SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sept 1	Sept 2 ************************************	Sept 3 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 11:00am - 4:00pm - Swim w/Buddy P 6:30pm - Game Night - GR	Sept 4 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy -P 9:00 am - Grocery Shopping - B 1:30pm-Bible Study - GR	Sept 5 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 11:am - 4:00pm - Swim w/Buddy - P 1:30pm - Mahjong - GR	Sept 6 8:30 am - 4:00pm - Swim w/Buddy - P 10:00am - Bocci Ball back lawn 1:30pm Table Tennis - GR	Sept 7
Sept. 8	Sept. 9 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	Sept. 10 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 11:00am - 4:00pm - Swim w/Buddy P 6:30pm - Game Night - GR	Sept. 11 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm-Bible Study - GR	Sept. 12 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Olde Kountry Market- B 11:am - 4:00pm - Swim w/Buddy - P 1:30pm - Mahjong - GR	Sept. 13 8:30 am - 4:00pm - Swim w/Buddy - P 10:00am - Cornhole - back lawn 10:00am - Vernon Downs - B 1:30pm Table Tennis - GR	Sept 14 9th ANNUAL FALL CRAFT/VENDOR FESTIVAL! 10:00am-2:00pm Crafts, DJ,, bake sale, food truck & fun!
Sept. 15	Sept. 16 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR 3:00pm - Needles Niche - GR	Sept. 17 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 10:00 am - BOSCOV's - B 11:00am - 4:00pm - Swim w/Buddy P 6:30pm - Game Night - GR	Sept. 18 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm-Bible Study - GR 3:00pm-Resident Association Meeting - GR	Sept 19 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 11:00am - 3:00pm - Swim w/Buddy -P 3:30pm - Oktoberfest - GR Fritz's Polka Band will be back with all the favorites!	Sept 20 8:30 am - 2:00pm - Swim w/Buddy - P 1:30pm Table Tennis - GR	Sept 21
Sept 22	Sept 23 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy-P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	Sept 24 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P WALGREEN'S FLU CLINIC 12:30PM-3:30PM GREAT ROOM 6:30pm - Game Night - GR	Sept 25 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy -P 9:00 am - Grocery Shopping - B 12:30pm - Turning Stone - B	Sept 26 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Clinton Farmer's Market- B 11:am - 4:00pm - Swim w/Buddy - P	Sept 27 8:30 am - 4:00pm - Swim w/Buddy - P 8:30am - Pancake Sausage Breakfast-GR 1:30pm Table Tennis - GR	Sept 28
Sept 29	Sept 30 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy-P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR		Sept	ewbe		
LOCATION KEY CR = Craft		L = Library P = Pool T = Theater	+ Social +		HOURS Monday - Friday Saturday Sunday	8:30 am - 4:30 pm By Appointment CLOSED

ANNOUNCEMENTS & ACTIVITIES

Watch for these upcoming events... Save the date(s) Upcoming activities/events, watch for more information:

Sat., Sept. 14th, 10:00am-2:00pm - 9th Annual Fall Craft Vendor Festival

Thurs., Sept. 19th, 3:30pm - Oktoberfest with Fritz's Polka Band

Tues., Sept. 24th, 12:30pm-3:30pm - Walgreen's Flu Clinic

Friday, Sept 27th, 8:30am - Pancake Sausage Breakfast

Weds., Oct. 16th, 10:00am - United Healthcare Medicare Seminar

Thurs., Oct 31st, 4:00pm-6:00pm - Halloween Party w/Frank Cannistra



Jillian Ksiadz - Property Manager Anita Walker - Assistant Manager Bradley Patterman - Lead Maint Justin Weaver - Maint Tech Alexis Cleavland - Housekeeper Tony Fraccola - Transportation

SCHUYLER DIRECTORY

Office: (315) 266-0145 Fax: (315) 266-0274 Salon: (315) 266-0252 Nikki's Cell: (315)794-0612





HELLO SEPTEMBER





an allure active adult community

1776 Independence Square Utica, NY 13502

