

September

2024



# Arcadia

SENIOR LIVING

Pace

## Resident Birthdays

Margaret Kranz - 101st - 5th  
William Mensh - 10th  
Janet Rumrill - 11th  
Donald Cripps - 12th  
James Armstrong - 14th  
Judy Rosenmarkle - 26th  
Louise Urquhart - 27th

## Employee Birthdays

Dalton Frazier - 2nd  
Cynthia Hidalgo - 6th  
Nicole Gambo - 14th  
Rosario Alvarez - 27th

## Letter from Executive Director

Hello Residents and Family Members of Arcadia Pace!

Well...summer came and went (almost), and BOY WAS IT HOT! I don't recall a hotter summer than the one we just had. It's nice to see the kids back in school and heading into the fall season. I know we are all ready for some cooler temperatures.

We will be celebrating National Assisted Living Week from September 9th through the 13th. The theme this year is "Inspiring Generations." During this week, we celebrate the extraordinary bond between caregivers, residents, and families in assisted living communities across the country. We will have special activities scheduled for a full week of fun.

And speaking of Activities, our Director of Life Engagement, Chloe Vettel, has decided to stay at home with her precious baby Beau. Hailie O'Connell has been promoted to the position of Director of Life Engagement. Hailie has worked very closely with Chloe and was the obvious choice for the position. After a long search to fill Hailie's position, we decided to promote Destinee Miller from residential aide to Open Arms Director of Life Engagement. Her first day was August 19th. Please be patient as we transition into these new roles and introduce yourself to Destinee if you have not met her yet.

Last month we announced our second quarter Arcadia Ambassadors. The winners were Clinton Hall, Dining Specialist and Shannon Stoll, Hospitality Specialist. Be sure to keep the votes coming in. The forms are located at the front desk with Ms. Mary. 3rd quarter voting ends September 30th.

I am looking forward to this upcoming month! Let's have some fun!

Sincerely,  
Carol Ettelson

3343 Berryhill Road, Pace, FL 32571



## Save the Date

Assisted Living Week - 8th-14th  
Resident Council - 10th  
Culinary Council - 19th  
Arcadia Store - 24th  
August Birthday Party - 30th

# Resident Spotlight

## James Armstrong



James's whole life he has been called "Buddy," but nobody in his family knows from where the nickname came. He had two brothers, one younger and one older. Buddy was born in Moorhead, Mississippi and lived there for 10 years. After his father passed he moved to Pensacola. He joined the Marines right after high school in 1955 and served for 3 years. He was a rifleman and when he got out he was a Sergeant.

After the military, he went to PJC and then took a job at Escambia Chemical Company as an accountant. He worked there for 10 years. Later, he went to work for the Navy department at NAS Pensacola and ended up as the budget officer for Chief of Naval education and training. Upon retirement, he became a professional "do whatever" type of guy. He worked a lot around the church at St. Rosa Lima Catholic Church. Buddy met and married his beautiful wife, Connie, in 1974. They were married for 49 wonderful years. Once his wife retired, they moved to Blue Ridge, Georgia and enjoyed the mountains. After 14 years, they decided to move back to Pace. He has 4 children, 3 boys and 1 girl; along with 4 grandchildren.

Buddy loves to golf, go deep sea fishing, go snow skiing in Colorado and West Virginia, and was a grill master. He has also been to almost every state. He says, "He really enjoys living at Arcadia!"

## National Assisted Living Week

Happy National Assisted Living Week 2024! We have a fun filled week of activities in store for you. Please reference the calendar for exact dates and times. Let's celebrate!

DRESS UP DAYS

<p><b>Sunday 8th</b></p> <p><b>Sunday's Best</b></p>  <p>Wear your Sunday's Best!</p>	<p><b>Monday 9th</b></p> <p><b>PJ Day</b></p>  <p>Relax and wear your favorite "appropriate" PJs!</p>	<p><b>Tuesday 10th</b></p> <p><b>Throwback Tuesday</b></p>  <p>Throw it back and wear your favorite era clothing!</p>
<p><b>Wednesday 11th</b></p> <p><b>America Day</b></p>  <p>Wear everything red, white, &amp; blue today!</p>	<p><b>Thursday 12th</b></p> <p><b>Hat Day</b></p>  <p>Wear your favorite hat!</p>	<p><b>Friday 13th</b></p> <p><b>Sports Team Day</b></p>  <p>Wear your favorite sports team attire today!</p>



# Keeping Up with the Arcadians





# Your Team

## Carol Ettelson

Executive Director  
[cettelson@arcadiapace.com](mailto:cettelson@arcadiapace.com)



## Nerrissa Dunn

Business Office Director  
[ndunn@arcadiapace.com](mailto:ndunn@arcadiapace.com)



## Mary Davis

Concierge  
[conciergepace@Arcadiapace.com](mailto:conciergepace@Arcadiapace.com)



## Sally Willis

Director of Community Relations  
[swillis@arcadiapace.com](mailto:swillis@arcadiapace.com)



## Jim Miller

Director of Culinary Services  
[dietarypace@arcadiapace.com](mailto:dietarypace@arcadiapace.com)



## Hailie O'Connell

Director of Life Engagement  
[activities@arcadiapace.com](mailto:activities@arcadiapace.com)



## John Fletcher

Director of Maintenance  
[jfletcher@Arcadiapace.com](mailto:jfletcher@Arcadiapace.com)



## Jolee Blackmon

Director of Resident Care & Wellness  
[jblackmon@arcadiapace.com](mailto:jblackmon@arcadiapace.com)



## Destinee Miller

Open Arms Director of Life Engagement  
[memorycare@arcadiapace.com](mailto:memorycare@arcadiapace.com)



# More Info

## Reminder:

### Free Hearing Aide Checks

with Brian from Ears-2-Hear

**Every 3rd Monday**

**@ 3:10pm In The Shade**

(During Happy Hour)



## Save the Date:

### Medicare 101 Seminar

Featuring Kristen Fitzsimmons

Licensed Advisor & Medicare Expert

**October 3rd @ 1:30pm**



# FOAM PARTY

On the Front Porch

**September 12th**

**@ 1:00 pm**

## Flu & Pneumonia Vaccinations

Upcoming October  
Dates TBD

Sign up with Jolee

