SEPTEMBER 2024



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Ebenezer Virtual Church Service 1:30 Virtual Sing Along	1 Happy Labor Day! 2	9:30 Exercise and Wellness 10:15 Timeslips 11:00 Let's get pampered! Aromatherapy, warm towels, hand massages! 1:00 Louie Visits/Independent Activities 2:00 Smile Drum Studio 3:00 Reminiscing and Refreshments	9:30 Morning Stretch with Balls 10:00 Flower Arranging 1:00 Louie Visits/Independent Activities 3:00 Happy Hour	4 9:30 Exercise and Wellness 5 10:00 Craft: Sunflower Paintings 1:00 Louie Visits/Independent Activities 2:30 Yoga with Suzanne! 3:00 Reading, Refreshments and Reminiscing	Happy Birthday Kayo! 9:30 Exercise and Wellness 1:00 Louie Visits/Independent Activities 2:30 Reminiscing: School Days 3:00 Celebrating Kayo's Birthday!	6 9:30 Virtual Exercise 1:00 Live Entertainment
Hooray for Grandparents Day! 9:30 Ebenezer Virtual Church Service 12:00 Vikings vs. Giants	8 9:30 Exercise and Wellness 9 10:30 Games and Good News 1:00 Louie Visits/Independent Activities 1:30 Birthday Party with musical guest, Gary LaRue 3:00 Reading, Refreshments and Reminiscing	9:30 Exercise and Wellness 10:15 Timeslips 10:15 Timeslips 11:00 Let's get pampered! Aromatherapy, warm towels, hand massages! 1:00 Louie Visits/Independent Activities 3:00 Reminiscing and Refreshments 6:00 Summer Concert Series and Snow Cones	National Day of Service 1 and Remembrance 9:30 Daily Chronicles 10:00 Morning Stretch with Balls 10:30 Sing Along 5 1:00 Louie Visits/Independent Activities 1:30 Bible Study with Pastor Chad 3:00 Happy Hour	1 9:30 Morning Stroll 12 10:00 Harp music with Cathy 1:00 Louie Visits/Independent Activities 2:30 Yoga with Suzanne! 3:00 Reading, Refreshments and Reminiscing	 10:00 Eldermark Virtual Church Service 10:00 All Saints Catholic Communion and Rosary 1:00 Outing: Fireside Apple Orchard 1:00 Louie Visits/Independent Activities 3:00 Reading, Refreshments and Reminiscing 	13 9:30 Virtual Exercise 1 1:00 Movie Matinee
9:30 Ebenezer Virtual Church Service 12:30 Church Service with Pastor Larry	15 9:30 Exercise and Wellness 16 10:30 Games and Good News 1:00 Louie Visits/Independent Activities 1:30 Cider-Making Extravaganza! 3:00 Reading, Refreshments and Reminiscing	9:30 Exercise and Wellness 10:15 Timeslips 11:00 Let's get pampered! Aromatherapy, warm towels, hand massages! 1:00 Louie Visits/Independent Activities 3:00 Baking and Bingo 5:15 Music with Laura	9:30 Daily Chronicles 10:00 Morning Stretch with Balls 10:30 Sing Along 1:00 Louie Visits/Independent Activities 3:00 Happy Hour	9:30 Morning Stroll 10:00 MacPhail Music 10:00 Louie Visits/Independent Activities 2:30 Yoga with Suzanne! 3:00 Reading, Refreshments and Reminiscing	WEAR PURPLE! 10:00 Walk for Alzheimer's 1:00 Louie Visits/Independent Activities 1:30 Fall Craft 3:00 Celebrating Marilynn's Birthday!	20 Happy Birthday Marilyn 2 9:30 Virtual Exercise 1:00 Live Entertainment
9:30 Ebenezer Virtual Church Service 12:00 Vikings vs Texans	22 9:30 Exercise and Wellness 23 10:00 Minnesota Zoo Presentation 1:00 Louie Visits/Independent Activities 2:30 Yoga with Suzannel 3:00 Reading, Refreshments and Reminiscing	9:30 Exercise and Wellness 24 10:15 Travelogue-Destination: Mexico City (SH 11:00 Let's get pampered! Aromatherapy, warm towels, hand massages! 1:00 Louie Visits/Independent Activities 3:00 Baking and Bingo		25 9:30 Morning Stroll 26 10:00 MacPhail Music 1:00 Louie Visits/Independent Activities 2:30 Yoga with Suzanne! 3:00 Reading, Refreshments and Reminiscing	 10:00 All Saints Catholic Communion and Rosary 10:00 Eldermark Virtual Church Service 1:00 Outing: Fall Drive 3:00 Reading, Refreshments and Reminiscing 	27 9:30 Virtual Exercise 2 1:00 Movie Matinee
9:30 Ebenezer Virtual Church Service 12:00 Vikings vs. Packers	29 9:30 Exercise and Wellness 30 10:30 Art History Presentation 1:00 Louie Visits/Independent Activities 1:30 Baby Goat Snuggles 3:00 Reading, Refreshments and Reminiscing				Football Fridays! Show off your Vikings appar or other favorite sports teams!	
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