

September  
2024



### Resident Birthdays

Betty Cox 9/1

Sharon Frazier 9/6

Martha Howell 9/29

### Staff Birthdays

Lana Borden 9/5

Teresa Nance 9/6

Jordan Haynes 9/14

Erycah Edwards 9/15

Alex Travis 9/30

### Special Dates

9/4 Wildlife Day-LBL Nature Center  
presentation with animals

9/9 Grandparents Brunch

9/10 Paint and Sip

9/11 Italian Dining and Music with  
Reggie LeFaye

9/12 Ivy with Chair Yoga 3:30 pm

9/13 Staff Appreciation Lunch and  
Ragtime Band at 3:30

9/20 Music with Jamey and Rebecca

9/27 Music with Richard Cox

## Letter from Executive Director

Dear Residents and Families,

Happy September! With Fall on the horizon and summer winding down it's time to start looking forward to the most beautiful time of year here at the Lakes. There's nothing more stunning than looking out at the lake and seeing all the majestic trees begin to come alive with color. I know I speak for all of us when I say I simply cannot wait!

September is when we celebrate National Assisted Living Week. This year the dates are September 8th -14th with the theme is "Inspiring Generation." The entire team has been hard at work planning all sorts of fun activities to celebrate. Some of the highlights are a "Grandparents Brunch" to kick off the week. That will be held in place of breakfast on September 9th at 9am. The next day we will be hosting a "Mothers and Daughters Paint and Sip" in the River Club. On September 11th Alex and I will be rolling up our sleeves and preparing a "from scratch" authentic Italian meal. I will be making my famous homemade lasagna and Alex will be making hand breaded chicken parmigiana. Get ready to enjoy a taste of Italy while you and your families are entertained by Reggie Lefaye. Please make sure your families RSVP by September 3rd with Peggy. Thursday we will have a grill out and vote on community superlatives. Then to wrap things up, on Friday we will have our staff appreciation day.

Please make sure to clear your schedules, it's going to be an awesome week!

Samantha McManus  
Executive Director

# Nominate an Arcadia Ambassador

The Arcadia Ambassador of the Quarter program acknowledges team members who demonstrate outstanding customer service, and exemplify the attributes of the Arcadia Way including Teamwork, Integrity, Accountability, Respect, and Safety. If you know an employee who you feel exemplifies each of these attributes, please see Peggy, our Concierge, for a nomination form. Then submit your nomination form to Samantha, our Executive Director, by the end of each quarter.

**OUR PEOPLE ARE OUR MOST VALUABLE RESOURCE**

## Alzheimer's Walk 2024

Please join the Lakes Team on Saturday September 14th at 9:30am to "Walk to End Alzheimer's". The Lakes of Paducah is a Silver Sponsor, and we will have a booth at the event. This is a great time to connect with other friends and families of The Lakes while supporting a cause near and dear to our hearts.

The event is at Noble Park Amphitheater in Paducah. To walk is free! The walk is around the perimeter of the park. You can register ahead or just come the day of the event and register then. To register online go to [alz.org/walk](http://alz.org/walk). We are the Purchase Area Walk ---we are listed under Arcadia Communities , Laura Todino is Team Captain.

The Lakes has already raised \$500 at our "Longest Day " event in June when we had a cookout and ice cream truck. We hope to raise even more funds when we hold our second annual classic car show on Friday October 18 from 1-3pm. We will be having raffles that day as well as entertainment and snacks for sale. More details to follow.

For questions contact Laura Todino, 270-448-7777 or [ltodino@arcadiapaducah.com](mailto:ltodino@arcadiapaducah.com)

# Photo Roundup

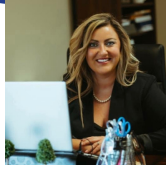


# Your Team

## Samantha McManus

Executive Director

[smcmanus@arcadiapaducah.com](mailto:smcmanus@arcadiapaducah.com)



## Gina Gordon

Business Office Manager

[ggordon@arcadiapaducah.com](mailto:ggordon@arcadiapaducah.com)



## Peggy Thomason

Concierge

[pthomason@arcadiapaducah.com](mailto:pthomason@arcadiapaducah.com)



## Laura Todino

Director of Community Relations

[ltodino@arcadiapaducah.com](mailto:ltodino@arcadiapaducah.com)



## Alex Travis

Director of Culinary Services

[dietary@arcadiapaducah.com](mailto:dietary@arcadiapaducah.com)



## Leslie Hamilton

Director of Life Engagement

[lhamilton@arcadiapaducah.com](mailto:lhamilton@arcadiapaducah.com)



## Joseph Medina

Director of Maintenance

[maintenance@arcadiapaducah.com](mailto:maintenance@arcadiapaducah.com)



## Regina Carter

Open Arms Director

[rcarter@arcadiapaducah.com](mailto:rcarter@arcadiapaducah.com)



## Cassidy Parks

Director of Resident Care & Wellness

[cparks@arcadiapaduach.com](mailto:cparks@arcadiapaduach.com)



# More Info



Like and follow us on Facebook for more photos and updates at The Lakes of Paducah!



# SHARE

## WELCOME TO THE SHARE APP!

The SHARE app allows you to see what's going on at Lakes of Paducah so that you stay connected and up-to-date. You can see activities, menus, announcements, pictures, and more.

## HOW DO I GET STARTED?

- Open your mobile device app store, and search for Spectrio SHARE. Download the app to your device.
- Open the SHARE app and tap Scan QR Code.
- Use the scanning tool to scan the QR Code shown on this page.

## QR CODE



Alternatively, you can tap Use Community PIN, and type in the PIN below:

**2265**

## SPREAD THE WORD

Your opinion matters so please write a review  
[www.TheLakesofPaducah.com](http://www.TheLakesofPaducah.com)  
choose REVIEWS and post your comments or experience.



**THANK YOU**

## KNOW YOUR NEIGHBOR

**\$1000**

for You

**\$1000**

for Your Neighbor

Be rewarded for referring others to The Lakes of Paducah. Refer today and receive \$1000 credit off one month's rent\* and your new neighbor will also receive \$1000 credit.

For more information contact  
Laura Todino  
[ltodino@arcadiapaducah.com](mailto:ltodino@arcadiapaducah.com)  
270.448.7777

\*A referring resident receives \$1000 credit after your new neighbor stays for 60 days. Some exclusions apply.

