



Ponté Palmero

RESORT - STYLE LIVING

September 2024

Resident of the Month



June Barton: Resident of the Month

Our September Resident of the Month is June Barton. She has lived at Ponte Palmero for 5 years.

June celebrated 72 years of marriage with her husband Bob before he passed away on June 28, 2024.

June was born in Springfield, Massachusetts, and later moved to California to be closer to family. Bob was born in Dallas, Texas. They met Halloween night in 1952 at a military club dance at Treasure Island. Bob was stationed at Kirkland AFB, New Mexico, and had come to Treasure Island for a 2 week training program. June didn't want to go to the dance, but she

relented when her girlfriend Alberta begged her to go. It was such a near-miss meeting, but meant to be.

June worked as a secretary for about 5 years before she had her children. Bob worked at the Livermore National Lab for over 30 years as a physicist. June and Bob used to go to estate and garage sales together. He was always helping June in her business adventures. June owned 2 gift and antique stores for about 10 years.

June and Bob ventured into the antique co-op business while raising their children, Sharon, Brad and Doug. They have 6 grandchildren and 1 great-grandchild.

June was a crafter and she and her twin sister Jean designed and made felted handbags. Their designs and work were featured in 3 magazines. Another hobby of June's: repurposing 1880s "crazy quilts." She did that for 30 years. Now, she does needlepoint to keep busy.

Bob loved living at Ponte. June says, "We are so blessed to have so many wonderful friends here. Thank you, my friends, and our wonderful staff, for giving me so much love and support. Thank you all."





Happy Birthday

- Jeanne Heinrich - Sept. 1
- Diana Long - Sept. 2
- Jeanne Petrie - Sept. 2
- Joann Newton - Sept. 2
- Dawn Graeff - Sept. 3
- Tim Trickel - Sept. 3
- Bob LeDuc - Sept. 3
- Judith Ann Wilkin - Sept. 4
- Gary Cramer - Sept. 8
- Garrie Heryford - Sept. 8
- Matt Hsiao - Sept. 8
- Jennelle Howard - Sept. 9
- Bobbie Borowski - Sept. 9
- Marti Wright - Sept. 10
- Lou Bacigalup - Sept. 16
- Floyd Rice - Sept. 17
- Connie Teller - Sept. 20
- Norton Ziegler - Sept. 20
- Linda Curtis - Sept. 21
- Billy Hunkapillar - Sept. 27
- Kay Henry - Sept. 28
- Bonita Leisher - Sept. 29
- Norma Correll - Sept. 29
- Art Patterson - Sept. 30



Happy Anniversary

- Mike & Elaine Scholle - Sept. 1
- Roger & Zan Santos - Sept. 5

National Assisted Living Week

National Assisted Living Week always begins on Grandparents Day, the first Sunday after Labor Day. It provides a fabulous opportunity to bring together the residents, families, employees and volunteers within the assisted living community to celebrate our elders and the services they are provided.

The memories and heritage of senior citizens are priceless and extremely important to preserve. If we are willing to listen, we can learn much from their experiences and use them to enrich our own lives, as well as future lives and generations to come.

Spend some time with a loved one or volunteer at a senior community during National Assisted Living Week, and make sure to thank the selfless staff members who work with seniors for their tireless care and consideration.



The First Labor Day

The first Labor Day holiday was celebrated on Tuesday, Sept. 5, 1882, in New York City after being planned by the Central Labor Union. The group celebrated again on a Tuesday the following year. In 1884, however, the group chose the first Monday in September for the celebration. The N.Y. union urged similar organizations in other cities to follow its example and celebrate a "workingmen's holiday" on that date. The idea spread and, in 1885, Labor Day was celebrated in many industrial centers of the country.

Word for September: Rest

This month, we take time to "rest" and honor America's workforce on Labor Day. This "freedom from activity or labor," as described by Merriam-Webster's dictionary, also clocks in at an appropriate time when summer is winding down. Use the day to relax and recharge after a season of fun activities.

If It's Thursday, It Must Be Flower Day!



Flowers are available while the supply lasts, each Thursday at the Clubhouse. Flowers arrive between 11-11:30 AM.

A Tradition Honoring Judy Patterson

Ponté resident Art Patterson is the director of the Food Bank of El Dorado County. One day about 3 years ago, his wife Judy saw flowers being brought into the food bank, and she asked if she could have some. They said, "Yes, come next week and you'll have lots of them." The following week they went back to the food bank, filled up their van, and brought them back to Ponté Palmero to give to the residents. Judy passed away in November of last year. Art continues the tradition in honor of Judy, bringing us flowers and joy each Thursday. Thank you, Art, our "Flower Man!"

Wit & Wisdom

"Focus on the journey, not the destination. Joy is found not in finishing an activity but in doing it."

—Greg Anderson

"The journey between what you once were and who you are now becoming is where the dance of life really takes place."

—Barbara de Angelis

"If you're here right now in your life, your journey continues and you've lived to tell the story."

—Mary J. Blige

"When you set out on a journey and night covers the road, that's when you discover the stars."

—Nancy Willard

"I am no longer afraid of becoming lost, because the journey back always reveals something new."

—Billy Joel

"The beautiful journey of today can only begin when we learn to let go of yesterday."

—Steve Maraboli

"Peace is a journey of a thousand miles, and it must be taken one step at a time."

—Lyndon B. Johnson

"When we are sure that we are on the right road, there is no need to plan our journey too far ahead."

—Orison Swett Marden



Good Ole Grands

The first Sunday after Labor Day is National Grandparents Day, a time to honor and recognize the important role grandparents and seniors play in the lives of their families and communities. Use the questions below to start a discussion about grandparents.

- Describe your grandparents. Where did they live? Did you see them often or just on holidays and special occasions? What are your favorite memories of them?
- If you did not have grandparents living nearby, was there another relative or family friend who was like a grandparent to you? Describe that relationship.
- What special hobbies, talents or unique attributes did your grandmother or grandfather possess? Did you inherit any of these?
- Is there a memorable piece of advice or lesson you learned from a grandparent?
- Are you a grandparent or grandparent-type figure? How many grandchildren do you have? What do you like most about the role?
- How does being a grandparent differ from being a parent?
- What is your favorite way to spend time with your grandchildren? What do you hope to teach them?

Ukulele Club Practicing



Lunch at the Lazy Dog



Staying in Shape With Empower Me Wellness



Linda Ingoglia Bringing Us Joy



Outing to the Railroad Museum



Veterans of Foreign Wars

Since its foundation, the Veterans of Foreign Wars has worked on behalf of American men and women who have served in our nation's military. This nonprofit organization ensures veterans are respected for their service, gain recognition for their sacrifices and receive the benefits they deserve.

In 1899, after the Spanish-American and the Philippine-American wars, many former soldiers were left wounded and sick, without medical care or pensions. They formed local organizations to support each other and lobby for benefits. In 1913, these groups joined to form the first chapters of the VFW. By 1915, the VFW had more than 5,000 members. By 1936, it had grown to nearly 200,000.

Over the years, the VFW fought to establish the Veterans Administration, create the GI Bill and obtain compensation for Vietnam vets exposed to Agent Orange. It also helped raise funds to build several national memorials, including those for World War II and Vietnam War veterans.

Today, along with assisting veterans, the VFW and its more than 2 million members provide many community service programs, contribute countless volunteer hours and raise millions of dollars in scholarships.

This or That

Life's full of choices—so let's have fun with some of them! Get to know your friends better with these simple either-or questions.

- Get up early or stay up late?
- Dogs or cats?
- Chocolate or vanilla?
- Winter or summer?
- City or countryside?
- Glass half-full or glass half-empty?
- Dip a toe in the water or dive in the deep end?
- Singing or dancing?
- Coffee or tea?
- Book or movie?
- Sweet or salty?
- Words or actions?
- Travel to the past or visit the future?
- Dine in or dine out?
- Mustard or ketchup?
- Introvert or extrovert?
- Homemade or store-bought?
- Batman or Superman?
- Peanut butter—crunchy or creamy?
- Indoors or outdoors?
- Soup or salad?
- Board games or card games?
- Mountains or beach?
- Be the driver or be a passenger?
- Pancakes or waffles?
- Do the laundry or do the dishes?
- Showers or baths?
- Coke or Pepsi?
- Road trip or plane ride?
- Sunrise or sunset?

Arts and Crafts



Arts & Crafts With Barbara



Bridge Group

Activities



Mahjong Group

Knitting Club



Painting Class With Christi



Barbara Turner's Knitted Bowling Pins



Arts & Crafts With Stefanie



Just For Fun

Laugh Lines: Grin and Bear It

Furry and funny, the Muppet character Fozzie Bear is the group's stand-up comedian. Fozzie's corny quips are usually followed by his catchphrase, "Wocka, wocka, wocka!"

"I always work without shoes on. What else would you expect from a guy with two bear feet?"

"What kind of coffee does my panda cousin drink? Bam-brew!"

"How does the Ferris wheel operator do his laundry? On a spin cycle! Jokes like this are why they call me a carnival of comedy!"

Unbearable Puns

The bear quit his second job because he needed some koala-ty time with his family.

Polar bears love to go to McDonald's for the berg-ers.

A bear that is stuck out in the rain is a drizzly bear.

Q: What kind of car does a bear drive?

A: A Furrari.

Q: Why do pandas like to watch old classic movies?

A: Because they're in black and white.

Q: What do you call a bear with no teeth?

A: A gummy bear.

Ponté Palmero Directors To Contact the Directors, Call the Concierge at (530) 677-9100

Administrator.....Landon Pilegaard
 Managing Director.....Terry Howard
 Activities Director.....Nancy Peabody
 Clinical Director.....Betsy Bernardine
 Memory Care Director.....Dej'ja Bracy
 Business Office Director.....Kelli Riley
 Maintenance Director.....Kevin Hallmeyer
 Marketing Director.....Rachel Amador
 Food Services Director.....Alex Winters



Ponté Palmero Resort-Style Living

"This Month In History" SEPTEMBER

1919: Crowds gather in New York City to welcome home Gen. John J. Pershing and 25,000 soldiers of the American Expeditionary Forces who fought in World War I.

1949: The Ladies Professional Golf Association is formed with 13 founding players.

1953: With 32 lanes, the world's first four-level highway interchange opens in Los Angeles. Half a million vehicles travel it every day.

1969: "Ruh-roh!" The Saturday morning cartoon lineup gets a new addition when the mystery-comedy series "Scooby-Doo, Where Are You!" premieres.

1978: After years of lobbying, National Grandparents Day is officially observed for the first time.

1985: An American-French expedition locates the wreckage of the long-lost sunken ocean liner Titanic off the coast of Newfoundland, Canada.

1998: Internet search engine Google is founded.

2008: After its move to Oklahoma City, the NBA team the Seattle SuperSonics is renamed the Thunder.

2020: Sales stats show that music fans are buying more vinyl records, outselling CDs for the first time in decades.