



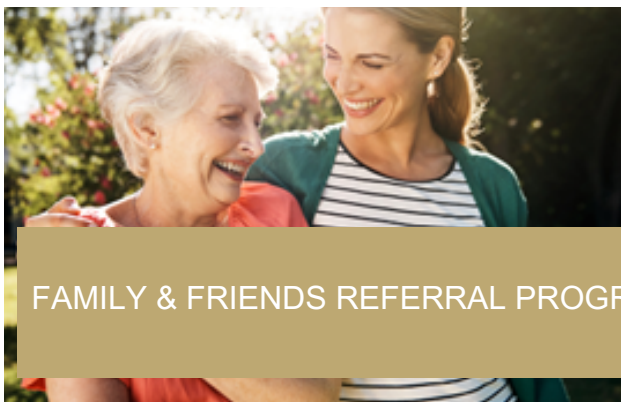
COMMUNITY COMMUNICATION

Your September Calendar is included with this Newsletter. While we try our best not to make changes, it does happen from time to time. Remember: The most up-to-date programs are always posted in the elevator, in front of the Hobby Room and dining room, on the TV screens & **now you can access on your phone.** If you have any questions, please reach out to the Life Enrichment Team.

Janet S - 9th
Violet D - 9th
Dora C - 15th
Sharon S - 17th
Sally S - 21st
Joanie P - 23rd



Geri & Ed F - 111
Bernie B - 406
Deanna L - 420



FAMILY & FRIENDS REFERRAL PROGRAM!

Michigan Theme Pizza Party

In honor of Grandparents Day



Wear your
Michigan
Sports Gear!

Friday, September 6th

Independent Living Seatings 4 p.m. & 6 p.m.
Assisted Living and Memory Care Seating 5 p.m.

Guests: \$20 for adults | \$10 age 5 and under

Dinner includes pizza, pasta, antipasto salad, breadsticks, sundae bar, Michigan beer and wine, and Faygo.

Partnered with Square One Pizzeria



RSVP by September 3rd
and let us know your preferred
dining time

586-532-6200



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LAKESSIDE CONNECT SEPTEMBER 2024



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COMMUNITY MANAGEMENT

Gina Conway
Executive Director

Allison Neal
IL Manager

Lisa Kendrick
Business Office Manager

Rene Ruhlman
IL Life Enrichment Manager

Melissa Wright
Lead Marketing Manager

Aaron Rodino
Marketing Manager

Nick St Onge
Culinary Services Manager

Les Hicks
*Environmental Services
Manager*

Marcia Combs
MC Life Enrichment Manager



“A fallen leaf is nothing more than a summer’s wave goodbye.”

As the days grow shorter and the leaves begin their vibrant transformation, we find ourselves in the heart of fall and it reminds us that change can be beautiful. Speaking of change, you will notice some changes in our programming as Jasmine returns to school and reduces her hours with us. Please join me in wishing her well this semester! We are also excited to welcome our new driver, Jim to the transportation department. He will be working with Oliver to ensure our residents get to their destinations safely. Once he is fully trained on the bus, we will be resuming church transportation on Sundays! We appreciate your continued patience.

Grandparent’s Day marks a special day dedicated to honoring our grandparents. It’s a time to express gratitude for their love, guidance and endless support. Please join us on Friday, September 6th for a Pure Michigan themed Pizza buffet to celebrate all our amazing grandparents. We know how proud you all are of your grandchildren! If you’d like to share a picture, we will be putting together a display to show them all off. **Please turn in your picture to the Hobby Room by September 6th** with your name and apartment number on the back so we can return it (framed or loose is fine).

Rene Ruhlman/Life Enrichment Manager

\$4,000 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to our community, they'll thank you for it - and then we'll thank you for it too!

If they sign a one-year lease with us, you'll receive a \$4000 Referral Bonus* in the form of a check, rent credit or donation to a charity of your choice! Ask for details!

“BEHIND THE SCENES” ASSOCIATE OF THE MONTH - ALIA BUTLER

While Alia may not be a familiar face to all our residents, her hard work in our kitchen is essential to providing the delicious meals served on a daily basis. As one of our line cooks, Alia does a great deal of food prep. She was nominated by her supervisor because she is such a great worker and an asset to the team. She has been part of our culinary team over one year now.

In her spare time, she studies Korean and Mandarin and enjoys watching Korean/Chinese dramas. A Fun Fact about Alia is that she doesn't like having her picture taken (which is why we haven't included one)!

If you would like to nominate an employee (culinary, housekeeping, life enrichment, concierge or maintenance) for exemplary service, forms are available at the front desk!



AUGUST HIGHLIGHTS

13th

Tuesday Tea & Table Talk is always a day the ladies look forward to!

15th

Family Night was a huge success. Elvis had everyone all shook up.



17th

Aaron Caruso had us laughing and crying during his heartfelt performance.

19th

Matt Ball once again wowed our residents with his amazing keyboard skills.



FOREVER FIT: PAY ATTENTION

Aches, pains, sprains and strains are all just a common part of daily life. How we manage them however can have a much greater impact on our long-term health and wellbeing. Exercise is important, sleep is essential and our bodies are constantly sending us signals and messages that act as a signpost of when we need to move more and when we need to simply rest. Listening to these feelings is crucial to taking care of ourselves and making our self-health a top priority. You are the one true expert on your own body so be attentive, be truthful and listen to the messages that your body is giving you.

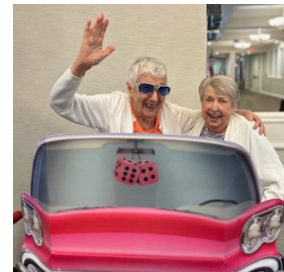
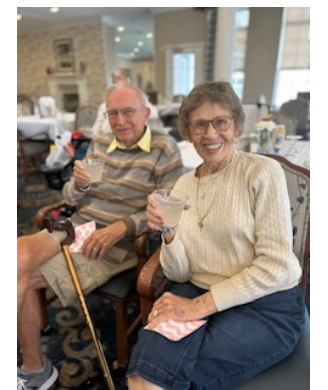
TRANSPORTATION INFORMATION

Transportation is offered for Independent Living residents Monday-Thursday between 8am and 3pm for appointments based on availability. Residents are asked to fill out a transportation request form at least two weeks in advance so our drivers can create their schedule. Slips are located in the library or at the front desk. We will do our best to accommodate last minute ride requests based on schedule availability. Medical appointments will take precedence over leisure ride requests. We encourage family and friends to remain involved with transportation to medical appointments.

Outings and community events sign-up sheets are in the Outings binder. Please keep in mind all events are first come - first serve. We request that if you sign up for an outing and end up not being able to attend, you cross your name off the list. If the bus is full and you have your own car, you are welcome to add your name to the right side of the sign-up form and join us at the destination. Drivers are not typically available on Fridays as they are supporting our Assisted Living & Memory Care communities.

SEPTEMBER HAPPENINGS

- 5th - All Community Performance by Jeff Cavataio
- 9th - Entertainment with Marco Floyd
- 11th - Fall Bowling League kickoff
- 16th - Resident Council
- 17th - Tuesday Tea & Table Talk
- 19th - Rescheduled visit to Belle Isle
- 19th - Musical Performance with Theo Gridiron
- 23rd - Entertainment by Styx & Strings
- 24th - Veterans Lunch (by invite only)
- 25th - National Cooking Day Demo with Chef Nick
- 27th - National Caricature Day - stay tuned!
- 28th - Piano concert with Rachel Shaffer



GINA CONWAY, EXECUTIVE DIRECTOR

We are looking forward to a week full of fun to celebrate the individuals that take care of all our wonderful residents during Assisted Living Week September 9 - 13! Established by the National Center for Assisted Living in 1995, National Assisted Living Week provides a unique opportunity for residents, their loved ones, staff, volunteers, and the surrounding communities to recognize the role of Assisted Living in caring for America's seniors and individuals with disabilities. The annual observance encourages assisted living communities around the country to offer a variety of events and activities and we are ready! Check the Life Enrichment calendars to see all the fun events scheduled.