 Residents Choice (S/C)T	18 9:45 Current Events (S)AR 10:00 Thera Band Exercise (E)AR 10:00 Georgetown (O)L 10:30 Riddles & Trivia (S/C)AR 1:00 Dominoes (S/C)AR 1:30 Brain Games (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Popcorn & Hangman(C)AR 3:00 Wii Games (S/C)AR 4:00 Dominoes (S/C)AR	19 10:30 Donuts & Coffee Club(S)AR 10:45 Week in History (C)AR 1:15 Noodle Ball (E)AR 2:00 Coffee Hour Club(S)DR 2:00 Concert in MVAR Meet in lobby at 1:40 3:30 Giant Crossword (C)AR 4:00 Dominoes (S/C)AR 6:00 Cards (S/C)AR
20 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)T 2:00 Coffee Hour Club (S)DR 2:00 Bingo(C)AR 3:00 Dominoes Game (S/C)AR 6:30 Residents Choice (S/C)	21 8:45 VNA Foot Clinic-AR 9:30 McDonald's (O)L 9:45 Week at a Glance(C)T 10:00 Thera Band Exercise (E)T 10:30 Blood Pressure Clinic-AR 1:00 Active Minds presents North Korea -MVAR 2:00 Coffee Hour Club (S)DR 2:00 Happy Hour (M)AR 3:00 Dominoes (S/C)AR 6:00 Uno Card Game (S/C)AR	22 9:15 Chair Yoga (E)AR 9:30 Walmart & Sprouts (O)L 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Dominoes (S/C)AR 3:00 Touching Lives (S/R) AR 5:00 Activity Room Reserved 6:30 Residents Choice (C)T	23 9:45 Current Events (S)AR 10:00 Better Balance (E)AR 2:00 Coffee Hour Club (S)DR 2:00 An Artist Presentation of Picaso (A)AR 3:00 Poker (S/C)AR 4:15 Dominoes (S/C)AR 6:00 Phase 10 Cards (S/C)AR	24 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Game of Choice (S/C)AR 1:30 Let's Reminisce (S)AR 2:00 Coffee Hour Club (S)DR 2:00 Visit Ireland (C)AR 3:00 Bread Bake Social (S)AR 3:00 Chef Chat-AR 6:30 Residents Choice (S/C)T <small>Simchat Torah Begins</small>	25 9:45 Current Events (S)AR 10:00 Thera Band Exercise (E)AR 10:30 Riddles & Trivia (S/C)AR 11:00 Panera Bread CO. (O)L 1:00 Dominoes (S/C)AR 1:30 Brain Games (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Popcorn & Hangman(C)AR 3:00 Wii Games (S/C)AR 4:00 Dominoes (S/C)AR	26 10:30 Donuts & Coffee Club(S)AR 10:45 Week in History (C)AR 1:30 Noodle Ball (E)AR 2:00 Coffee Hour Club(S)DR 2:00 Card Bingo (S/C)AR 3:00 Giant Crossword (C)AR 4:00 Dominoes (S/C)AR 6:00 Cards (S/C)AR
27 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)T 2:00 Coffee Hour Club (S)DR 2:00 Bingo(C)AR 3:00 Dominoes Game (S/C)AR 6:30 Residents Choice (S/C)	28 9:45 Week at a Glance(C)AR 10:00 Thera Band Exercise (E)AR 10:30 Game of Choice (S/C)AR 1:30 Directors & Desserts AR 2:00 Coffee Hour Club (S)DR 2:00 Happy Hour (M)AR 3:00 Dominoes (S/C)AR 4:00 Dominoes (S/C)AR 6:00 Uno Card Game (S/C)AR	29 9:15 Chair Yoga (E)AR 9:30 King Soopers & Safeway-L 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Dominoes (S/C)AR 1:30 Blackjack Club (S/C)AR 2:00 Coffee Hour Club (S)DR 3:00 Touching Lives (S/R)AR 5:00 Activity Room Reserved 6:30 Residents Choice (C)	30 9:45 Current Events (S)AR 10:00 Better Balance (E)AR 1:30 Prize Bingo (S/C)AR 2:00 Coffee Hour Club (S)DR 3:00 Poker (S/C)AR 4:15 Dominoes (S/C)AR 6:00 Phase 10 Cards (S/C)AR	31 Optometrist on Campus 9:45 Current Events (S)AR 10:00 Weights (E)AR 10:30 Game of Choice (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Halloween Party Wear your best costume(M)AL 3:30 Dominoes (S/C)AR 6:30 Residents Choice (S/C)T <small>Halloween</small>	Key to Programs & Rooms (S) Social AR- Activity Room (O) Outing MV-Mountain View Building (E) Exercise Building (A) Art PL-Parlor (Lobby) (M) Music DR-Dining Room (R) Religious T-Theater(3rd floor) (C)Cognitive L-Library (L) Lecture LB- Lobby (P) Presentation S-Salon	