

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00-Exercise 10:00-Churchstream 10:30-Snacks & Hydration 11:00-Basketball Toss 1:00-Coloring Club 2:00-Sunday News 2:30-Snacks & Hydration 3:00-Movie & Popcorn 6:00-Resident game choice 6:30-Snacks & Hydration	9:00-Exercise 10:00-Daily Chronicles 10:30-Snacks & Hydration 11:00-Jingo 1:00-Walk-n-Talk 2:00- Paint & Polish Nail Care 2:30-Snacks & Hydration 3:00-Card Sharks 3:30-Guitar music w/Williamson 6:00-Mix-n-Match 6:30-Snacks & Hydration	9:00-Exercise 10:00-Fall Craft 10:30-Snacks & Hydration 11:00-A-Z Trivia 1:00-Bingo 2:00- Mary Kate & her Harp 2:30-Snacks & Hydration 3:30-Fox Fitness w/Lisa 6:00-Resident game choice 6:30-Snacks & Hydration	9:00-Exercise 10:00-Alicia's Kitchen 10:30-Snacks & Hydration 11:00-Fun w/Letters 1:00-Walk-n-Talk 1:15-Country Ride 2:00-Music Time 2:30-Snacks & Hydration 3:00-Card Sharks 6:00-Mix-n-Match	9:00-Exercise 10:00-Daily Chronicles 10:30-Snacks & Hydration 11:00-Church w/Fr. Eric 1:00-Bingo 2:00-What Am I??? 2:30-Snacks & Hydration 3:30-Fox Fitness w/Lisa 6:00-Family Meet-n-Greet	9:00-Exercise 10:00-Daily Chronicles 10:30-Snacks & Hydration 10:30-Music w/Rhonda 11:00-Puzzle Time 1:00-Horseshoe Pitch 2:30-Happy Hour 3:30-Reminisce 6:00-Andy Griffith 6:30-Snacks & Hydration	9:00-Exercise 10:00-In the News 10:30-Snacks & Hydration 11:00-Parachute Fun COLLEGE FOOTBALL 1:00-Beanbag Twister 2:00-I Spy 2:30-Snacks & Hydration 3:00-Bingo 6:00-Resident game choice 6:30-Snacks & Hydration	
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September 2024

Senior Commons Daybreak Activities

