

October
2024



Arcadia

SENIOR LIVING

Pace

Resident Birthdays

Jan Carroll - 19th

Myra Newcomer - 25th

Terry Nelson's 100th - 30th

Randy Nelson - 31st

Employee Birthdays

Lillian Randall - 5th

Mary Lewis-Davis - 16th

Angela Bott - 16th

Lenore Marks - 22nd

Rhonda Hed - 24th

Kaitlyn Elliott - 25th



Save the Date

Resident Council - 8th

Live Animal Show - 17th

Culinary Council - 17th

Arcadia Store - 22nd

October Birthday Party - 28th

Letter from Executive Director

Hello Residents and Families.

I am so happy to welcome the fall season. What a wonderful time of year with football season, pumpkin spice, and Halloween! I hope everyone enjoyed our week-long celebration of National Assisted Living Week. We sure did have fun, and I particularly enjoyed seeing everyone dress up for the different themed days.

September wraps up our third quarter for The Arcadia Ambassadors. The winners will be announced soon. We are now accepting nominations for the fourth quarter. The nomination forms are located at the concierge desk. Please take time to nominate your favorite employee and let us know what makes them an Arcadia Ambassador!

Best in Pensacola 2024! VIP Magazine has selected the best of the best of Pensacola and Arcadia Senior Living Pace is it! Arcadia Pace was chosen as the best Senior Living Community. This is quite an honor to receive, considering the very tough competition, and this is the second year in a row that we have received it! Congratulations to all who have helped make us "Simply the BEST"!

I wanted to bring attention to an item that the resident council spoke to me about. When you are using the laundry facilities here at the community for your personal items, please be sure to remove your items in a timely manner. There are other residents waiting to use the washers and dryers. If everyone works together, the use of these facilities will move much more smoothly.

Also, seating in the dining room is not reserved. While many of you sit in a particular spot each day, that spot is not assigned to you and someone else may sit there from time to time. Please be kind to one another and realize that there is not a seating chart.

Happy Fall Y'all!

Carol Ettelson

Resident Spotlight

Georgia Swayne



Georgia was born August 20, 1931 at Santa Rosa Hospital. She lived here in Santa Rosa for most of her life. She met her husband Richard Fair Swayne as a senior in high school. After graduating high school, Georgia went to college at Southwestern Institute of Lafayette, LA to obtain her teaching degree.

After college in 1953, she and Richard got married and were married for 45 years. Once married she had her first son named Richard Edward Swayne. She traveled with her Navy husband to Malta and lived there for 3 years. While she was there she helped start an American dependent school and she taught first, second and third grades for a year.

From there they moved to Norfolk, VA for 2 years where she went back to college to further her degree. While in Virginia, she had her second son named Michael Swayne. Once her husband retired from the Navy they returned to Milton and started teaching second grade at Berryhill Elementary. She taught school for 31 years then retired. She enjoyed studying the Bible and teaching children at First Baptist Church in Milton.

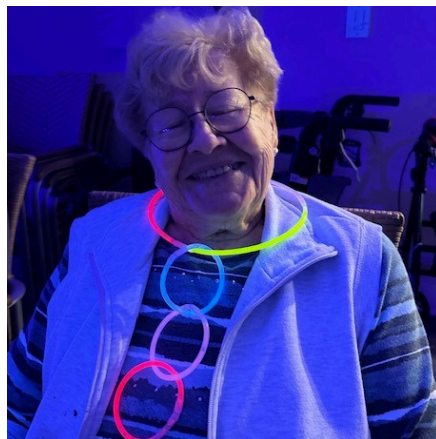
Georgia loved playing the piano and sung in the adult choir at her church. She says she has a great family and loves her life.

“Gnome on the Roam”



The Gnome is still “On the Roam!” Much like “Elf/Santa on the Shelf,” we will be hiding this “Gnome” somewhere throughout the building each morning. It will not be in any personal bedrooms, bathrooms, or outside. If you so happen to find the “Gnome,” pick it up and bring it to Hailie, or the Concierge for a golden ticket! We will be hiding our “Gnome” for all holiday seasons! However, this summer gnome will be roaming through the end of September. The Gnome pictured to the left is the only gnome we will accept. Stay tuned for more “Gnome on the Roam” updates. Good luck everyone!

Keeping Up with the Arcadians



Your Team

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More Info



October 29th
In The Courtyard
@ 5:30pm

Bring Your Own Bag

Save the Date:

Medicare 101 Seminar

Featuring Kristen Fitzsimmons
Licensed Advisor & Medicare Expert

October 3rd @ 1:30pm



Coffee with a Cop

October 2nd
at 10:00am
In The Shade

Flu & Pneumonia Vaccinations

October 10th
In Multi-Purpose Room

Sign up by October 1st
at Front Desk

