

Bringing independence to living and quality to life

Regency on Whidbey— Outdoor Antics

Regency on Whidbey Residents and Staff have been making the most of the Whidbey Island sunshine this Summer. From outdoor concerts in Assisted Living to a Luau Party and Smore's by the campfire in Memory Care, Residents have been enjoying the great outdoors and all the beauty Whidbey Island has to offer with its mild summer weather.

September
2024



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Colleen Wofford
MC Life Enrichment Director

Terry Jackson
Dietary Manager

Anne Hofferth
Payroll/HR Director

Jeff Lujan
Maintenance Director

Jayla Lawing
MC Resident Care Coordinator

Rebecca Letendre
AL Resident Care Coordinator



Staff

- **James Pedimonte—9/2**
- **Vanessa Esguerra—9/5**
- **Marnisha Watkins—9/10**
- **Lola Nickols—9/11**
- **Chris Bailey—9/18**
- **Irene Cabatay—9/18**
- **Ziggy Weidenhamer—9/21**
- **Kathryn Brace—9/24**
- **Elizabeth Lovelady—9/30**



Medications for Outings

If you will be taking your loved one out & they will require medication during their absence, Please notify us at least 2 hours prior, so that we can have their medication ready.

Thank you!!

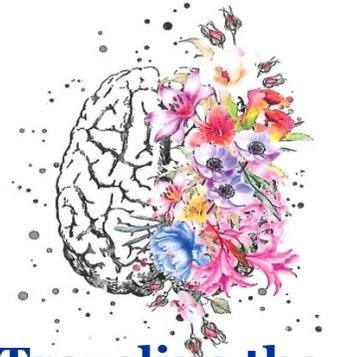


Regency's Beauty Salons

Emily Kitchens will be filling in at both the Memory Care & Assisted Living Hair Salons.

MC— Every OTHER Monday
AL— Thursday & Friday Mornings

AL Residents should make Appointments in the Sign-Up Book across from Activities



Traveling the Dementia Journey Together

Regency on Whidbey invites you to join our Memory Care Support Group

The 2nd Thursday
of the Month
2:00pm—3:30pm

Regency Assisted
Living Building
3rd Floor Day Room



Door Hours

Regency on Whidbey's Front door is unlocked from 8:30am—5:00pm Daily

Please schedule visits appropriately.

If you will be visiting or returning to the building after 5:00pm, please contact the front desk for the door code.

Thank you!!



on facebook.



Bonnie Patterson joined the Regency on Whidbey team on July 29th, as our new Business Office Manager.

Bonnie is a Whidbey Island native. Born in Coupeville, she graduated from Oak Harbor High School and attended Skagit Valley College. Bonnie's family owned a Bike shop in Oak Harbor, and she worked as their bookkeeper and office manager for several years.

After working as a Financial Assistant for another company, Bonnie was asked by a friend to take on the position of Business Office Manager at Cypress Assisted Living in Anacortes. She remained there for almost five years, before coming to Regency on Whidbey.

Bonnie enjoys working with numbers and is happy to be closer to home in her new position at Regency. She looks forward to meeting more of our Residents and their families.

Please join us in welcoming Bonnie!!



All Doctors appointments MUST be reported to the Med. Room.

If you wish to take the Regency bus on Doctor Day, you MUST schedule your ride with the Front Desk 24 Hours before your appointment.

The Last Tuesday of every month is reserved for Anacortes Doctor Visits ONLY We cannot accommodate visits to other areas. Please DO NOT schedule local appointments on that day.

Thank You!!!



Fighting Alzheimer's

Our annual Rock-a-Thon to End Alzheimer's is over, but there is still time to donate...

If you would like to support this important cause, please stop by to make a donation or purchase one of our purple pens for \$5

Donations can also be made online at...

<http://act.alz.org/goto/regencyonwhidbey>

Thank you for your support!



Residents

- **Carla Holmes—9/3**
- **Kati Corsaut—9/5**
- **Rena Davis—9/6**
- **Bill O'Brien—9/9**
- **Marge Cloudy—9/11**
- **Darlene Cognion—9/12**
- **Judi Krause—9/15**
- **Kathy Morse—9/15**
- **Bernie Lange—9/17**
- **Donna Douglass—9/18**
- **Janet Traver—9/18**
- **Carole Lafond—9/19**
- **Donna Grate—9/25**
- **Dixie Wynn—9/25**
- **Donald Jaques—9/27**
- **Greg Gilmore—9/29**
- **Paul Gumbel—9/30**



Congratulations July RESPECT Winner— Mandy Gibbs

Mandy was born in Coupeville. While she did live in Oak Harbor for some of her youth, as a military child, she also lived in California and Maryland. She graduated from Lemoore High School in California. When her family returned to Whidbey Island, Mandy followed, and has been in Oak Harbor since 2008.

Mandy began her nursing journey in Maryland when a friend said, "being a C.N.A. would be fun." It seemed reasonable, so she applied and was hired at a skilled nursing facility. Looking back, Mandy says nursing "is really my passion. It has always been my heart." Wanting to turn that passion into a career, Mandy eventually, continued her education at Skagit Valley College. In their Nursing program she earned her LPN and IV certification. Over the years Mandy has provided care at several different locations, as well as doing in home care.

Two years ago Mandy joined the team at Regency on Whidbey. Her dedication and knowledge was obvious, and she was quickly promoted to the position of Memory Care Nurse Manager. Mandy's 'heart' for her work shines through whether working with Residents or Staff. She is always willing to help wherever she is needed. Her positive attitude and smile brighten everyone's day. It is for these reasons that Mandy was named as our July Employee of the Month.

Thank you, Mandy, for all you do!!
Congratulations!!!



Fitness Fun



Brain Games



Speakers



Celebrating 101 Years!!

Unfortunately, Mary passed away peacefully, on August 19th. Many people in our community came out to help make her last Birthday extra special, so we have decided to share some of those pictures.

Rest in Peace, Mary. You are missed!



Memory Care Moments

