

HIGHLIGHTED ACTIVITIES

Themed Movie Nights! Every night at 6:30pm in the Theater

Come to the theater every night for a different theme of movie after dinner at 6:30pm. We have Sunday Suspense, Monday Musicals, Tuesday Romance, Wednesday Westerns, Thursday Thriller, Funny Fridays, and Spooky Saturdays.

Happy Hour - Mountain Lakes Dining Room Thursdays, 3:00pm

Join us every Thursday in the Dining Room for some wine, appetizers and entertainment. There will be a new entertainer each week.

Grand Parents Day Celebration Sunday, September 15th 10:30am-1:30pm

Come celebrate our amazing grandparents and all they do for us at our Monthly family Brunch. Grandparents and their grandchildren will eat for free. Other guests are \$20 a person. Sign up at the front desk and reserve your time slot. Brunch is from 10:30am to 1:30pm with time slots every 15 minutes. There will also be live music from the 40s, 50s, 60s, and 70s.

Reno Air Races Friday September 6th at 4:30am

The bus will leave Mountain Lakes at 4:30am and go to Rancho San Raphael to watch the balloon races on Friday September 6th.

Reno ACES Baseball Game Friday September 6th at 5:00pm

The bus will leave Mountain Lakes at 5:00pm to go to the final Reno ACES Baseball game of the season that Mountain Lakes has tickets for. Bring a sweater, hat, and some sunscreen. Bags need to be clear if you plan to bring them to the game.

September Birthday Celebration at 3:00pm in the Bistro

Come celebrate the wonderful people who were born in September. Come have some cake and hang out with our fellow residents at 3:00pm in the Bistro.

Fall Equinox Party September 23rd at 3:00pm in Bistro

Come to the Bistro on September 23rd at 3:00pm and join in on the fall festivities for the beginning of autumn at the Fall Equinox Party.

Mountain Lakes Fiesta Taco Bar & Margaritas September 25th 11 to 4:30pm

Enjoy a Hispanic themed buffet style lunch and dinner. Make your own tacos and all the fixings while you enjoy fresh homemade margaritas, frozen or on the rocks, original or flavored, made by your own Mountain Lakes Activities Director/Bartender, Challon.

Sparrow Boutique - September 27th 11:00am to 5:00pm

Come join Dorie while she puts all her new selections of jewelry on display. All jewelry is \$5. She will be set up from 11am to right after dinner starts. Dining Room

90th Birthday Bash with Elvis Impersonator September 17th at 2pm in Bistro

Come celebrate a former resident's birthday, Marvilyn Sherry, as she turns 90 years old. This is a surprise birthday party for her. She is a huge Elvis fan so Mountain Lakes has brought in the best Elvis Impersonator on the west coast. He has even been on the news for how amazing he is. Come celebrate with her and her family.

Bead Jewelry With Challon 2nd and 4th Thursday of the month at 1pm

Come make some jewelry and learn how to bead on the second and fourth Thursday of the month. You can make bracelets and necklaces and even keychains. These can be great Christmas presents.

Art With Michelle 1st and 3rd Thursday of the month at 1pm

Come show off your artistic abilities and paint beautiful pictures while Michelle who is a local artist walks you through it step by step.

SEPTEMBER BIRTHDAYS:



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>8:00am Worship in Church -BT 2:00pm Knit Happens Club -DR 3:00am Mexican Train -B 6:30pm Sunday Suspense -T</div>	<div>2</div> <div>9:00am Mingle With Staff -DR 10:00am Trivia With Beth -CR 1:30pm Bonus Bingo -B 3:00pm Bean Bag Baseball - B 3:00pm Senior Tai Chi -FC 5:30pm Texas Hold “Em -CR 6:30pm Monday Musical</div>	<div>3</div> <div>10:00am Group Exercise With Betty- B 1:00pm Pinochle -CR 1:00pm Saver’s Shopping -BT 3:00pm Live Music with Singer and Pianist John Palmore -DR 5:30pm Ice Cream Social -B 6:30pm 2nd Floor Meeting -L 6:30pm Tuesday Romance -T</div>	<div>4</div> <div>10:00am Coil Basketry With Irene -B 10:45am Flex Your Brain -B 1:30pm Bingo With Challon - B 3:00pm September Birthday Celebration -B 3:15pm Beanbag Baseball -B 5:30pm Texas Hold ‘Em -CR 6:30pm 1st Floor Meeting -L 6:30pm Wednesday Western -T</div>	<div>5</div> <div>10:00am Group Exercise With Betty -B 10:45am Thirsty Thursday Smoothies -B 11:00am Catholic Service With Michael -T 1:00pm Bible Study -T 1:00pm Art With Michelle -B 3:00pm Mountain Lakes presents CeCe “An Aretha Franklin Tribute” -DR 6:30pm 4th Floor Meeting -4C 6:30pm Thriller Thursday -T</div>	<div>6</div> <div>4:30am Watch the Balloon Races at Rancho San Raphael -BT 10:00am Body & Balance With Vikki -T 10:00am Trivia With Beth -CR 10:30am Smith’s Shopping -BT 1:00pm Pinochle/Bridge -CR 1:00pm Walmart Shopping -BT 5:00pm ACES Baseball Game -BT 6:30pm 3rd Floor Meeting -3C 6:30pm Funny Fridays -T</div>	<div>7</div> <div>1:30pm Bingo With Brynn -B 3:00pm Needle Work -B 6:30pm Spooky Saturdays -T</div>
<div>8</div> <div>8:00am Worship in Church -BT 2:00pm Knit Happens Club -DR 3:00am Mexican Train -B 6:30pm Sunday Suspense -T</div>	<div>9</div> <div>10:00am Trivia With Beth -CR 10:30am Rosary Prayer With Michael -T 1:30pm Bingo -B 3:00pm Bean Bag Baseball - B 3:00pm Senior Tai Chi -FC 5:30pm Texas Hold “Em -CR 6:30pm Monday Musical</div>	<div>10</div> <div>10:00am Group Exercise With Betty- B 10:45am Lunch at The Parlor -BT 1:00pm Pinochle -CR 1:00pm Dollar Tree Shopping -BT 3:00pm Live Music with Vocalist & Guitarist DD James -DR 5:30pm Ice Cream Social -B 6:30pm Tuesday Romance -T</div>	<div>11</div> <div>10:00am Coil Basketry With Irene -B 10:45am Flex Your Brain -B 1:30pm Bingo With Challon - B 3:00pm Beanbag Baseball -B 5:30pm Texas Hold ‘Em -CR 6:30pm Wednesday Western -T</div>	<div>12</div> <div>10:00am Group Exercise With Betty -B 10:45am Thirsty Thursday Smoothies -B 11:00am Catholic Service With Michael -T 1:00pm Bible Study -T 1:00pm Jewelry With Challon -B 3:00pm Mountain Lakes Presents ENCORE-DR 6:30pm Thriller Thursday -T</div>	<div>13</div> <div>10:00am Body & Balance With Vikki -T 10:00am Trivia With Beth -CR 10:30am Costco Shopping -BT 1:00pm Pinochle/Bridge -CR 1:00pm Michael’s/Hobby Lobby -BT 6:30pm Funny Fridays -T</div>	<div>14</div> <div>1:30pm Bingo With Brynn -B 3:00pm Needle Work -B 6:30pm Spooky Saturdays -T</div>
<div>15</div> <div>8:00am Worship in Church -BT 10:30am Grandparent Appreciation Brunch* -DR 2:00pm Knit Happens Club -DR 3:00pm Mexican Train -B 6:30pm Sunday Suspense -T *Grandchildren eat free as well as grandparents</div>	<div>16</div> <div>10:00am Trivia With Beth -CR 10:30am Rosary Prayer With Michael -T 1:30pm Bingo -B 3:00pm Bean Bag Baseball - B 3:00pm Senior Tai Chi -FC 5:30pm Texas Hold “Em -CR 6:30pm Monday Musical</div>	<div>17</div> <div>10:00am Group Exercise With Betty- B 10:45am Lunch: Flowing Tide -BT 1:00pm Pinochle -CR 1:00pm Goodwill Shopping -BT 2:00pm 90th Birthday Bash with Elvis Impersonator -DR 5:30pm Ice Cream Social -B 6:30pm Tuesday Romance -T</div>	<div>18</div> <div>10:00am Coil Basketry With Irene -B 10:45am Flex Your Brain -B 1:30pm Bingo With Challon - B 3:00pm Beanbag Baseball -B 5:30pm Texas Hold ‘Em -CR 6:30pm Wednesday Western -T</div>	<div>19</div> <div>10:00am Group Exercise With Betty -B 10:45am Thirsty Thursday Smoothies -B 11:00am Catholic Service With Michael -T 1:00pm Bible Study -T 1:00pm Art With Michelle -B 3:00pm Sing Along With Jacques and Vince-DR 6:30pm Thriller Thursday -T</div>	<div>20</div> <div>10:00am Body & Balance With Vikki -T 10:00am Trivia With Beth -CR 10:30am Smith’s Shopping -BT 1:00pm Pinochle/Bridge -CR 1:00pm Walmart Shopping -BT 6:30pm Funny Fridays -T</div>	<div>21</div> <div>1:30pm Bingo With Brynn -B 3:00pm Needle Work -B 6:30pm Spooky Saturdays -T</div>
<div>22</div> <div>8:00am Worship in Church -BT 2:00pm Knit Happens Club -DR 3:00am Mexican Train -B 6:30pm Sunday Suspense -T</div>	<div>23</div> <div>10:00am Trivia With Beth -CR 10:30am Rosary Prayer With Michael -T 1:30pm Bingo -B 3:00pm Fall Equinox Party - B 3:00pm Senior Tai Chi -FC 5:30pm Texas Hold “Em -CR 6:30pm Monday Musical</div>	<div>24</div> <div>10:00am Group Exercise With Betty- B 10:45am Lunch at Thai Lotus -BT 1:00pm Pinochle -CR 1:00pm Saver’s Shopping -BT 3:00pm Sing Along With Jacques and Vince -DR 5:30pm Ice Cream Social -B 6:30pm Tuesday Romance -T</div>	<div>25</div> <div>10:00am Coil Basketry With Irene -B 10:45am Flex Your Brain -B 11-4:30pm Mountain Lakes Fiesta Taco Bar and Margaritas -DR 1:30pm Bingo With Challon - B 3:00pm Beanbag Baseball -B 5:30pm Texas Hold ‘Em -CR 6:30pm Wednesday Western -T</div>	<div>26</div> <div>10:00am Group Exercise With Betty -B 10:45am Thirsty Thursday Smoothies -B 11:00am Catholic Service With Michael -T 1:00pm Bible Study -T 1:00pm Jewelry With Challon -B 3:00pm KARAOKE & COCKTAILS -DR 6:30pm Thriller Thursday-T</div>	<div>27</div> <div>10:00am Body & Balance With Vikki -T 10:00am Trivia With Beth -CR 10:30am Trader Joe’s Shopping -BT 11:00am Sparrow Boutique -DR 1:00pm Pinochle/Bridge -CR 1:00pm Shopping at Winco -BT 6:30pm Funny Fridays -T</div>	<div>28</div> <div>1:30pm Bingo With Brynn -B 3:00pm Needle Work -B 6:30pm Spooky Saturdays -T</div>
<div>29</div> <div>8:00am Worship in Church -BT 2:00pm Knit Happens Club -DR 3:00am Mexican Train -B 6:30pm Sunday Suspense -T</div>	<div>30</div> <div>10:00am Trivia With Beth -CR 10:30am Rosary Prayer With Michael -T 1:30pm Bingo -B 3:00pm Bean Bag Baseball - B 3:00pm Senior Tai Chi -FC 5:30pm Texas Hold “Em -CR 6:30pm Monday Musical</div>				<div>To those born in September, the Mtn Lakes team wishes you the Happiest of Birthdays!</div>	

LOCATION KEY

DR= Dining Room L=Library BT=Bus Trip B = Bistro
T = Theater CR = Card Room FC = Fitness Center
4C= 4th Floor Common Area 3C= 3rd Floor Common Area

Nate Williams | Executive Director
Donna Monroy | Business Office Manager
Joy Hepner | Sales Director
Joseph Leberski | Dining Director
Fernando Lopez | Maintenance Director
Challon Serrano | Activities Director

OFFICE HOURS DIRECTORY

Monday - Saturday 8am - 5pm Sunday CLOSED
FRONT DESK | 775.384.1026
HAIR STYLIST| Terriejean Olsen|775.560.3842
NAIL TECHNICIAN| Crystal |.(775)