

## Activities Updates

- This Thursday August 29th at 2:00 pm you won't want to miss Chat with the Chef. Dan will inform you of what's new and upcoming in the dining Room.
- Needlecrafters meets this Thursday at 3:30 pm. This group is for anyone who does hand crafts including knitting, crocheting, needlepoint or anything artistic. Our Outreach and Sales Director Karen leads this group.
- This Friday August 30th Chef Dan will be leading jelly bean tasting. You won't want to miss this opportunity to try some unique and fun flavors of jelly beans!
- Next week the van will be going to Hope Breakfast Bar for brunch Tuesday September 3rd at 11:45 am. On Thursday at 2:45pm we will be returning to the Centennial Lakes Farmer's Market. There are openings for all outings. Please sign up at the desk.
- Assisted Living week begins Sept. 8th with Grandparents day. Please see the article in this newsletter for more information!
- Next month Chef Dan will be having salt tasting Tuesday September 17th at 2:00pm! You will be surprised at how many varieties of salt there are and what there is to learn about it!
- Guitarist and singer Red Gallagher will be here Friday Sept. 20th at 2:00 pm followed by the September Birthday Party at 3:15 pm.
- Dr Marc Jaros will return to educate us about a piece of classical music Wed. Sept. 25th at 2:00 pm in the Exercise Room.
- If there is anything you'd like to see on the calendar such as an outing or activity, please let Sonja know by stopping down to Sonja's office or calling (952)358-6125. There is also a monthly activity and outing planning meeting Wednesday Sept. 4th at 2:00 pm in the Activity Room.

## St. Paul Chamber Orchestra at Wooddale Church

Once again this year we have season tickets to the St. Paul Chamber concerts at Wooddale. These concerts occur Friday morning and the first one Friday September 20th. The van will be departing here at 10:00 am. The cost of a ticket is \$13.00. Please sign up at the front desk.

## Celebrate the Opening of Football Season!

Residents and staff are encouraged to wear their favorite football team shirts or color Friday September 6th. We'll test your knowledge of football with football trivia at 2:00 pm. We'll have popcorn available for staff and residents at 1:45pm-3:45pm. Come and celebrate the start of the football season!

## Smear Players Wanted!

There are a couple of people interested in playing the card game Smear on a regular basis. If you are interested, please see or call Sonja (952)358-6125.

## Music Group

A couple of residents are looking for others who like to play guitar and sing to get together on a regular basis. If this interests you please contact Sonja (952)358-6125.



## Movies this Week

"Cheaper By the Dozen" -Wednesday & Thursday  
"The Greatest Showman" Saturday  
"Call Me Madam" Sunday

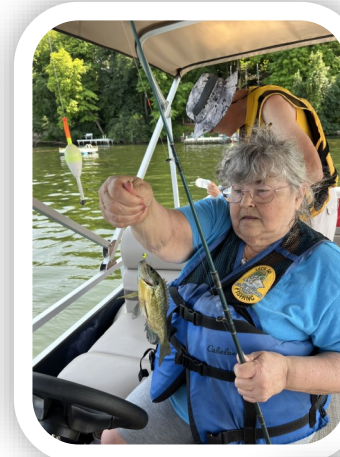


# VERNON View

## MONTHLY NEWSLETTER

### VERNON TERRACE OF EDINA

**September 2024**



## Fishing at Lake Riley

We had beautiful weather for our annual fishing trip to Lake Riley with Let's Go Fishing!



## Normandale Japanese Garden

A group enjoyed the garden on a beautiful day!

## Lunch at Benihana

A large group enjoyed a great lunch at this Japanese steak house a favorite of many!

## August Highlights





### Welcome New Employees

Daija-RA



### Flu and Covid Clinic Oct. 24th

Flu and Covid vaccines will be available on Oct. 24th 1:30 pm-4pm. Consent forms are available now at the front desk. Please turn in a copy of your Medicare Card and Health Insurance Card with your consent form. Once the front desk has received all your paperwork, you will be scheduled for a time.

### Assisted Living Week Starts Sunday September 8th!

Sunday, September 8th is the kickoff to Assisted Living week with Grandparents Day. We will be serving home-made ice cream sandwiches made by our kitchen staff! The rest of the week we will be travelling to a different location in the world and trying a snack and learning more about that country. You don't even need a passport for this great adventure! Please check the calendar for times and locations!

### Odom Rehab Meet and Greet

We'll be welcoming Odom Rehab which will bring Physical, Occupational and Speech Therapy into our building. Please see the enclosed letter from Vicki Tibroxen for more information. Everyone is encouraged to attend a Meet and Greet September 17th at 3:15 pm-4:15 pm to get to know them!



### September Birthdays

9-7 Lee B #302  
9-7 John A #417  
9-12 Jean S #501  
9-20 Marge N #303  
9-22 Loren G #432  
9-23 Mary S #202  
9-23 Marion O #232  
9-26 Carol M #204  
9-29 Jim L #506

### Memorials

Don B.  
Genevieve C.  
Sally G.  
Vivien K.  
Joyce Q.

### Welcome New Residents

Kathi C. #115  
Dorothy Z. #214  
Olga B #429  
James L #506  
Gary & Helen L #512  
Kirsten S #516  
Paddy & Sue B #526  
Christine S#606

### Resident Spotlight

#### Jim L



This month we are focusing on one of our newer residents who just moved in within the last month to the 5th floor.

Jim moved from Crystal and worked as a computer Engineer for the phone company. He started with Pacific Bell in the 1960's and transferred to Cambridge MN to St. Paul to Minneapolis.

Jim has many hobbies. One of them is raising monarch butterflies. He started doing this about 10 years ago. When he first began, he released 200 of them. This summer he predicts that by the end of the season he will have let 20-30 monarchs go. At least 3 people in his neighborhood have learned from him and are raising them as well now! Jim says it's difficult keeping them fed and he's always on the lookout for milkweed. It's a family affair as his 12 year old granddaughter helps with this process as well. Jim let a couple of butterflies go on our back patio. He will let us know when the others are ready to be set free!



Jim's other hobbies include playing guitar. After he retired, he learned to make and play guitars. He also learned to wood carve, paint and draw. We're happy Jim has chose Vernon Terrace as his new home!

### After Hours Phone Number

Enclosed in the newsletter, you will find the phone number to call after hours. Please put this in a spot where you'll have it all times in case you need to call especially if a fire alarm is going off!ds

### Alzheimer's Gifts

The presentation by Rick Naymark was cancelled for August 27th. All residents and family members are invited to come Tuesday November 19th at 4:00 pm. There will be more information in upcoming newsletters.

### Benefit for Alzheimer's Association

The past few months, we had 3 fundraisers for the Alzheimer's Association and we raised over \$500! Thank you to all who contributed to these fundraisers! If you are interested in joining us for the Walk in Minneapolis on 9/21/24, please let the Front Desk know.

### Dining Room on Holidays

The Dining Room will no longer be closed for dinner on holidays beginning with Labor Day this Monday, September 2nd. The dining room will be open the usual hours 5pm-6pm

### Octoberfest!

Mark your calendars for Octoberfest Celebration Wednesday October 9th 3:30pm-6pm! There will be authentic food and entertainment by the Jolly Huntsmen, a trio comprised of accordion, tuba and drum all dressed in Lederhosen. You won't want to miss this special event!