

August Recap



Celebrating

Mary R., 9/8
 Wolfgang W. 9/10
 Inger G. 9/12
 Mari J. 9/16
 Don B. 9/20
 Joan H. 9/27

Wishing you all a wonderful birthday!!

Twelve Oaks Connect

SEPTEMBER 2024

27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1500
 Facebook: /WaltonwoodTwelveOaks



Get Revved Up!!

Grandparents Day Celebration

Sunday | September 8th | 1:30-3:30pm

Classis Cars | Kona Truck | Fun for Everyone



COMMUNITY MANAGEMENT

Joe Whitney
 Executive Director

Deanna Hite
 Business Office Manager

Jacob Chamberlain
 Culinary Services Manager

Alyssa Tobias
 Independent Living Manager

Montell Ross
 Environmental Services Manager

Heather Laskos
 Marketing Manager

Casey Hess
 Marketing Manager

LaTonya Warlix
 Resident Care Manager

Priyanka Ghelani
 Wellness Coordinator

Tynasha Cobb
 Wellness Coordinator

Basma Jirjis
 Life Enrichment Manager (IL)

Alecia Greenberg
 Life Enrichment Manager (MC)

Stefanie Jones
 Life Enrichment Manager (AL)

\$3,500 RESIDENT REFERRAL BONUS
 Limited Time Only!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM

Catalina Mondragon exudes love and the joy of life. She loves and respects our residents and enjoys working with them. It makes her feel so good when she helps someone that is having a rough day or that isn't always open to be helped. Her interest and degree in Psychology makes her a great person to work in MC. She is always trying to learn more about dementia and how it effects the brain, in order to help our residents.

Catalina has 3 sons and a wonderful husband. She loves her family and being with them as much as possible. Since the boys live in Belgium, she tries to visit often or plans a trip so that they can all be together, girlfriends included. She has traveled all over Europe and South America, Mexico, Marrakech (Morocco) and Iceland. She speaks Spanish, French and has caught on very quickly to English. Her family enjoys extreme sports and have done them all over the world.

Her 3 sisters call her Mother Theresa, because of her love of helping every living creature. Catalina has rescued dogs and cats all over the world, rescuing is a huge part of her life. It all started when her family saw a dog that was in terrible condition while they were in Mexico. They rescued him and named him Fire, as he was beautiful and had red fur.



Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on your ledges for any changes.



Outings signup sheets are located in the binder in the library, they go out on the last day of every month.

Last minute outings often occur, keep an eye out on the white board by the dining room for updated daily information & always check the outing book for a new outing that was not added to the calendar.

We are not always able to pass out notices door to door during the day.



We have transportation for medical appointments on Thursdays only!

Requests are required at least 2 weeks in advance and are scheduled based on availability. Please keep in mind that we may be up to 15 minutes early or late depending on traffic and other resident appointments.

JULY HIGHLIGHTS

10 Pierogogi Festival

Annual Sweetest Heart of Mary Pierogi Polish Festival (Detroit)

15 New Resident Luncheon

Over the last couple of months, our family grew with the addition of wonderful resident!!

22 Summer Bazaar

Join us for afternoon of shopping, refreshments and live entertainment.

23 ALOHAAA.....

End of Summer Tiki Boat Party On the Detroit River!



SEPTEMBER SPECIAL EVENTS

08 Grandparents Day

Check out the cool classic cars and enjoy a cup of flavored ice from the kona truck

11 Toledo Zoo

A Trip to the Toledo zoo to check out all the different kinds or animals from around the world

20 Packard Proving Grounds

Historical tour of the packard proving grounds

24 National Cherries Jubilee

Making Cherries Jubilee in the kitchen



FOREVER FIT/WELLNESS

Pay Attention

Aches, pains, sprains and strains are all just a common part of daily life. How we manage them however can have a much greater impact on our long-term health and wellbeing. Exercise is important, sleep is essential and our bodies are constantly sending us signals and messages that act as a signpost of when we need to move more and when we need to simply rest. Listening to these feelings is crucial to taking care of ourselves and making our self-health a top priority. You are the one true expert on your own body so be attentive, be truthful and listen to the messages that your body is giving you.

EXECUTIVE DIRECTOR CORNER

It is the unofficial end of summer and the kids are back in school. This should also remind everyone that this is also the start of flu season. Waltonwood is having an Influenza Clinic October 17th for residents and staff. Waltonwood is encouraging everyone to get the Influenza Vaccine this year as it will help keep everyone safe and feeling better this year. We also encourage everyone to consider getting the Covid Vaccine and boosters if necessary. Working in the senior living environment, we are always reminded that it is important that we keep seniors healthy. Encouraging our seniors and staff to get vaccines for seasonal illness is a great place to start.

- Joe Whitney