Assisted Living Calendar

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CR - Creative EM - Empowering SO - Social SP - Spiritual WE - Wellbeing		 10:00 True North Yoga in the DINING ROOM 11:00 Circle of Friends: Jigsaw Puzzles - DINING ROOM 11:30 Music Makes Memories: Karaoke! in the TV LOUNGE 2:30 Evergreen Connects: The League of Women Voters - DINING ROOM 	 2 Rosh Hashanah Begins WE 10:00 Strength and Balance with Matt from Select Rehab in the DINING ROOM SP 10:30 Praise and Prayer with Thomas Blazer in the BISTRO SO 1:30 Card Games in the BISTRO SO 2:30 Bingo and Popcorn in the DINING ROOM 	 3 10:00 Sit and Get Fit with Meradi in the DINING ROOM 11:00 #GEN2K - Technology Help in the BISTRO 1:00 1:1 - In room activities with Meradi SP 2:00 Music by Matt Barber in the DINING ROOM SP 4:00 Alta on the piano in the DINING ROOM 	 4 10:00 Gentle Exercises with Meradi in the DINING ROOM 10:30 SHOPPING TRIP 2:30 Resident Led Bingo in the BISTRO 4:00 Happy Hour Tailgate! - BISTRO 6:00 Michigan State VS Oregon Ducks in the TV LOUNGE 	 5 CR 10:00 On this Day in History with Kristina 1:00 Walking Group CR 1:30 S.T.E.M Kit with Kristina! CR 3:00 Craft Corner with Kristina in the DINING ROOM SO 6:00 Board Games in the Bistro
 6 CR 10:00 On this Day in History with Kristina CR 1:30 Circle of Friends: Adult Coloring in the DINING ROOM SO 3:00 Sunday Bingo with Kristina in the DINING ROOM SO 6:00 Residents Choice - Movie Night in the TV LOUNGE 	 7 10:00 Strength and Balance with Matt from Select Rehab in the DINING ROOM 11:00 Activity Chat with Meradi in the BISTRO 2:00 Scenic Outing to Thistledown Farm 3:00 Men's Chat in the DINING ROOM 3:00 Women's Chat in the DINING ROOM 	 8 WE 10:00 True North Yoga in the DINING ROOM 11:00 Circle of Friends: Jigsaw Puzzles - DINING ROOM M 1:30 Resident Council Meeting in the PRIVATE DINING ROOM SP 2:45 Octopus Rhythm Works in the DINING ROOM 	 9 10:00 Strength and Balance with Matt from Select Rehab in the DINING ROOM SP 10:30 Praise and Prayer with Thomas Blazer in the BISTRO 1:30 Card Games in the BISTRO SP 3:00 Timothy Patrick presents Halloween Howls in the DINING ROOM 	 10 10:00 Sit and Get Fit with Meradi in the DINING ROOM 2:30 Resident Led Bingo in the BISTRO SP 4:00 Alta on the piano in the DINING ROOM 	 Yom Kippur Begins 10:00 Gentle Exercises with Meradi in the DINING ROOM 10:30 SHOPPING TRIP 2:30 Resident Led Bingo in the BISTRO 4:00 Happy Hour! in the BISTRO 	12DussehraCR10:00On this Day in History with Kristina1:00Walking GroupCR1:30Indoor Herb Garden with Kristina in the DINING ROOMCR2:30Craft Corner with Kristina in the DINING ROOMSI6:00Board Games in the Bistro
 13 CR 10:00 On this Day in History with Kristina CR 1:30 Circle of Friends: Adult Coloring in the DINING ROOM SO 3:00 Sunday Bingo with Kristina in the DINING ROOM SO 6:00 Residents Choice - Movie Night in the TV LOUNGE 	 Indigenous Peoples' Day 10:00 Strength and Balance with Matt from Select Rehab in the DINING ROOM 2:00 Scenic Outing TBD 2:30 Resident Led Bingo in the BISTRO 4:30 Resident Ambassador Meeting in the BISTRO 	 15 10:00 True North Yoga in the DINING ROOM 11:00 Circle of Friends: Jigsaw Puzzles - DINING ROOM SP 1:30 Follow along painting! 3:00 National I Love Lucy Day! in the TV LOUNGE 	16SukkotWF10:00Strength and Balance with Matt from Select Rehab in the DINING ROOMSP10:30Praise and Prayer with Thomas Blazer in the BISTROCR1:30National Fossil Day! in the BISTROSO2:30Bingo and Popcorn in the DINING ROOM	 11:00 Menu Chat with Chef Julie in the DINING ROOM 2:00 Town Hall with Brandie in the DINING ROOM SP 4:00 Alta on the piano in the DINING ROOM 	 18 10:00 Gentle Exercises with Meradi in the DINING ROOM 10:30 SHOPPING TRIP 2:30 Resident Led Bingo in the BISTRO 4:00 Happy Hour Tailgate! in the BISTRO 5:00 Purdue VS Oregon Ducks in the TV LOUNGE 	 19 (R 10:00 On this Day in History with Kristina 1:00 Walking Group (R 1:30 "Stained Glass" Mason Jar craft with Kristina in the DINING ROOM (R 2:30 Craft Corner with Kristina in the DINING ROOM 50 6:00 Board Games in the Bistro

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 20 CR 10:00 On this Day in History with Kristina CR 1:30 Circle of Friends: Adult Coloring in the DINING ROOM SO 3:00 Sunday Bingo with Kristina in the DINING ROOM SO 6:00 Residents Choice - Movie Night in the TV LOUNGE 	 21 WE 10:00 Strength and Balance with Matt from Select Rehab in the DINING ROOM EM 11:00 Garden Club Meeting in the EAST GARDEN PATIO SO 2:00 Movie and Popcorn in the TV LOUNGE EM 2:30 Scenic Outing TBD 	 22 10:00 True North Yoga in the DINING ROOM 11:00 Circle of Friends: Jigsaw Puzzles - DINING ROOM 2:00 Ladder ball and Cornhole in the DINING ROOM SP 3:30 Arm Chair Travel to Brazil with Meradi in the TV LOUNGE 	 23 WE 10:00 Strength and Balance with Matt from Select Rehab in the DINING ROOM SP 10:30 Praise and Prayer with Thomas Blazer in the BISTRO CR 3:30 Brain Boost Nutrition in the BISTRO 	 24 10:00 Sit and Get Fit with Meradi in the DINING ROOM SP 11:00 Gary Battles on the Guitar in the DINING ROOM! 1:30 Wii Bowling SP 4:00 Alta on the piano in the DINING ROOM 	 2:30 Resident Led Bingo in the BISTRO 30 4:00 Happy Hour with Suzanne! in the BISTRO 	 26 CR 10:00 On this Day in History with Kristina 1:00 Walking Group CR 1:30 Painting Pumpkins! In the DINING ROOM CR 2:30 Craft Corner with Kristina in the DINING ROOM SO 6:00 Board Games in the Bistro
 27 CR 10:00 On this Day in History with Kristina SO 12:00 Alzheimer Walk at Alton Baker Park CR 1:30 Circle of Friends: Adult Coloring in the DINING ROOM SO 3:00 Sunday Bingo with Kristina in the DINING ROOM SO 6:00 Residents Choice - Movie Night in the TV LOUNGE 	 28 WE 10:00 Strength and Balance with Matt from Select Rehab in the DINING ROOM SO 2:30 Resident Led Bingo in the BISTRO 	29 So 11:00 Circle of Friends: Jigsaw Puzzles - DINING ROOM SP 1:30 Music and Dance Therapy with Pani in the DINING ROOM	 30 31 30 31 30 31 30 31 30 31 31 32 31 31 32 31 31 32 31 31 32 31 32 31 33 34 35 31 31 32 33 34 35 35 31 31 31 32 32 33 33 34 35 35 34 35 35 36 36 37 36 37 37 30 31 31 32 33 34 35 35 36 36 37 37 38 39 30 30 31 31 32 32 32 32 33 34 35 34 35 36 37 37 38 39 30 30 31 32 32 33 34 34 35 34 35 35 36 37 37 38 39 30 30 31 31 32 32 32 34 34 35 34 35 35 36 37 38 3	31HalloweenWE10:00Sit and Get Fit with Meradi in the DINING ROOMSO2:00Halloween Birthday Party! in the DINING ROOMSP4:00Alta on the piano in the DINING ROOM	Birthdays 10/11 - Arliss 10/20 - Margie Blankenship 10/23 - Dante 10/25 - Yaya 10/26 - Delbert Nash 10/30 - Clay R 10/31 - Alvin Adams	Activities are subject to change. Please refer to daily schedules for the most up to date events.