

COMMUNITY MEETINGS

- Resident Council Meeting: September 4th @ 2:00pm (CR)
- Any suggestions, comments, concerns, or positive feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Food Meeting: September 24th @ 2pm (DR) Everyone is invited to come and share dining feedback as we continue to welcome our new Culinary Manager, Joel Vassallo.
- Town Hall: September 24th @ 2:30pm (DR) everyone is invited to hear from every department manager about community updates.

ASSISTED LIVING WEEK

Assisted Living Week is September 8-14, 2024 and we are excited to celebrate it with you.

National Assisted Living Week was established by the National Center for Assisted Living (NCAL) in 1995, It provides a unique opportunity for residents, loved ones, our associates, volunteers, and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities.

This year's theme is "Inspiring Generations". We realized that in order to inspire the future generation, one must look to the past. All of our many life challenges, successes, wins, and failures are what has molded and inspired us. The wisdom that many of us obtain has come from all of these many experiences, which is why for Assisted Living Week, we are looking through the decades in order to inspire those before us. We invite you to join us as we dive into the past, in order to inspire and celebrate the future generations. Keep a close eye on your calendar for all the many programs surrounding Assisted Living Week. We encourage you to celebrate with us and be the inspiration we were all meant to be.

HAPPY BIRTHDAY

SEPTEMBER BIRTHDAYS:

Val Jean P.	9/3
Sophie H.	9/4
Earlene F.	9/5
Dan M.	9/7
Susan L.	9/7
Don G.	9/12
Dennis V.	9/13
Dian Z.	9/14
Sue T.	9/16
Suzy G.	9/16
Therese R.	9/18
Joyce K.	9/20
Marion J.	9/20
Lud G.	9/21
Gail S.	9/23



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL CONNECT

SEPTEMBER 2024



LIFE ENRICHMENT CORNER

"September days have the warmth of summer in their briefer hours, but in their lengthening evenings a prophetic breath of autumn." -Rowland E. Robinson

It is very hard to think that we will be ushering in the Fall season this month, but here we are. It has been a season of transition, change, and new beginnings. We have had to say "Farewell", "Welcome", and even "Welcome Back" to many things.

This month we are ecstatic to announce we are welcoming back our Waltonwood Choir. Our Waltonwood Choir consist of many members of the community graced with talented voices that come together to create a joyful sound. The choir rehearsal will begin on September 16th in which the choir will begin preparing for our Annual Holiday Concert. If you are interested in joining our choir, we ask that you join on September 16th at 10:30am in the Piano Area on the first floor.

Our Waltonwood Bowling Tournament is also returning for another season. If you are looking to add a bit of fun to your week, then we encourage you to meet us at 1:30pm or 2:00pm to try it out. We currently have two teams that are in need of members. Please keep in mind that you do not have to have any previous experience as our main goal is to have fun. We can teach you all that you need to know, all you have to do is come down with an open mind.

Outside of all our returning program, we have a few sprinkled celebrations scheduled in September such as Granparents Day, Oktoberfest, and the beginning of Active Aging Week.

Please continue to look over your calendar for all of our programming information and thank you for continuing to welcome our new Life Enrichment Manager, Logan Winton.

-Life Enrichment Department



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Assisted Living 734-981-5070
Facebook: /WaltonwoodCherryHill

COMMUNITY MANAGEMENT

Tiffany Tucker
Executive Director

Kristal Wilson
Business Office Manager

Joel Vassallo
Culinary Services Manager

Jamaal Saleh
Environmental Services Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
Life Enrichment Manager

Rebecca Wilson
Assisted Living Life Enrichment Manager

Mallory Bryant
Memory Care Life Enrichment Manager

Renee Ralsky
Marketing Manager

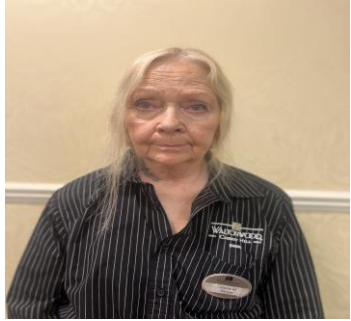
Katrina Duby
Resident Care Manager

Tanya Hall
Memory Care Wellness Coordinator

Kayla Gilson
Assisted Living Wellness Coordinator

ASSOCIATE SPOTLIGHT

Congratulations to Joyce Morrison, our morning culinary server who has been named Associate of the month. Joyce has been with us for 6 months. She is hard working and always striving to take care of our Independent Living residents. Joyce is very quiet and gentle, and does her job with much grace.



YOU'RE INVITED

Lunch & Learn Series

with the Alzheimer's Association

You're invited to attend an informative series on dementia, presented by the Alzheimer's Association at Waltonwood Cherry Hill.

<p>Understanding Alzheimer's Disease and Dementia</p> <p>Thursday, September 12th 12:00 p.m.</p> <p>RSVP by September 6th</p>	<p>Enjoying Family Celebrations</p> <p>Thursday, November 7th 12:00 p.m.</p> <p>RSVP by November 1st</p>
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Waltonwood
 CHERRY HILL
Redeeming Retirement Living
 42600 Cherry Hill Road, Canton, MI 48187
 www.Waltonwood.com | www.SinghCareers.com

TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. If you do not hear back from one of our drivers, please follow up to ensure your request has been approved. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

SEASON CLEANING/SALVATION ARMY DRIVE

For the past two years we have successfully held a Salvation Army drive here at the community. The Salvation Army drive allows many residents an opportunity to discard any items that they are no longer in need of, while allowing other residents a chance to find useful items. This year our Salvation Army drive will be September 19th. We are asking that you begin to look around your apartment and gather items that are no longer useful. Please bring these items down to the dining room between the hours of 11am-1:00pm. We will open up the dining room at 1:30pm for all to come down to do a bit of free shopping. Any item that does not find a home will be gathered, bagged, and delivered to the Salvation Army.

SEPTEMBER SPECIAL EVENTS

4th

Target Shopping:

Join us on a fun filled trip to Target and fulfill all of your shopping wants and needs. We will be leaving at 1:30pm from the front entrance. Target was founded on June 24th, 1902. It is one of the top 10 largest retailers in the United States and currently has more than 1,800 stores. If you are interested in joining us, please sign up in the post office.

11th

Detroit Zoo Senior Day: FREE!

Join us for Senior Day, presented by Blue Cross Blue Shield of Michigan. There will be live entertainment from Harmony United Chorus, relaxing and informational tram tours around the Detroit Zoo's 125 acres, bingo tent with exciting prizes, animal engagements, and a Senior Resource Area with a variety of senior-related programming.

18th

Imagine Theater: "Reagan"

We encourage you to join us for movie hit of the year which depicts life events surrounding the famous Ronald Reagan. From the glitter of Hollywood to the world stage, Ronald Reagan overcomes the odds to become the 40th president of the United States. Please sign up at the front desk if you are interested in this outing. Cost: \$6.00

EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

September has finally arrived! We are looking forward to this fun filled season. Getting Fall ready with all of you will be joyful. Please see our activities calendar for additional information planned for this month. Assisted living week is approaching, Inspiring Generations.

If you enjoy reading, we have plenty of books in our libraries for all to enjoy. Also please be reminded of our upcoming flu clinic. It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com

AUGUST MONTHLY HIGHLIGHTS

3rd Detroit Central Station Visit:

Visting the Central Station in Detroit was one of the many highlights for the month for August. The Central Station holds wonderful memories for many residents and it was a pure joy to visit the structure and the memories once again. Many residents voiced amazement over what they saw versus what they remember. It does something to a person when one single structure can bring you back to a place that means so much.



8th New Resident Luncheon: Thank you Welcome Committee!

It is undeniable that we have special residents here at Waltonwood. We look forward to the day when we welcome more residents as everyone adds a special touch to our Waltonwood family. Our Resident Luncheons, such as the one held in August, give us the chance to see all of the new faces and welcome them to the Waltonwood.



FOREVER FIT: PAY ATTENTION

Aches, pains, sprains and strains are all just a common part of daily life. How we manage them however can have a much greater impact on our long-term health and wellbeing. Exercise is important, sleep is essential and our bodies are constantly sending us signals and messages that act as a signpost of when we need to move more and when we need to simply rest. Listening to these feelings is crucial to taking care of ourselves and making our self-health a top priority. You are the one true expert on your own body so be attentive, be truthful and listen to the messages that your body is giving you.

- Chris Grabowski, MS | Senior Forever Fitness Manager