













2024

September

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 **SERENITY** a Randall Residence
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 communion w/ St. Monicas in the AR @ 10:45	2 9- Self led prayer hour 10- Chair yoga 10:30- sudoku 12:- Movie matinee in TH "Willy Wonka And The Chocolate Factory" 1- Resident Led Bingo	3 10-Morning stretches 10:30- weekly wordsearch 11:30- Pam will play the harp during lunch 1- Bingo 2:30- Therapy dog visit 3- scrabble 	4 10- Workout w/ noodle 10:30- Noodle Ball 1- Bingo 2:30- Euchre 3- Manicures	5 9- Coffee @ Bistro 10- Exercise Video 10:30- Weekly Crossword 11- Yahtzee 1- Bingo 2:30-Lets play Mancala	6 10-workout w/ weights 10:30- ping pong 11- 1970's Trivia 1- spot the difference 2- Social hour on the patio 6- Resident choice Movie in the TH 	7 1- Resident Led bingo 6p- Social hour on the patio
8 communion w/ St. Monicas in the AR @ 10:45  National Assisted Living week	9 Superhero Day 9- Self led prayer hour 10- Chair yoga 10:30- Bingo Store 1- Bingo 2:30- Target Shopping Trip sign-up required \$\$\$	10 Mismatch Day 10- Morning stretches 10:30- Bounce Toss 11- Weekly word search 1- Bingo 2:30- Mike Cheeseman performance	11 Decade Day- dress 1970's 10- workout w/ noodle 10:30- Noodle Ball 11- Worde 1- Bingo 2:30- Fruit & yogurt parfe @ Bistro 3- Manicures 	12 Spirit Day- Serenity Colors 9- coffee @ Bistro 10- Morning stretches 10:30- Weekly crossword 11- Darts 1- Bingo 4p-7p Annual Parking Lot Party	13 Sports Day- Favorite Jersey 10- Workout w/ weights 10:30- Baking club 11- Trivia @ Bistro 1- Craft Corner 2:30- Monthly Birthday Party on the patio 6pm- 1970's documentary	14 1- Resident led games in the AR 6p- Social hour on the patio
15 communion w/ St. Monicas in the AR @ 10:45	16 9- Self led Prayer hour 10- Chair yoga 10:30- Sudoku 11- Bag Toss 1- Bingo 2:30- Unjcle Bob's Bus trip Sign-up is required 	17 10- Morning stretches 10:30- Right Center Left dice game 11- Weekly word search 2:30- Therapy dog visit 3- Manicures	18 10- Workout w/ noodles 10:30- Noodle Ball 11- Wordle 1- Resident in-service with PTS on fall prevention 2:30- Ashley's Gender reveal party 	19 9- Coffee @ Bistro 10- Morning stretches 10:30- weekly crossword 11- UNO 1- Bingo Bash 6- Resident choice Movie in TH	20 10- Workout w/ weights 10:30- Trivia 11- Lunch outing to Bob Evans sign-up required \$\$\$ 1- Coffee & Gossip on patio 2:30- Art At The Bodega sign-up is required 	21 1- Resident Led bingo 6p- Social hour on the patio
22 communion w/ St. Monicas in the AR @ 10:45 	23 9- Self led prayer hour 10- Social hour on the back patio 11- Sudoku at the Bistro 1- Movie Matinee in TH The Love Boat	24 10- morning stretches 10:30- This day in History 11- Weekly word search 1- Bingo 2:30- Craft corner Tie-dyeing	25 10- Lets get moving w/ laps around the halls 10:30- social hour on patio 11- Reminisce about toys from the 1970's 1- Candy Corn Bingo 2:30- Euchre 3- Manicures	26 9- Coffee @ the Bistro 10- Morning stretches 10:30- Baking Club 11- Social hour @ Bistro 1- Bingo 2:30- Board games in AR 	27 10- workout w/ weights 10:30- Trivia 11- Fondulac Farm park outing, picnic at the park 2:30- Rich Gilmore performs 6- Richard Nixon Documentary in TH	28 1- Resident led games in the AR 6p- Social hour on the patio
29 communion w/ St. Monicas in the AR @ 10:45 Active Aging Week	30 9- self led prayer hour 9:30- Tanners Orchard Trip 10- Chair yoga 10:30- Bingo store 11- Uno 1- Bingo 2:30- Resident Council		All outside activities are weather permitting and will be held in the AR if need be.		The 9th-13th will be a spirit week due to it being National Assisted Living week. Everyone is welcome to join	 Lind K. 9/6 Phil 9/17 Leslie 9/18