

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Activity Packets will be available outside of the Activities Office</b> 10:00 Communion 1:00 So Dear to My Heart	9:30 Sit & Be Fit weights 10:15 <u>Unassisted Wal-Mart</u> 1:00 Bingo! 2:30 Sundaes on Monday  Labor Day	9:15 <u>Assisted Wal-Mart</u> 11:00 Yoga 1:00 Read Aloud 2:00 Board Games	9:00 Women's Bible Study 10:15 Cardio Drums 10:45 Family Feud 1:00 Forrest Gump 2:00 Men's Bible Study 3:00 Wine Down Wednesday	9:15 Aerobics 10:00 Resident Council Meeting 10:30 Resident Nutrition Meeting 12:45 Activity Forum 2:00 Bingo!	10:00 Exercise with Resistance bands 10:30 Pet Therapy 11:15 <u>Senior Center Lunch!</u> 3:00 Treats and Trivia 5:45 <u>Romeo and Juliet @ The Gladish</u>	10:00 Cardio Drums 10:30 Sing Along 1:00 Wii Bowling
<b>Activity Packets</b> 10:00 Communion 1:00 Oklahoma! 5:00 Rolling Hills Singers Assisted Living Week  Grandparents Day	9:30 Sit & Be Fit weights 10:00 Rumikube 1:00 Bingo! 2:30 Treats and Resident Trivia "Who am I?"	9:45 <u>Bank &amp; Library</u> 10:00 Yoga 10:30 Sing Along 1:00 Read Aloud 2:00 Spa Day	9:00 Women's Bible Study 10:15 Cardio Drums 10:45 Wheel of Fortune 1:00 That Funny Feeling 2:00 Men's Bible Study 3:00 Wine Down Wednesday	10:00 Aerobics 10:30 Board Game Choice 1:00 Bingo! 2:30 Flower Arranging + We are Regency Pullman - Video presentation and snacks	10:00 Exercise with Resistance bands 10:30 Pet Therapy 11:00 <u>Lunch at Thai Ginger</u> 1:00 Jenna Brozik Presentation 2:00 Happy Hour - Assisted living appreciation	10:00 Cardio Drums 10:30 Sing Along 1:00 Poker Tournament – 5 Card Draw 3:00 Fresh Peach Shakes
<b>Activity Packets</b> 10:00 Communion 1:00 Chitty Chitty Bang Bang 4:45 Singing Performance	9:30 Sit & Be Fit weights 10:00 Hang Man 1:00 Bingo! 2:30 Sundaes on Monday	9:15 <u>Assisted Safeway/Dollar Tree</u> 11:00 Yoga 1:00 Read Aloud 2:00 Courtyard Games (Subject to change to board games depending on weather)	9:00 Women's Bible Study 10:15 Cardio Drums 10:45 Let's Make a Deal 1:00 A Raisin in the Sun 2:00 Men's Bible Study 3:00 Wine Down Wednesday	10:00 Aerobics 10:30 Merry Minstrels 1:00 Bingo! 2:30 Resident Birthday Party September	10:00 Exercise with Resistance bands 10:30 Pet Therapy 12:25 <u>Senior Center Bingo!</u> 3:00 Happy Hour	10:00 Cardio Drums 10:30 Sing Along 1:00 Bingo  Oktoberfest Begins
<b>Activity Packets</b> 10:00 Communion 1:00 The King and I  Autumn Begins	9:30 Sit & Be Fit weights 10:00 Rumikube 1:00 Bingo! 2:30 Treats and Trivia	9:45 <u>Bank &amp; Library</u> 10:00 Yoga 10:30 Sing Along 1:00 Read Aloud 2:00 Wii Bowling in the Movie Room 5:00 EMS Spaghetti Feed	9:00 Women's Bible Study 10:15 Cardio Drums 10:45 Price is Right 1:00 A Walk in the Woods 2:00 Men's Bible Study 3:00 Wine Down Wednesday	10:00 Aerobics 10:30 Bingo 1:00 <u>Trip to Clearwater River Casino</u>	10:00 Exercise with Resistance bands 10:30 Pet Therapy 1:00 Manicures	9:00 <u>Moscow Farmers Market</u> 1:00 Bingo 2:15 Oktoberfest
<b>Activity Packets</b> 10:00 Communion 1:00 A Star is Born	9:30 Sit & Be Fit weights 10:00 <u>Thad's Mystery Trip</u> 1:00 Bingo! 2:30 Sundaes on Monday	<div data-bbox="979 1582 2408 1864" data-label="Section-Header"> <h1>September 2024</h1> <h2>Assisted Living</h2> </div> <div data-bbox="2439 1592 3030 1844" data-label="Image"> </div>				