


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Seated Marching YS 11:00 Eagle Brook Church Online TR 1:45 Hand and Foot CR 2:00 Musical Sunday: Love Linda: The Life of Mrs. Cole Porter TR 3:00 Needles and Chat AS 6:00 Rummikub CR	8:30 Chair Aerobics w/ Ball YS 9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 How The Earth Was Made TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour Pub	8-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Seated HIT Workout YS 11:00 Cribbage CR 1:30 <b>Pillar's Social Hour: Frozen Treats CR</b> 2:30 Rummikub CR 3:00 Low Impact Workout Video YS 5:45 Hand and Foot CR	9:00 Coffee and Chat CR 10:00 Chair Workout Dumb Bells YS 11:00 War Wrecks TR 1:30 Afternoon Tea CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour in the Pub 6:00 Movie: Wonder TR	8:30 Posture and Balance YS 9:00 Coffee and Chat CR 10:00 Posture and Balance YS 11:00 AC Travel: Land of Nomads TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 <b>Pillars Cocktails: Mead and Trivia Pub</b> 6:30 500 CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Aerobics YS 11:00 TED Talk with Joel Ahlstrom TR 1:00 Bridge AS 1:30 313 Card Game CR 2:00 Catholic Communion Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub	9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Rummikub CR 11:00 Cornhole TR 1:30 Cards or Dice CR 3:00 Movie: The Forgotten Battle TR 6:00 Adult Coloring AS
9:30 <b>Donuts for Grand Parents CR</b> 10:00 Seated Marching YS 11-1 <b>Walker and Wheelchair Wash ALZ Fundraiser</b> 1:45 Hand and Foot CR 2:00 Musical Sunday: Antony and Cleopatra TR 3:00 Needles and Chat AS 6:00 Rummikub CR <b>Happy Grandparents Day Assisted Living Week</b>	8:30 Chair Aerobics w/ Ball YS 9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 How The Earth Was Made TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour Pub <b>Team Color Monday</b>	8-12 Rides to Medical Appts 9:00 Coffee and Chat CR 9:40 <b>Aldi</b> 10:00 Seated HIT Workout YS 11:00 Cribbage CR 1:30 <b>Social Hour: September Birthday Celebration CR</b> 2:30 Rummikub CR 3:00 Low Impact Workout Video YS 5:45 Hand and Foot CR <b>Sports Pride Tuesday</b>	9:00 Coffee and Chat CR 10:00 Chair Workout Dumb Bells YS 11:00 War Wrecks TR 1:00 Talent Show Rehearsal Pub 2:00 Coffee with Chris DR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour in the Pub 6:00 Movie: Red Notice TR <b>Pillars Pride Wednesday</b>	8:30 Posture and Balance YS 9:00 Coffee and Chat CR 9:30 <b>Let's Take a Pontoon Ride</b> 10:00 Posture and Balance YS 1:30 BINGO CR 2:30 Rummikub CR 3:00 <b>Pillars Cocktails: Caramel Apple Cocktail and Trivia Pub</b> 6:30 500 CR <b>Cozy Sweatshirt Thursday</b>	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Aerobics YS 10:30 Sons of Liberty Ep 1 TR 1:00 Bridge TR 1:30 Rummy 500 CR 2:00 Catholic Communion Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub <b>Flannel Friday</b>	9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Rummikub CR 11:00 Cornhole TR 1:30 BINGO CR 3:00 Movie: Horizon TR 6:00 Adult Coloring AS
10:00 Seated Marching YS 11:00 Eagle Brook Church Online TR 1:45 Hand and Foot CR 2:00 Musical Sunday: Rhinoceros TR 3:00 Needles and Chat AS 6:00 Rummikub CR	8:30 Chair Aerobics w/ Ball YS 9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 How The Earth Was Made TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour Pub	8-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Seated HIT Workout YS 11:00 Cribbage CR 1:30 <b>Pillar's Social Hour: Apple Pie Social CR</b> 2:30 Rummikub CR 3:00 Low Impact Workout Video YS 5:45 Hand and Foot CR	9:00 Coffee and Chat CR 10:00 Chair Workout Dumb Bells YS 10:00 <b>Fall Colors Tour and Lunch at Florio's</b> 1:30 Afternoon Tea CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour in the Pub 6:00 Movie: The Blind Side TR	8:30 Posture and Balance YS 9:00 Coffee and Chat CR 10:00 Posture and Balance YS 11:00 AC Travel: Kazakhstan TR 1:15 BINGO CR 2:30 Rummikub CR 2:30 <b>Pillars 1st Annual Talent Show Pub and Back Dining Room ALZ Fundraiser</b> 6:30 500 CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Aerobics YS 10:00 <b>Trip to Library and Stop at Brewed Awakening</b> 10:30 Sons of Liberty Ep 2 TR 1:00 Bridge TR 1:30 313 Card Game CR 2:00 Catholic Communion Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub	9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Rummikub CR 11:00 Cornhole TR 1:30 Cards or Dice CR 3:00 Movie: Family Switch TR 6:00 Adult Coloring AS
10:00 Seated Marching YS 11:00 Eagle Brook Church Online TR 1:45 Hand and Foot CR 2:00 Musical Sunday: From Here to Eternity TR 3:00 Needles and Chat AS 6:00 Rummikub CR	8:30 Chair Aerobics w/ Ball YS 9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 How The Earth Was Made TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour Pub	8-12 Rides to Medical Appts 9:00 Coffee and Chat CR 10:00 Seated HIT Workout YS 11:00 Cribbage CR 1:30 <b>Pillar's Social Hour: Caramel Apple Sundaes CR</b> 2:30 Rummikub CR 3:00 Low Impact Workout Video YS 5:45 Hand and Foot CR	9:00 Coffee and Chat CR 10:00 Chair Workout Dumb Bells YS 9:40 <b>Breakfast at Country Kitchen and Fall Color Tour</b> 2:00 <b>Resident Counsel CR</b> 4:15 Happy Hour in the Pub 6:00 Movie: The Good Nurse TR	8:30 Posture and Balance YS 9:00 Coffee and Chat CR 10:00 Posture and Balance YS 11:00 AC Travel: Kingdoms of the Himalayas TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 <b>Pillars Cocktails: Oktoberfest Celebration and Trivia Pub</b> 6:30 500 CR	7:00 Morning News CR 9:00 Coffee and Chat CR 10:00 Chair Aerobics YS 10:30 Sons of Liberty Ep 3 TR 1:00 Bridge TR 1:30 Rummy 500 CR 2:00 Catholic Communion Chapel 2:30 Rummikub CR 4:15 Happy Hour Pub	9:00 Coffee and Chat CR 10:30 Drum Fit YS 11:00 Rummikub CR 11:00 Cornhole TR 1:30 BINGO CR 3:00 Movie: Up in the Air TR 6:00 Adult Coloring AS
10:00 Seated Marching YS 11:00 Eagle Brook Church Online TR 1:45 Hand and Foot CR 2:00 Musical Sunday: The Red Shoes TR 3:00 Needles and Chat AS 6:00 Rummikub CR	8:30 Chair Aerobics w/ Ball YS 9:00 Coffee and Chat CR 9:30 Lutheran Church Chapel 10:00 Chair Aerobics w/ Ball YS 11:00 How The Earth Was Made TR 1:30 BINGO CR 2:30 Rummikub CR 3:00 Walking Workout YS 4:15 Happy Hour Pub	 <h1 style="font-family: cursive; color: #8B4513;">September</h1>				