



October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Birthdays 10/8 - Elly 10/11 - Art 10/21 - Larry 10/23 - Joan</p>		<p>1</p> <p>10:00 Coffee Walk to Firehouse Coffee! 11:00 Deal or No Deal game 2:00 Scrabble 4:00 Catch & Convo Ball</p>	<p>2 Rosh Hashanah Begins</p> <p>10:00 Tai Chi w/Aromatherapy 10:30 Wii Bowling 1:00 Walmart Shopping Trip 3:00 Finish Autumn Rock Painting</p>	<p>3</p> <p>10:00 Chair Cardio 10:30 Apples to Apples game 2:00 Christmas Craft Corner 4:00 Happy Hour</p>	<p>4</p> <p>7:30 Creswell Bakery Cinnamon Roll Trip 10:00 Essential Senior Stretches 10:30 Uno 2:00 Nickel Bingo</p>	<p>5</p> <p>9:30 Coffee Chat on the patio</p>
<p>6</p>	<p>7</p> <p>Suzanne is out of office 10:00 Bored Box (Puzzles, crafts & games) 6:00 Friends Supporting Friends group</p>	<p>8</p> <p>10:00 Resistance Band Workout 10:30 Resident Memory Match game 2:00 Step-by-step Instructional Group Painting 4:30 Suzanne is completing state-required online coursework.</p>	<p>9</p> <p>10:00 Putting Green 10:30 Wii Bowling 1:00 Christmas Craft Corner 3:00 Timothy Patrick performance (AL dining room)</p>	<p>10</p> <p>10:00 Dance Yoga 10:30 Spoons game 1:00 Let's go for a walk & look at leaves! 2:15 Suzanne is at an all-staff meeting. 4:00 Happy Hour</p>	<p>11 Yom Kippur Begins</p> <p>10:00 Cornhole 10:30 Uzzle Puzzle Game 2:00 Adult Coloring (Halloween Mandalas) 3:30 Nickel Bingo</p>	<p>12 Dussehra</p> <p>9:30 Coffee Chat on the patio</p>
<p>13</p>	<p>14 Indigenous Peoples' Day</p> <p>10:00 True North Yoga 10:30 #GEN2000 (Cell phone help) 2:00 Wire Hanger Christmas Tree Craft with Ida! 4:00 Name 5 game 6:00 Friends Supporting Friends group</p>	<p>15</p> <p>10:00 Balloon Swat 10:30 Mexican Train Dominoes 2:00 It's National I Love Lucy Day, so let's watch our favorite episodes! 3:00 Candy Blackjack</p>	<p>16 Sukkot</p> <p>10:00 Shuffleboard 10:30 Wii Bowling 1:00 It's National Department Store Day, so let's shop! 3:00 Resident Council Meeting & Birthday Celebration!</p>	<p>17</p> <p>10:00 Arm Weight Workout 10:30 Taboo game 1:30 Christmas Craft Corner 4:00 Happy Hour 4:15 Dime Derby (Horse Races)</p>	<p>18</p> <p>10:00 Chair Cardio 10:30 Readings with Randi 1:00 November Brainstorming 2:00 Circle of Friends: Let's guess each other's baby pictures! 3:30 Nickel Bingo</p>	<p>19</p> <p>9:30 Coffee Chat on the patio</p>

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	<p>10:00 Relaxing Chair Yoga</p> <p>10:30 Word Search Race</p> <p>1:00 It's National Apple Day, so let's have a snackivity!</p> <p>2:30 Live Reptile Show!</p> <p>6:00 Friends Supporting Friends group</p>	<p>10:00 Ladder Toss</p> <p>10:30 Scattergories</p> <p>1:00 Pour Paint Light Switch craft</p> <p>3:00 Armchair Travel (Let's go to the Czech Republic)</p>	<p>9:30 Let's go get breakfast at the Abilities Diner & Bakery!</p> <p>10:30 Wii Bowling</p> <p>2:00 It's National Horror Movie Day, so let's watch Sixth Sense!</p> <p>4:00 Trivia & Brain Teasers</p>	<p>10:00 Breathing & Stretching Exercises</p> <p>10:30 Jenga</p> <p>11:00 Gary Battles on Guitar (AL dining room)</p> <p>1:00 Christmas Craft Corner</p> <p>3:45 Menu Chat with Chef Tracy</p> <p>4:00 Happy Hour</p>	<p>10:00 Chair Hockey</p> <p>10:30 Password</p> <p>1:30 Nickel Bingo</p> <p>4:00 Helping AL's Happy Hour be even Happier!</p>	<p>9:30 Coffee Chat on the patio</p>
27	<p>10:00 Chair Zumba</p> <p>10:30 Password game</p> <p>1:00 Christmas Craft Corner</p> <p>3:00 Let's Go for a Walk & Hide Rocks!</p> <p>6:00 Friends Supporting Friends group</p>	<p>10:00 Barre Basics</p> <p>10:30 Brain-Boost Smoothies & Funny Cat Videos</p> <p>1:30 In honor of National Cat Day, let's make cat magnets!</p> <p>3:00 Let's solve Murder at the Movie Theater!</p>	<p>10:00 Basket Tower Toss</p> <p>10:30 Wii Bowling</p> <p>1:00 Christmas Bazaar planning session</p> <p>2:45 Gus Russell on Piano (AL Dining Room)</p> <p>5:00 Trunk or Treat in the Memory Care Parking lot</p>	<p>31 Halloween</p> <p>10:00 Let's Go Thrifting!</p> <p>11:30 Fries & Frosty at Wendy's</p> <p>1:30 Murder Mystery Briefing</p> <p>4:00 Happy Hour w/Finger Food</p>		