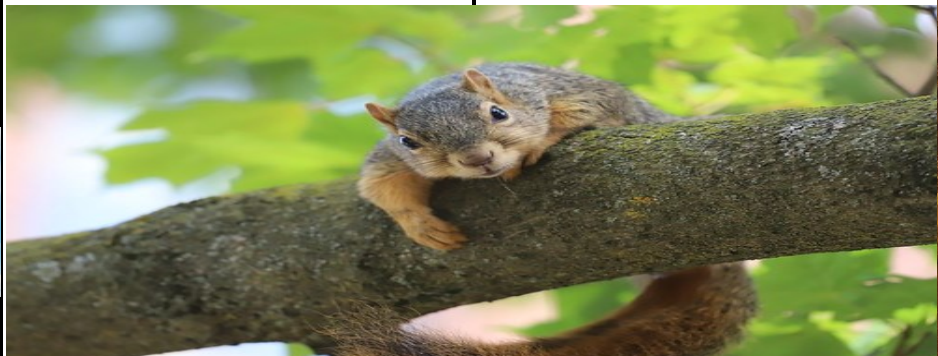


Sun	Mon	Tue	Wed	Thu	Fri	Sat
Oral Cueing Daily Devotions Van Rides Mon Thru Friday Activities 30-60 Minutes Each Calendar Subject to Change	HERITAGE GREEN DAYBREAK September 2024				Happy Birthday Barbara Brown 9/1 Olga Kronmeyer 9/5 Brenda Triplett 9/5	Martha McDaniel 9/27 Daniel Callahan 9/30
1 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration Cart CP 4:00 Hallmark Movie	2 Labor Day 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Ball Toss 11:00 Bodies In Motion 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Labor Day Crossword 6:00 Music W/Sweet Teaz	3 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/All Sorts Of Sorting 11:00 Chair Yoga 1:00 Quiet Time 2:00 Bingo 3:00 Pampered Hands 6:30 Family Feud 	4 The Price Is Right Day 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/ Trivia 11:00 Sit & Fit 1:00 Quiet Time 2:00 Frisbee Outside 3:00 The Price Is Right Game 3:30 Making Sensory Bottles 6:30 Little House 	5 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Music W/Robert Cardwell 11:00 Morning Workout 1:00 Quiet Time 2:00 Foam Dough 3:00 Pampered Hands 6:30 Leave It To Beaver	6 Residents Birthday Party 9:30 Daily Chronicle/ Devotions 10:00Chair Yoga W/Maureen 10:30 Van Ride/ Around Th 11:00 Sit & Fit 1:00 Quiet Time 2:00 Birthday Party 3:00 Resident Council 3:30 Bocce Ball 6:30 Lawrence Welk Show 	7 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
8 Grandparents Day 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Timeless Trivia 2:00 Music W/ Quietana 2:00 Capturing Our Generation 4:00 Hallmark Movie	9 Precious Memories 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 11:00 Bodies In Motion 1:00 Quiet Time 1:45 Music W/Marc Baskind 2:00 Memorial/Plant A Flower 3:00 Under The Sea Soundscapes 6:30 The Walton's	10 Bridge The Gap 9:30 Daily Chronicle/ Devotions 10:00Reading to Tots 11:00Chair Yoga 1:00 Quiet Time 1:45 Music With Keith Campbell 3:00 Pampered Hands 6:30 Family Feud	11 Walk To The End 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride /Trivia 1100 Sit & Fit 1:00 Quiet Time 2:00 Alzheimer’s Walk W/Music 3:00 Giant Dominoes 6:30 Little House	12 Sip & Paint 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride /Finish Th 11:00 Morning Workout 1:00 Quiet Time 2:00 Create A Painting 3:00 Pampered Hands 6:30 Leave It To Beaver 	13 25th Anniversary Day 9:30 Daily Chronicle/ Devotions 10:00Morning Munchies 10:30 Van Ride/ Around The House 11:00 Sit & Fit 1:00 Quiet Time 2:00 Formal Gala W/ Live Music 3:00 Puzzle Time 6:30 Lawrence Welk Show	14 Cookies & Cream 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Cookies & Cream Ice Cream 4:00 Hallmark Movie
15 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration Cart CP 4:00 Hallmark Movie	16 B.B. Kings Birthday 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Ball Toss 11:00 Bodies In Motion 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Under The Sea Soundscapes 3:30 Blues Jeopardy 6:30 The Walton's 	17 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/All Sorts Of Sorting 11:00 Chair Yoga 1:00 Quiet Time 2:00 Wine & Cheese 3:00 Pampered Hands 6:30 Family Feud	18 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Trivia 11:00 Sit & Fit 1:00 Quiet Time 2:00 Music W/ Lew Taylor 3:00 Fruit Punch Social Outside 3:30 Corn Hole 6:30 Little House 	19 Lunch Outing 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride /Finish The phrase 11:30 Charley’s 1:00 Quiet Time 2:00 Bingo 3:00 Pampered Hands 6:30 Leave It To Beaver	20 9:30 Daily Chronicle/ Devotions 10:00Morning Munchies 10:30 Van Ride/ Around The House 11:00Sit & Fit 1:00 Quiet Time 2:00 Music W/ Ronnie & Carol 3:00 Bocce Ball 6:30 Lawrence Welk Show	21 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie 
22 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Church W/ Rev.Dorsey 4:00 Hallmark Movie	23 Hawaii Week 9:30 Daily Chronicle/ Devotions 10:00Scattergories at Coolwell 10:30 Fun W/ Affinity 11:00 Bodies In Motion 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Under The Sea Soundscapes 3:30 Hawaii Trivia 6:30 The Walton's 	24 9:30 Daily Chronicle/Devotions 10:00 Morning Munchies 10:30 Van Ride/All Sorts Of Sorting 11:00 Chair Yoga 1:00 Quiet Time 2:00 Pineapple Mock Tails 2:00 Karaoke W/Mark 3:00 Pampered Hands 6:30 Family Feud	25 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Trivia 11:00 Sit & Fit 1:00 Quiet Time 2:00 Hawaiian Scavenger Hunt 3:00 Bowling 3:30 Fall Painting 6:30 Little House	26 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Finish The phrase 11:00 Senior Saints 1:00 Quiet Time 2:00 Making Leis 3:00 Pampered Hands 6:30 Leave It To Beaver 	27 9:30 Daily Chronicle/ Devotions 10:00Sit & Fit 10:30 Van Ride/ Around The House 11:00 Sit & Fit 1:00 Quiet Time 2:00 Hawaiian Luau 3:00 Puzzle Time 3:30 Basket Ball 6:30 Lawrence Welk Show 	28 10:00 Daily Chronicle 10: 30 Dancing 11:00 Puzzles 1:00 Ball Toss 2:00 Court Yard Stroll 4:00 Hallmark Movie
29 10:00 Hymns & Scriptures 11:00 TRBC Gospel Hour 1:00 Afternoon Musical 2:00 Hydration Cart CP 4:00 Hallmark Movie	30 9:30 Daily Chronicle/ Devotions 10:00 Morning Munchies 10:30 Van Ride/Ball Toss 11:00 Bodies In Motion 1:00 Quiet Time 2:00 Making Sandwiches 3:00 Making Helicopters 6:30 The Walton's 	 You don't always need to understand your journey in life, you just need to trust that you're going in the right direction. — Steven Aitchison — 				



Heritage Green Leadership Team

Kimberly Logan ED,ALFA,LPN,CDP,HDR
Assisted Living Administrator

Zakiyah Pannell LPN
Resident Care Director

Wellness Nurse
Kamisha Tweedy

Misty Barrett
Coco Chapman
Marketing & Admissions

Lozetta Browley
Business Office Director

Sherry Trent
Resident Life Director

Graham Wilson
Dining Services Director

Josh Peters
Environmental Services Director



Community Outings

DayBreak



Happy Birthday

Barbara Brown 9/1

Olga Kronmeyer 9/5

Brenda Triplett 9/5

Annie Moss 9/8

Martha McDaniel 9/27

Daniel Callahan 9/30



Heritage Green Assisted Living ▪ 201 Lillian Lane ▪
Lynchburg Virginia ▪ 24502 ▪ 434-385-5102

**Family Participation Is Encouraged With All Activities:
Please Contact Activities Department @ 434-477-5829**