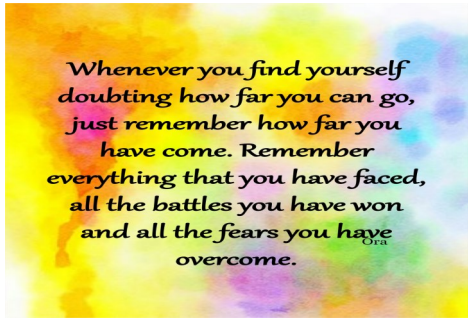


Sun	Mon	Tue	Wed	Thu	Fri	Sat
HERITAGE GREEN ASSISTED LIVING SEPTEMBER 2024					Bingo-Main Dining Games-Main Dining Country Store-Main Dining All Activities30-60 Minutes Calendar Subject to Change	
1 10:00 Daily Chronicle 11:00 Meet For Church 1:00 Bingo In The Bistro 2:00 Church W/Rev.Sanchez 3:00 Puzzles	2 Labor Day 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Labor Day Puzzle 3:00 Bingo	3 10:30Armchair Fitness 11:00Daily Chronicle 1:00 Van Ride 2:00 Mock Tail Tuesday 3:00 Pampered Hands	4 1030 Devotions w/ Nancy 11:00 Daily Chronicle 1:00 Van Ride 2:00 Ring Toss 2:30 Trivia 3:00 Bocce Ball 	5 Lunch Outing 10:30 Armchair Fitness 11:00 Daily Chronicle 11:30 Cracker Barrell 2:00 Snack Shack 3:00 Bingo	6 10:30 Chair Yoga W/ Maureen 11:00 Daily Chronicles 1:00 Van Ride 2:00 Birthday Party 3:00 Corn Hole 3:30 Cranium Crunches 	7 10:00 Daily Chronicle 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Hydration Cart CP 3:00 Movie Hour
8 Grand Parents Day 10:00Daily Chronicle 11:00 Meet For Church 1:00 Hydration Cart CP 2:00 Music W/ Quintana's 2:00 Capturing Our Generation 3:00 Puzzles	9 Precious Memories 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Memorial/Plant A Flower 3:00 Music W/ Marc Baskind 3:30 Refreshments In The Bistro 	10 Bridge The Gap 10:30 Reading to the tots 11:00 Daily Chronicle 1:00 Delivering a Little Sunshine 2:00 Mock Tail Tuesday 300 Music W/Keith Campbell	11 Walk To End 10:30 Devotions w/ Nancy 11:00 Daily Chronicles 1:00 Van Ride 2:00 Walk For Alzheimer W/Music 3:00 Cranium Crunches	12 Sip & Paint 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Create A Painting 3:00 Bingo 	13 25th Anniversary Day 10:30Armchair Fitness 11:00Daily Chronicles 1:00 Van Ride 2:00 Formal Gala/Live Entertainment 3:00 Creative Color Therapy	14 Cookies & Cream 10:00 Daily Chronicle 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Music W/Ron Bigglo 2:00 Cookies & Cream Ice Cream 3:00 Movie Hour
15 10:00 Daily Chronicle 11:00 Meet For Church 1:00 Bingo In The Bistro 2:00 Church W/Rev.Sanchez 3:00 Puzzles	16 10:30Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Connect Four 3:00 Bingo 6:00 Music W/ Sweet Teez	17 10:30Armchair Fitness 11:00Daily Chronicle 1:00 Van Ride 2:00 Wine & Cheese 3:00 Pampered Hands 	18 1030 Devotions w/ Nancy 11:00Daily Chronicle 1:00 Van Ride 2:00 Pool Noodle Balloon Bop 3:00 Music w/Lew Taylor	19 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 1:30 Food Committee 2:00 Resident Council 3:00 Bingo	20 10:30 Armchair Fitness 11:00 Daily Chronicles 1:00 Van Ride 2:00 Toss Tic Tac Toe 3:00 Popcorn And A Movie 	21 10:00 Daily Chronicle 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Hydration Cart CP 3:00 Movie Hour
22 10:00 Daily Chronicle 11:00 Meet For Church 1:00 Bingo In The Bistro 2:00 Church W/Rev.Sanchez 3:00 Puzzles	23 Hawaii Week 10:30 Scattergories At Coolwell 11:00 Daily Chronicle 1:00 Van Ride 2:00 Hawaii Trivia 3:00 Bingo	24 10:30 Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Pineapple Mock Tails 3:00 Pampered Hands	25 10:30 Devotions w/ Nancy 11:00 Daily Chronicles 1:00 Van Ride 2:00 Hawaiian Flora Scavenger Hunt 3:00 Bean Bag Toss	26 10:30 Senior Saints 11:30 Daily Chronicle 1:00 Van Ride 2:00 Making Leis 3:00 Bingo 	27 10:30 Armchair Fitness 11:00 Daily Chronicles 1:00 Van Ride 2:00 Hawaiian Luau 3:00 Fall Painting	28 10:00 Daily Chronicle 11:00 Lobby Chat 1:00 Bingo In The Bistro 2:00 Music W/Joslyn 3:00 Movie Hour 
29 10:00 Daily Chronicle 11:00 Meet For Church 1:00 Bingo In The Bistro 2:00 Church W/Rev.Sanchez 3:00 Puzzles	30 Cooking Demo W/Chef Graham 10:30Armchair Fitness 11:00 Daily Chronicle 1:00 Van Ride 2:00 Cooking Demo 3:00 Bingo 				Happy Birthday Maxine Cheek 9/1 Richard Mays 9/3 Adna Fainter9/4 Ken Page 9/12 Dorothy Shaner 9/14	Edward James 9/14 Mary Zimpfer 9/15 Rita Cooley 9/20 Mae Webber 9/25

Heritage Herald



Heritage Green Leadership Team

Kimberly Logan ALFA, LPN, CDP
Assisted Living Administrator

Zakiyah Pannell LPN
Resident Care Director

Kamisha Tweedy
Wellness Nurse

Alicia Fowling Henry
Resident Care Coordinator

Misty Barrett
Clarissa Chapman
Marketing & Admissions

Lozetta Browley
Business Office Director

Sherry Trent
Activities Director

Graham Wilson
Dining Services Director

Josh Peters
Environmental Services Director



Community Outings

Fields

Happy Birthday

Maxine Cheek 9/1
Richard Mays 9/3
Adna Fainter 9/4
Ken Page 9/12
Dorothy Shaner 9/14
Edward James 9/14
Mary Zimpfer 9/15
Rita Cooley 9/20
Mae Webber 9/25



Heritage Green Assisted Living ▪ 201 Lillian Lane ▪
Lynchburg Virginia ▪ 24502 ▪ 434-385- 5102

Family Participation Is Encouraged With All Activities: Please Contact Activities Department @ 434-477-5829