

COOKING DEMINSTRATIONS

07 Pumpkin Muffins at 11am

21 Homemade Soft Pretzels at 11am

14 Brown Sugar Cookies at 11am

28 Zucchini Bread at 11am

LIFE ENRICHMENT CORNER: August Photo Album



RESIDENT BIRTHDAYS

- Joe N. 8/5



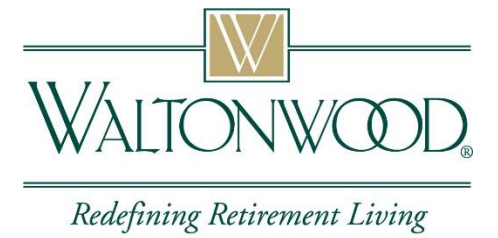
FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

SEPTEMBER 2024



SINGH

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UPCOMING EVENT HIGHLIGHT

As the summer winds down and we transition into the vibrant colors of autumn, September brings us a season of celebration and reflection. This month, our community is filled with exciting events and special occasions that honor our shared experiences and the bonds we've built together. We'll kick off with **Labor Day** on September 2nd, where we will reminisce on our summer and have a fun day filled with relaxation. On September 5th, we have a very special event where we will be celebrating **Scott and Barbs 60th anniversary** ♥ Join us in honoring their incredible journey of love and commitment. Up next we have our **Grandparents Day** on September 8th, a perfect occasion to show appreciation for our cherished grandparents. On September 8th to 14th, we'll celebrate **Assisted Living Week** with the theme "Inspiring Generations". The week in a snapshot: Monday (90's Day): 90's Retro Snack and Social. Tuesday (80's Day): Joy Ride + Neon Party. Wednesday (70's Day): Retro Movie Matinee: Grease. Thursday (60s Day): Tie Dye Socks. Friday (50's Day): Sock Hop Dance. Finally, we will close out the month with the start of **Active Aging Week** on September 30th, where we will have a focus on a healthy lifestyle when it comes to aging. We look forward to see you at these events!

COMMUNITY MANAGEMENT

Tiffany Tucker
Executive Director

Kristal Wilson
Business Office Manager

Joel Vassallo
Culinary Services Manager

Jamaal Saleh
Environmental Services Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
IL Life Enrichment Manager

Rebecca Wilson
AL Life Enrichment Manager

Mallory Bryant
MC Life Enrichment Manager

Renee Ralsky
Marketing Manager

Katrina Duby
Resident Care Manager

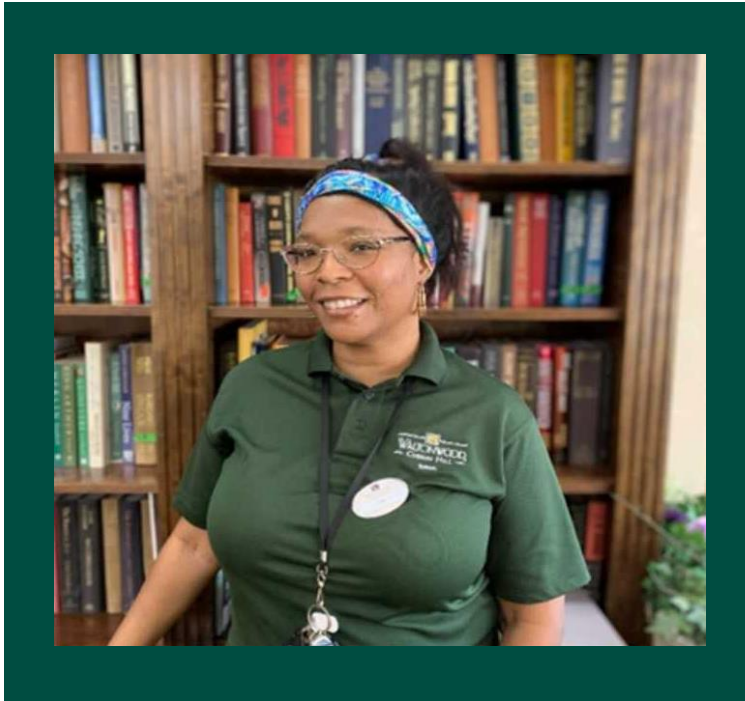
Tanya Hall
MC Wellness Coordinator

Kayla Gilson
AL Wellness Coordinator

ASSOCIATE SPOTLIGHT

AL / MC Associate of the month
Tia

We are delighted to recognize Tia as our Employee of the Month. Tia is a part of our Resident Care team as a caregiver. Her dedication, compassion and great efforts have made an impact on our residents and community. Tia goes above and beyond to provide exceptional care, always with a warm smile and kind heart. We deeply appreciate her commitment to make a difference in the lives of those she cares for. Thank you, Tia, for all you do here at Waltonwood Cherry Hill!



AUGUST HIGHLIGHTS

02 Ice Cream Sandwich Day

What a better way to cool off from the summer heat than a homemade ice cream sandwich?

13 Picnic in the Park

On this day, we met up with our sister community, the WW of Twelve Oaks at the Lakeshore Park near Walled Lake to have lunch and play yard games.

15 Family Night

Thank you to the Canton Community band for making our family night so wonderful!

23 Cherry Turn Over Demonstration from Pastry Chef's Mitch & Sarah

We celebrated national cherry turn over day with our own pastry chefs giving an educational demonstration.



FOREVER FIT: Pay Attention

Aches, pains, sprains and strains are all just a common part of daily life. How we manage them however can have a much greater impact on our long-term health and wellbeing. Exercise is important, sleep is essential and our bodies are constantly sending us signals and messages that act as a signpost of when we need to move more and when we need to simply rest. Listening to these feelings is crucial to taking care of ourselves and making our self-health a top priority. You are the one true expert on your own body so be attentive, be truthful and listen to the messages that your body is giving you.

AUGUST OUTING OPPORTUNITIES

Come join us for our enriching outings.

- Tuesday, September 3rd at 1:30pm – Joy Ride + Ice cream Sandwiches
- Tuesday, September 10th at 1:30pm – Joy Ride + Neon Party
- Tuesday, September 17th at 1:30pm– Joy Ride + Pumpkin Chocolate Chip Cookies
- Tuesday, September 24th at 11:30am– Cracker Barrel at 11:30am



SEPTEMBER SPECIAL EVENTS

05 Happy 60th Anniversary to Scott and Barb!

Love is in the air today as we will be celebrating the 60 years our wonderful couple have spent together. ♥♥

08 Assisted Living Week Begins!

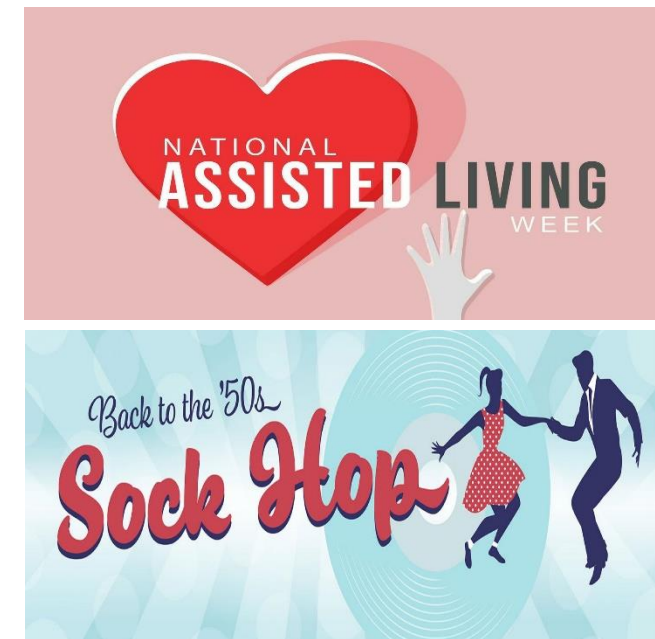
We will be "Inspiring Generations" all week through our retro themed days to recognize our residents and wonderful staff.

13 Family Night

To end our assisted living week, we are inviting you and your family to shake rattle and roll at our Sock Hop Dance!

23 Debate about it Day

Join us for a fun interactive activity where we will be debating between which fruit and vegetable is the best.



EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

September has finally arrived!

We are looking forward to this fun filled season. Getting Fall ready with all of you will be joyful. Please see our activities calendar for additional information planned for this month. Assisted living week is approaching Inspiring Generations

If you enjoy reading, we have plenty of books in our libraries for all to enjoy. Also please be reminded of our upcoming flu clinic It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com