

Resident Highlight of the Month



We are excited to recognize Marie Meehan as our resident highlight of the month! Marie grew up in Indiana, the “Crossroads of America”. Throughout her life she married an A4 pilot, had 5 children, and spent 5 months of her life living in the Philippines. She went on to earn her master’s in education, guidance, and testing at the University of Notre Dame. Interestingly, Marie also carried her wedding dress 9,000 miles! Make sure to ask Marie about this unique story! Marie brightens our community with her warm smile and positive attitude.

Resident Highlights are selected at random each month by the activities department.

September Birthdays

Carl Barnes	September 3 rd
Phil Newman	September 7 th
Dorothy Dodd	September 8 th
Doris Hall	September 9 th
Patricia Stryker	September 9 th
Byrnina Armes	September 11 th
Hattie Cox	September 15 th
Julius Winkler	September 16 th
Katie Thompson	September 18 th
Ethel Beall	September 19 th
Daniel Grenoble	September 20 th
Norma Warriner	September 20 th
Donald Mcpeters	September 24 th
Priscilla Fosnaught	September 25 th
Willis Thompson	September 27 th

Previously Celebrated Birthdays

Ralph Goodman	August 6 th
Joyce Gould	August 6 th
Arlene Hunt	August 7 th
Jean McManus	August 8 th
Faith Smith	August 11 th
Donnald Stannard	August 16 th
Edith Fuechslin	August 18 th
Anne Sedwick	August 18 th
Barbara Brandis	August 27 th
Marian Light	August 31 st

Welcome New Neighbors

Bill & Barbara Blankenship	Room 430
Mary Blevins	Room 243
Arlene & Russ Hopkins	Room 221
Donald Stannard	Room 409
Dennis Daigneault	Room 417
Robert Savage	Room 222
Curtis Robb	Room 314
David Dunn	Room 220

Mark your Calendar for our Birthday and New Neighbor Social on 9/24 at 2pm in the Game Room!

September 2024

The Crossroads at Bon Air

Independent Living | Assisted Living | Memory Care | 9100 Bon Air Crossings Dr.



Our Management Team

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School Days Flashback



As September approaches, the sight of children heading back to school brings a wave of nostalgia, reminding us of how schools used to be.

Back in the day, many schools were one-room schoolhouses, especially in rural areas. Imagine one teacher managing students of all ages and grades in a single room. Discipline was strict—

getting the occasional rap on the knuckles with a ruler was not unheard of!

Technology in the classroom was a far cry from today’s smartboards and tablets. The trusty chalkboard was the centerpiece of the room, and students wrote on slates with chalk. Desks were often bolted in neat rows, and flexible seating was just a dream. Instead of Googling answers, students flipped through well-worn textbooks and took meticulous handwritten notes.

School supplies were prized possessions. Pencils and paper were often shared among siblings, and ink wells and nib pens were part of the daily routine. Lunches, wrapped in cloth or paper, were brought from home—no cafeteria pizzas or chocolate milk here!

Extracurricular activities, though fewer, were cherished. Recess games like hopscotch and kickball, along with school plays and community events, were major highlights. Physical education was simple and often included activities like dodgeball or relay races.

Getting to school was an adventure in itself. School buses were a rarity, so many children walked long distances, rain or shine. This daily trek often built a strong sense of community, as families and neighbors connected through their local school.

Christmas in July Celebration



The CABA marketing team brought Christmas spirit to liven up this hot summer during our Christmas in

July celebration and vendor fair. Residents were able to shop for products supplied by many local vendors and small business owners.

The celebration was sweetened by an assortment of beautifully decorated Christmas cookies and Frozen hot chocolate.



Cooking with Alyssa



Last month Residents made delicious looking lettuce wraps with the help of our lead concierge Alyssa. Be sure to mark your calendars and save your appetite for Alyssa's next class on September 16th.

Activities to Try

September 2nd @ 1:00pm
Travel club Meeting

September 2nd, 9th, 16th, 23rd, 30th @ 6:00pm
Poker Night

September 5th @ 6:00pm
McAllister's Musical Performance

September 5th, 12th, 19th, 26th @ 10:30am
Line Dancing with Carole

September 16th @ 1:30pm
Cooking with Alyssa

September 19th @ 6:00pm
Joe Loschiavo Piano Performance

September 20th @ 2:30pm
Activity Committee Meeting

September 21st @ 6:00pm
Richmond Downtown Tour with Eli

September 26th @ 2:00pm
Resident Food Meeting

September 26th @ 11:00am
Dolce Vita Italian Restaurant Outing

September 27th @ 3:00pm
Resident Council Meeting

Activity Committee

Are you interested in helping plan and discuss future activities? Last month we kicked off our activity committee with a successful meeting. We will be having meetings on the 3rd Friday of every month at 2:30 in the Activities room, so be sure to bring your best ideas to contribute to our activity program.

Memory Care Neighborhood



Check out all the fun we've been having in our memory care neighborhood!

The Photocopy Pioneer

The next time you make a photocopy, be sure to give thanks to Chester Carlson. He invented the first commercial photocopier, the Xerox 914. His invention was introduced to the public on September 16, 1959, in the Sherry-Netherland Hotel in New York. Its debut was far from perfect, however, with one of the two models catching fire. Despite this mishap, it stunned audiences with its ability to make 100,000 photocopies per month, or one copy every 26.4 seconds.

Carlson invented a copying process called *xerography* as early as 1937. This process, first called *electrophotography*, is based on the natural phenomena whereby materials of opposite electrical charges attract and some materials become better conductors of electricity when exposed to light. Using these principles, Carlson developed a six-step process that created copies much faster than a mimeograph machine and much more cheaply than a photograph. Carlson's invention proved so successful that Haloid changed its name in 1961 to the Xerox Corporation.

Fun Drum with Terri



Terri Bradbury shares her endless energy with residents through drumming and dancing. Stop in and drum along to nostalgic tunes and get your daily exercise all at once!