

September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>01</p> <p>9:15 Southeast Christian Broadcast 10:30 Sit and Stretch with Music 11:00 Bible Trivia or game 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Game Time or Craft 4:00 Balloon Toss</p>	<p>02 Labor Day</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Labor Day Activity 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Walk and Talk in the Courtyard 4:00 Bingo</p>	<p>03 Salon Open</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Spa & Nails 11:00 Puzzle Time 1:00 Rest & Relax 3:00 Snack and Chat 4:00 National Bowling Day - Bowling Game</p>	<p>04</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts/ Game 1:30 Scenic Drive 3:00 Snack and Chat 3:30 Noodle Ball 4:00 Whiteboard Game</p>	<p>05</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Table Basketball 4:00 Interactive Songs</p>	<p>06</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Bingo</p>	<p>07</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Yahtzee 4:00 Balloon Volleyball 6:00 Hallmark Movie Night & Popcorn</p>
<p>08</p> <p>9:15 Southeast Christian Broadcast 10:30 Sit and Stretch with Music 11:00 Bible Trivia or game 1:00 Rest & Relax 2:00 Sundae FUNDay 4:00 Balloon Toss</p>	<p>09</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 1:00 Rest & Relax 2:00 DESSERT TRUCK 3:30 Walk and Talk in the Courtyard 4:00 Bingo</p>	<p>10 Salon Open</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Spa Day 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Charades</p>	<p>11</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts/ Game 1:00 Rest & Relax 3:00 PATRIOT DAY - Red, White and Blue Social 4:00 Whiteboard Game</p>	<p>12</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 11:00 Epithany Catholic Communion 1:00 Rest & Relax 3:00 Notes in Nature - Outdoor Concert 4:15 Share the Day</p>	<p>13</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 12:00 Summer Block Party Lunch (Outside) 1:00 Rest & Relax 1:00 Summer Block Party Games and Fun! 2:15 Snack and Rest 4:00 Sing a Long and Song Trivia</p>	<p>14</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Yahtzee 4:00 Balloon Volleyball 6:00 Hallmark Movie Night & Popcorn</p>
<p>15</p> <p>9:15 Southeast Christian Service Broadcast 10:30 Sit and Stretch with Music 11:00 Bible Trivia or game 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Game Time or Craft 4:00 Balloon Toss</p>	<p>16</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Walk and Talk in the Courtyard 4:00 Bingo</p>	<p>17 Salon Open</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Spa & Nails 11:00 Puzzle Time 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Charades</p>	<p>18</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts/ Game 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Whiteboard Game</p>	<p>19</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 11:00 Epithany Catholic Communion 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Balloon Volleyball</p>	<p>20</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Bingo</p>	<p>21</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Yahtzee 4:00 Balloon Volleyball 6:00 Hallmark Movie Night & Popcorn</p>
<p>22</p> <p>9:15 Southeast Christian Service Broadcast 10:30 Sit and Stretch with Music 11:00 Bible Trivia or game 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Balloon Toss</p>	<p>23</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Walk and Talk in the Courtyard 4:00 Bingo</p>	<p>24 Salon Open</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Spa & Nails 11:00 Puzzle Time 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Charades</p>	<p>25</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts/ Game 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Whiteboard Game</p>	<p>26</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 11:00 Epithany Catholic Communion 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Rummikub</p>	<p>27</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 1:00 Rest & Relax 3:00 Snack and Chat 4:00 Bingo 4:00 Sing a Long and Song Trivia</p>	<p>28</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Yahtzee 6:00 Hallmark Movie Night & Popcorn</p>
<p>29</p> <p>9:15 Southeast Christian Service Broadcast 10:30 Sit and Stretch with Music 11:00 Bible Trivia or game 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Balloon Toss 4:00 Balloon Toss</p>	<p>30</p> <p>9:00 Prayer and Daily Inspiration 9:30 Chair Exercise with Music 10:30 Arts and Crafts and Game 1:00 Rest & Relax 3:00 Snack and Chat 3:30 Walk and Talk in the Courtyard 4:00 Bingo</p>					

Schedule subject to change.