


























2024 September

Find us on 

 SERENITY a Randall Residence
Memory Care

Sunday 	Monday 	Tuesday 	Wednesday 	Thursday 	Friday 	Saturday 
1 10- Joyce Myer -Youtube Word search w/ staff 2:30- Resident choice movie w/ snack 	2 9 - Chair Zumba 10- Creative Engagement 11- Outside time! 1 - Bingo 2 - Coloring Time 3 - Game boards & Puzzles	3 9 - Morning Stretches 10- Inspirational Time 11 - Creative Engagement 1 - Share Our Story 2 - <u>Decade Facts & Trivia</u> 3 - Name That Tune	4 9 - Chair Zumba 11 - Art Therapy 1:30 - MUSIC THERAPY: COURTNEY GERARD 2:30 - Sit and Be Fit 3 - Name That Tune	5 9 - Noodle Ball 10 - Art Therapy 11 - Remember When? 1 - Outside Time 2 - American History 3 - Horse Shoes 	6 9- Chair zumba 10- Creative Engagement 1 - BINGO 2 - Board games & puzzles 3 - Trivia & Jokes PATIO PARTY!! 2 TO 4	7 Coloring & Games w/ Staff 
8 10- Joyce Myer -Youtube Word search w/ staff 2:30- Resident choice movie w/ snack 	9 9 - Morning Stretches 10- Inspirational Time 11 - Creative Engagement 1 - Share Our Story 2 - <u>Decade Facts & Trivia</u> 3 - Name That Tune	10 9- Noodle Ball 10:30 - Outside Exercise 11- Scrapbooking 1 - Chair Yoga 2 - Coffee & Conversation 3 - THE CIVIL RIGHTS MOVEMENT OF THE 70'S 	11 9 - Chair Zumba 10 - Creative Engagement 11 - Art Therapy 1:30 - MUSIC THERAPY: COURTNEY GERARD 3 - Outside Games 	12 9 - Noodle Ball 10 - Art Therapy 11 - Name That Tune 1 - American History 2 - Coffee & Conversation 3 - Outside Games	13 9- Chair zumba 10- Creative Engagement 11 - Bag Toss 1 - BINGO 2 - <u>1970's MOVIE & SNACK</u> 3 - <u>Toys Of The Decade</u> PATIO PARTY!! 2 TO 4	14 Bingo w/ Staff 
15 10- Joyce Myer- Youtube Coloring & games w/ staff 2:30- Resident Choice movie w/ snack 	16 9 - Chair Zumba 10- Creative Engagement 11- Outside time! 1 - Bingo 2 - DISCO PARTY! 3 - SATURDAY NIGHT FEVER 	17 9- Noodle Ball 10- Art Therapy 11 - Outside time 1 - Trivia 2 - Coffee & Conversation 3 - <u>DECADE SPELLING BEE</u> 	18 9- Morning stretches 10 - Creative Engagement 11 - Art Therapy 1:30 - MUSIC THERAPY: COURTNEY GERARD 2:30 - NERF WAR!! 3 - OUTSIDE GAMES 	19 9- Noodle Ball 10 - THERAPY DOG VISIT 11- Outside games 1 - Remember When? 2 - Paint Party 3 - BOARD GAMES 	20 9- Chair zumba 10- Creative Engagement 11 - Bag Toss 1 - BINGO 2 - <u>1950'S MOVIE & SNACK</u> 3 - Memory Games PATIO PARTY!! 2 TO 4	21 Coloring & Games w/ Staff 
22  10- Joyce Myer- Youtube Music & games 2:30- Resident choice movie w/ snack 	23 9- Morning stretches 10 - Creative Engagement 11 - Inspirational Time 1 - Outside Time! 2 - Game board fun! 3 - <u>70's Rock N Roll</u> 	24 9- Noodle Ball 10 - Trivia 11 - Video Workout 1 - Chair Yoga 2 - Coffee & Conversation 3 - THE MUPPETS LIVE!	25 9- Chair Zumba 10- Creative Engagement 11- Food For Thought 1:30 - MUSIC THERAPY: COURTNEY GERARD 2:30 - Decade Facts & Trivia	26 9- Noodle Ball 10 - Art Therapy 11 - Trivia & Puzzle Time 1 - Outside time 2 - Canvas Paintings 3 - <u>Share Our Story</u>	27 9- Morning stretches 10- Creative Engagement 10 - COFFEE & CONVO 11 - Trivia 1- BINGO 2 - <u>1970'S GAMES!!</u> PATIO PARTY!! 2 TO 4	28 Bingo w/ Staff 
29 10- Joyce Myer- Youtube Music & games 2:30- Resident choice movie w/ snack 	30 9 - Chair Zumba 10 - Creative Engagement 11 - American History 11 -- Remember When? 2 - Art Therapy 3 - Sit and Be Fit	Rollin' thru the decades 1970 - 1979	