## SEPTEMBER 2024

7390 West Eastman Place, Lakewood, CO 80227 303-988-2848 | LakeviewSeniorLiving.com



an allure independent living community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul> <li>9:30 Scripture Study with Glynn (CR)</li> <li>10:30 Core Strength &amp; Stretching (WC)</li> <li>11:00 King Soopers*</li> <li>1:00 Game Time - Rummiikub and Domino's (SL)</li> <li>2:00 Cooking with Kit - "Personal Pizzas" (CR)</li> <li>7:00 Movie - "How Do You Know" (TH)</li> </ul>	<ul> <li>9:15 Aerobics &amp; Rhythm (WC)</li> <li>10:00 King Soopers - Trip #1     *</li> <li>10:30 Mindful Meditation &amp; Aromatherapy (TH)</li> <li>10:40 King Soopers - Trip #2 *</li> <li>11:30 Labor Day BBQ (DR)</li> <li>2:00 Labor Day Lemonade &amp; Cookies (BP)</li> <li>3:00 Wii Bowling (CR)</li> <li>7:00 Movie - "The World's Fastest Indian (TH)</li> </ul>	<ul> <li>9:30 Exercise with Small Balls (WC)</li> <li>10:00 Legacy Health Talk "Preventing Falls" (CR)</li> <li>10:30 Kindness Coloring with Marian (SL)</li> <li>2:00 Resident Council Meeting (All Residents Encouraged to Attend) (D)</li> <li>3:00 Yazhtee (SL)</li> <li>7:00 Movie - "Star Trek Beyond" (TH)</li> </ul>	<ul> <li>9:30 Move &amp; Groove with Marquis (WC)</li> <li>10:00 New Resident Orientation (All New Residents from last 2 months encouraged to attend) (CR)</li> <li>10:10 About Town - Walmart (Trip #1) *</li> <li>10:30 About Town - Walmart (Trip #2)*</li> <li>1:30 Bingo (CR)</li> <li>2:00 Nature Lovers - Walk at Allendale Park*</li> <li>7:00 Movie - "The Two Popes" (TH)</li> </ul>	<ul> <li>9:30 Tai Chi Exercise (WC)</li> <li>10:15 Fall Jewelry Jamboree with Rita* (CR)</li> <li>1:00 Catholic Rosary (CR)</li> <li>2:30 Square Dancers Show (DR)</li> <li>7:00 Movie - "Woman In Gold" (TH)</li> </ul>	<ul> <li>9:30 Exercise - Balance, Body, Brains &amp; Breath (WC)</li> <li>10:00 Donuts with Friends (and calendar suggestions with Betsy) (CR)</li> <li>10:15 King Soopers Trip*</li> <li>2:45 End of Summer Bash with Entertainer Rodney Osburn (DR)</li> <li>6:00 Poker Night (SL)</li> <li>7:00 Movie - "The Persuasion" (TH)</li> </ul>	<ul> <li>9:45 Hand Weights Workout (WC)</li> <li>10:15 Bingo (CR)</li> <li>10:30 Writer's Workshop (BI)</li> <li>1:30 Crafting with Kit - Fall Door Decor (CR)</li> <li>3:00 Netflix Series: Longmire (TH)</li> <li>3:00 Special Guest Presentation - "A Tasting &amp; Talk on American Beer Brewing" (CR)</li> <li>7:00 Movie - "Ghostbusters: Frozen Empire" (TH)</li> </ul>
<ul> <li>9:30 Scripture Study with Glynn (CR)</li> <li>10:30 Core Strength &amp; Stretching (WC)</li> <li>1:00 Game Time - Rummiikub and Domino's (SL)</li> <li>1:00 Needle Work Group (CR)</li> <li>2:00 Grandparents Day - Ice Cream Bars (Families Are Welcome) (BP)</li> <li>3:00 Documentary - "The Battered Bastards of Baseball" (TH)</li> <li>7:00 Movie - "To All The Boys I Loved Before" (TH)</li> </ul>	<ul> <li>9:15 Aerobics &amp; Rhythm (WC)</li> <li>10:00 King Soopers - Trip #1 *</li> <li>10:30 Mindful Meditation &amp; Aromatherapy (TH)</li> <li>10:40 King Soopers - Trip #2 *</li> <li>2:00 Tech Time with Terry</li> <li>3:00 Wii Bowling (CR)</li> <li>7:00 Movie - "Purple Hearts" (TH)</li> </ul>	<ul> <li>9:30 Exercise with Small Balls (WC)</li> <li>10:00 Legacy - Blood Pressure Clinic</li> <li>10:30 Kindness Coloring with Marian (SL)</li> <li>2:00 Sing A Long Social with Guest Marquis (CR)</li> <li>7:00 Movie - "Lola and the Kid" (TH)</li> </ul>	<ul> <li>9:30 Move &amp; Groove with Marquis (WC)</li> <li>10:15 Outing - Dollar Tree*</li> <li>1:30 Bingo (CR)</li> <li>2:00 Nature Lover's - Walk at Kendrick Park*</li> <li>7:00 Movie - "Downtown Owl" (TH)</li> </ul>	<ul> <li>2:30 Humongous Words (CR)</li> <li>9:30 Tai Chi Exercise (WC)</li> <li>10:30 Crafting - Diamond Art (SL)</li> <li>1:00 Catholic Rosary (CR)</li> <li>4:15 Pizza Party (Sign Up Required)* (CR)</li> <li>7:00 Movie - "Drawing Closer" (TH)</li> </ul>	<ul> <li>9:30 Exercise - Balance, Body, Brains &amp; Breath (WC)</li> <li>10:30 Chocolate Lovers Delight! Tastings for International Chocolate Day (CR)</li> <li>12:30 Jeffco Library Book Mobile (BP)</li> <li>2:45 Happy Hour with Country Singer Gary Reed (DR)</li> <li>6:00 Poker Night (SL)</li> <li>7:00 Movie - "Family Switch" (TH)</li> </ul>	<ul> <li>9:45 Hand Weights Workout (WC)</li> <li>10:15 Bingo (CR)</li> <li>10:30 Outing - Kohls*</li> <li>1:00 Game Time - Rummiikub (SL)</li> <li>1:45 Outing - Kohls (Trip #2)*</li> <li>3:00 Netflix Series: Longmire (TH)</li> <li>7:00 Movie - "Matilda" (TH)</li> </ul>
<ul> <li>9:30 Scripture Study with Glynn (CR)</li> <li>10:30 Core Strength &amp; Stretching (WC)</li> <li>11:00 Crafting with Kit (open art studio from 11am - 2:30pm) (CR)</li> <li>2:25 Broncos Watch Party (Steelers vs. Broncos) (SL)</li> <li>7:00 Movie - "Find Me Falling" (TH)</li> </ul>	<ul> <li>9:15 Aerobics &amp; Rhythm (WC)</li> <li>10:00 King Soopers - Trip #1 *</li> <li>10:30 Mindful Meditation &amp; Aromatherapy (TH)</li> <li>10:40 King Soopers - Trip #2 *</li> <li>3:00 Wii Bowling (CR)</li> <li>7:00 Movie - "Big George Forman" (TH)</li> </ul>	<ul> <li>9:30 Exercise with Small Balls (WC)</li> <li>10:30 Kindness Coloring with Marian (SL)</li> <li>2:00 Colorado History Presentation - A Woman's Side of Pioneer Life (CR)</li> <li>7:00 Movie - "Parachute" (TH)</li> </ul>	<ul> <li>9:30 Move &amp; Groove with Terry (WC)</li> <li>10:15 About Town - Walmart*</li> <li>1:30 Bingo (CR)</li> <li>2:00 Nature Lover's - Walk at Bear Valley Pathway*</li> <li>7:00 Movie - "The Bikeriders" (TH)</li> </ul>	<ul> <li>9:30 Tai Chi Exercise (WC)</li> <li>10:30 Crafting - Diamond Art (SL)</li> <li>1:00 Catholic Rosary (CR)</li> <li>2:00 Chef On Display - (Q&amp;A Time with Chef) (DR)</li> <li>3:00 Humongous Words (CR)</li> <li>7:00 Movie - "The Help" (TH)</li> </ul>	<ul> <li>9:30 Exercise - Balance, Body, Brains &amp; Breath (WC)</li> <li>11:00 Outing - Lunch at Longhorn Steakhouse*</li> <li>2:45 Happy Hour with Entertainer Scott Hackler (DR)</li> <li>6:00 Poker Night (SL)</li> <li>7:00 Movie - "Junebug" (TH)</li> </ul>	<ul> <li>9:45 Hand Weights Workout (WC)</li> <li>10:15 Bingo (CR)</li> <li>10:30 Writer's Workshop (BI)</li> <li>1:00 Game Time - Rummiikub (SL)</li> <li>2:00 Fall Apple Dipping Bar (CR)</li> <li>3:00 Netflix Series: Longmire (TH)</li> <li>7:00 Movie - "On Fire" (TH)</li> </ul>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul> <li>9:30 Scripture     Study with Glynn     (CR)</li> <li>10:30 Core Strength &amp;     Stretching (WC)</li> <li>1:00 Game Time -     Rummiikub and     Domino's (SL)</li> <li>1:00 Needlework     Group (CR)</li> <li>1:30 Outing - Magills     Ice Cream*</li> <li>7:00 Movie - Lost Boy"     (TH)</li> </ul>	<ul> <li>9:15 Aerobics &amp; Rhythm (WC)</li> <li>10:00 King Soopers - Trip #1 *</li> <li>10:30 Mindful Meditation &amp; Aromatherapy (TH)</li> <li>10:40 King Soopers - Trip #2 *</li> <li>3:00 Wii Bowling (CR)</li> <li>7:00 Movie - "Fisherman's Friend" (TH)</li> </ul>	<ul> <li>9:30 Exercise with Small Balls (WC)</li> <li>10:30 Kindness Coloring with Marian (SL)</li> <li>2:00 Group Karaoke with Guest Marquis (CR)</li> <li>3:00 Outing - Arc Thrift Store*</li> <li>7:00 Movie - "A Friend of the Family" (TH)</li> </ul>	<ul> <li>9:30 Move &amp; Groove with Marquis (WC)</li> <li>9:30 Outing - Gambling Trip to Blackhawk*</li> <li>10:00 Morning Matinee (Resident Choice)</li> <li>1:30 Bingo (CR)</li> <li>3:30 Billiards &amp; Beer (and Rootbeer)</li> <li>7:00 Movie - "Moonrise Kingdom" (TH)</li> </ul>	<ul> <li>9:30 Tai Chi Exercise (WC)</li> <li>10:30 Crafting - Diamond Art (SL)</li> <li>1:00 Catholic Rosary (CR)</li> <li>3:00 Humongous Words (CR)</li> <li>7:00 Movie - "The Great Outdoors" (TH)</li> </ul>	<ul> <li>9:30 Exercise - Balance, Body, Brains &amp; Breath (WC)</li> <li>10:30 Danishes and Memories of High School Proms</li> <li>12:30 Jeffco Library Book Mobile (B)</li> <li>4:30 Lakeview "Senior Prom" (Elegant Dinner &amp; Entertainment provided by Maverick Mike) (DR)</li> <li>6:00 Poker Night (SL)</li> <li>7:00 Movie - "Permanent" (TH)</li> </ul>	<ul> <li>9:45 Hand Weights Workout (WC)</li> <li>10:15 Bingo (CR)</li> <li>1:00 Game Time - Rummiikub (SL)</li> <li>2:00 "National Drink A Beer Day" - Fall Beers on Back Patio (BP)</li> <li>3:00 Netflix Series: Longmire (TH)</li> <li>7:00 Movie - "Wild Oats" (TH)</li> </ul>
• 9:30 Scripture <b>29</b> Study with Glynn	9:15 Aerobics & <b>30</b> Rhythm (WC)			Happy Birthday!	Location Key	Activity Types
(CR)  10:30 Core Strength & Stretching (WC)  1:00 Game Time - Rummiikub and Domino's (SL)  2:00 September Birthday Party (CR)  7:00 Movie - "Ceremony" (TH)	10:00 King Soopers - Trip #1 *  10:30 Mindful Meditation & Aromatherapy (TH)  10:40 King Soopers - Trip #2 *  2:00 Book Club (Discussion on current book and pickup new books) (LI)  3:00 Wii Bowling (CR)  7:00 Movie - "Once Upon A Texas Train" (TH)			Pat B Sept. 2 Paul L Sept. 2 Rita O Sept. 3 Judy B Sept. 8 B. Simms - Sept. 26 Jeanette M Sept. 30	CR = Community Room TH = Theatre DR = Dining Room WC = Wellness Center SL = Sky Lounge BI = Bistro BP = Back Patio LI = Library	<ul> <li>Emotional</li> <li>Entertainment</li> <li>Inspired</li> <li>Intellectual</li> <li>Involved</li> <li>Outings</li> <li>Physical</li> <li>Social</li> <li>Spiritual</li> </ul>