

ARBOR GLEN CONNECTION

October 2024



11020 39TH ST.
N. LAKE ELMO,
MN 55042

Main: 651-704-1444
Fax: 651-704-1420



FOR MORE VISIT: arborsenior.com and find monthly calendars under News and Community Events

October Events and Activities

Subject to change

Monday and Friday = Pet Visits

Every Monday = Bible Study with Chaplain Chuck @ 1:15pm

Every Tuesday and Thursday = "Live 2 B Healthy" Exercise class @ 2pm

Every Friday = Bible study @ 10am & Church Services @ 11am

Every Wednesday = Happy Hour @ 2pm

Every Tuesday and Thursday = BINGO @ 11am

Every Monday and Saturday = Movie Matinee @ 1:30pm

1st and 3rd Tuesday of the month = Lake Elmo Bank @ 10am

Every other Tuesday = Massage with Garrett @ 1pm

Certain Thursday's (Check the calendar) = Blackjack in Pub @ 1:30pm

3rd Monday of the Month = Catholic Communion Offering service @ 10am



Performances will be:

Phil Kitze = 10/2 @ 2pm for Happy Hour

Gary LaRue = 10/9 @ 2pm for Happy Hour

Tom Erickson = 10/23 @ 2pm for Happy Hour

Vinnie Rose = 10/30 @ 2pm for Halloween Happy Hour

Resident Council = 10/29 @ 1:30pm

OCTOBER OUTINGS

Monday, October 7th

Cub Foods Shopping

Friday, October 18th

Pine Tree Apple Orchard

Sign up at front desk

OCTOBER'S FEATURED COCKTAIL

Hard Cider



FOR MORE VISIT: arborsenior.com and find monthly calendars under News and Community Events

October Happenings

Subject to change

Vikings game times - Football is back and we will show the Vikings Games in the Theater per staffing availability. Feel free to bring snacks and drinks! Look for times and dates on the calendar.

Monday, October 7th @ 1pm - Cub Foods Shopping Outing. Sign up at the front desk.

Tuesday, October 8th @ 9:30am - Wunder Years will be here in the Pub.

Monday, October 14th @ 10am - Catholic Communion Offering service will be held in the Theater.

Friday, October 18th @ 10am - Chaplain George will be providing all animals with a Pet Blessing in the pub.

Friday, October 18th @ 11:30 - Outing to Pine Tree Apple Orchard in White Bear Lake. Sign up at the front desk, space is limited.

Saturday, October 26th from 10am-3pm - We will be hosting a craft fair in our Pub with lots of venders and crafts. Great time to get holiday gifts! Tell your friends and family! Flyer will be provided with more detail.

Tuesday, October 29th @ 9:30am - Wunder Years will be here in the Pub to trick or treat in their costumes.

Starting October 24th - we will be having a friendly competition with all departments to see who can create the best Halloween pumpkin. They will be on display from 10/24 - 10/30 with the winners revealed on Halloween. A flyer will be provided with more details.

We encourage staff and residents to dress up for Halloween on the 30th and 31st :)

Upcoming in-house clinics:

Podiatry: 11/15

Optometry: 12/30

Audiology: 10/2



FOR MORE VISIT: arborsenior.com and find monthly calendars under News and Community Events

Executive Spotlight



Ann Grode

Executive Director

We have a very busy October ahead of us!
We have our Flu and COVID vaccination clinic scheduled for October 23rd. You will have the opportunity to judge the staff pumpkin contest again this year with the Wunder Years kids returning for some Trick or Treat fun. We will also be hosting a Craft Fair in the Pub on October 26th. Make sure you are taking advantage of the gorgeous Fall weather in between all of the fun! Have a great month!



BIRTHDAYS WE CELEBRATED IN SEPTEMBER

Please note: Some preferred not to be included or were unavailable



Resident Spotlight

What is your favorite color?: Purple

Favorite food?:

Desserts! Especially root beer floats

What was your career?:

I was a Nurse from 1959-1990's

What is your favorite thing about this time of the year?:

I love the fall! Especially October - it's my birthday and anniversary. The weather is also great!

What is your favorite thing about Arbor Glen?:

The main thing is the safety as well as all the people and activities

Anything else to add?:

Thank you to Chelsea for keeping us busy and not bored!



JOAN REBERG

Kudos



Sarah

Resident Assistant

What is your favorite color? Black and Green

What is your favorite food? Tacos!

What is your favorite thing about summer? Bonfires with friends!

What do you love most about your job? I love the residents

Is there anyone who has helped you preform your job with excellence? My Nursing team is always great

OCTOBER HOROSCOPE

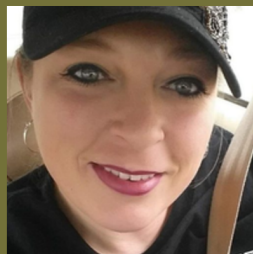
If you were born between October 1–22, you balance the scales of Libra. Libras are very social, seek harmony through compromise, and have strong powers of critical thinking. Those born between October 23–31 are passionate Scorpions, considered the most intense sign in the zodiac. While on the outside Scorpions are calm and composed, inside they are forceful, emotional, determined, and ambitious.

WELCOME

to the team!!



Rabira Soka
Culinary Assistant



Cassandra McCain-Jones
Resident Assistant



Pulcheri Seuache
Residents Assistant



Sherri Raba
Culinary Assistant

Rose Grenell
Receptionist

Angell Anderson
Resident Assistant

Andrew Doeksen
Residents Assistant

Happy Birthday

RESIDENT BIRTHDAYS

Joan "Jo" Reberg = 10/3
Betty Miller = 10/11
Sylvia Vahle = 10/20
LaRue Witzel = 10/30

STAFF BIRTHDAYS

Jaclyn (Chef) = 10/08
Irene (RA) = 10/10
Shannon (Reception) = 10/12
Marissa (RA) = 10/13
Olivia (RA) = 10/16
Odia (CA) = 10/25



Point of Contact

Chelsea Solfest, Activities Director
Chelsea.Solfest@fairview.com
(651) 704 – 1424
(Her office is also located by the front door)