The Suites Memory Care

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 10/8 - Rosa Rezendes	* Keep an eye out for some new Manager- Led activities starting this month and next!	ME 10:15 Music Hour w/ Care Partners 10:30 Exercise or Outside Walks w/	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Exercise or Outside Walks w/ Kate 7:30 Evening Snack & Calming Music	10:30 Scenic Drive! 10:30 Exercise or Outside Walks w/ Care Partners 2:30 Spa Day w/ Kate 3:30 Bugs R Us Presentation	(weather permitting) 11:30 Puzzle Hour w/ Care Partners (time may vary)	8:00 Garden Club w/ Care Partners 10:30 Outside Nature Walks (weather permitting) 11:30 Reading Hour w/ Care Partners (time may vary) 2:00 Game Hour w/ Care Partners 7:30 Evening Snack & Calming Music
8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Stretching w/ Care Partners 2:30 Movie w/ Kate: Classic Western Month 2:45 Fresh Popcorn! w/ Kate 3:15 Scrapbooking Sunday w/ Kate 7:30 Evening Snack & Calming Music	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Exercise or Outside Walks w/ Care Partners 2:30 Prize Bingo w/ JoEllen 7:30 Evening Snack & Calming Music	10:15 Music Hour w/ Care Partners 10:30 Exercise or Outside Walks w/	9 8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Exercise or Outside Walks w/ Care Partners 7:30 Evening Snack & Calming Music	To:00 Exercise or Outside Walks w/ Care Partners 10:30 Musical Guest: Louis Faro (piano in front lobby) 10:30 Scenic Drive!	WE 10:30 Outside Nature Walks (weather permitting) 11:30 Puzzle Hour w/ Care Partners (time may vary) WE 2:30 Karaoke w/ Marty (Upstairs	Dussehra 8:00 Garden Club w/ Care Partners 10:30 Outside Nature Walks (weather permitting) 11:30 Reading Hour w/ Care Partners (time may vary) 2:00 Game Hour w/ Care Partners 7:30 Evening Snack & Calming Music
8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Stretching w/ Care Partners 2:30 Movie w/ Kate: Classic Western Month 2:45 Fresh Popcorn! w/ Kate 3:15 Scrapbooking Sunday w/ Kate 7:30 Evening Snack & Calming Music	14 Indigenous Peoples' Day 8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Exercise or Outside Walks w/ Care Partners 12:15 Outing- Horse Races (Grants Pass Downs) w/ Traci & Shannon 2:30 Prize Bingo w/ JoEllen! 7:30 Evening Snack & Calming Music	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:15 Music Hour w/ Care Partners 10:30 Exercise or Outside Walks w/ Care Partners 7:30 Evening Snack & Calming Music	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Exercise or Outside Walks w/ Care Partners 2:30 Spooky Ice Cream Social w/ Chef Kaelyn 7:30 Evening Snack & Calming Music	10:30 Scenic Drive! 10:30 Exercise or Outside Walks w/ Care Partners	(weather permitting) 11:30 Puzzle Hour w/ Care Partners (time may vary) 7:30 Evening Snack & Calming	8:00 Garden Club w/ Care Partners 10:30 Outside Nature Walks (weather permitting) 11:30 Reading Hour w/ Care Partners (time may vary) 2:00 Game Hour w/ Care Partners 7:30 Evening Snack & Calming Music

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Sun	day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Morning M 10:30 Stretching 2:30 Movie w/ Western M 2:45 Fresh Pop R 3:15 Scrapbool Kate	w/ Care Partners Kate: Classic Month corn! w/ Kate	Care Partners 2:30 Happy Hour w/ Shannon	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:15 Music Hour w/ Care Partners 10:30 Exercise or Outside Walks w/ Care Partners 7:30 Evening Snack & Calming Music	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Exercise or Outside Walks w/ Care Partners 7:30 Evening Snack & Calming Music	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Scenic Drive! 10:30 Exercise or Outside Walks w/ Care Partners 2:30 Spa Day w/ Kate 7:30 Evening Snack & Calming Music	8:00 Garden Club w/ Care Partners 10:30 Outside Nature Walks (weather permitting) 11:30 Puzzle Hour w/ Care Partners (time may vary) 7:30 Evening Snack & Calming Music	8:00 Garden Club w/ Care Partners 10:30 Outside Nature Walks (weather permitting) 11:30 Reading Hour w/ Care Partners (time may vary) 2:00 Game Hour w/ Care Partners 7:30 Evening Snack & Calming Music
9:00 Morning N 10:30 Stretching 50 2:30 Movie w/ Western N 2:45 Fresh Pop R 3:15 Scrapbool Kate	w/ Care Partners Kate: Classic Month corn! w/ Kate	10:30 Exercise or Outside Walks w/ Care Partners 2:30 Prize Bingo w/ JoEllen (Upstairs Activity Room)	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:15 Music Hour w/ Care Partners 10:30 Exercise or Outside Walks w/ Care Partners 7:30 Evening Snack & Calming Music	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Exercise or Outside Walks w/ Care Partners 7:30 Evening Snack & Calming Music	8:00 Garden Club w/ Care Partners 9:00 Morning Meeting w/ Kate 10:30 Scenic Drive! 10:30 Exercise or Outside Walks w/ Care Partners 2:30 Spa Day w/ Kate 7:30 Evening Snack & Calming Music	CR - Creative EM - Empowering PU - Purposeful SO - Social WE - Wellbeing	"There is something so special in the early leaves drifting from the trees - as if we are all to be allowed a chance to peel, to refresh, to start again." -Ruth Ahmed