### **Resident Spotlight**



Janet S.

Our resident spotlight this month is on our one and only Janet! She has lived here at Sweetbriar Villa since April of 2023. Before retirement, Janet worked for UPS for many years. When she wasn't working, you could find her out on the golf course! Janet is so kind and we appreciate her very much! YOU ROCK JANET!

### Team Member Spotlight



**Brooklyn M.— Caregiver** 

This month's employee spotlight is on Brooklyn. She's only been working at Sweetbriar Villa for about 2 months, but in that time, she has been so great and incredibly helpful. Brooklyn is always willing to jump in and help where needed with a smile on her face. She was born and raised here in Springfield. When she's not here at work, you can find her at the lake boating, fishing, tubing or having a bonfire with friends. Thank you Brooklyn for everything you do!





Sweetbriar Carnival:

On August 16th, we had a great turn out with our end of summer Carnival. We had games, prizes, food, and lots of family fun. So many of our residents, staff, and families came to enjoy.





More Carnival fun: Above we have Nicole, our Executive Director, after being pied in the face during our 'Pie a Director Fundraiser'. In the picture next to that, we have Laura and Susan after visiting our Carnivals Tattoo Booth!





September 2024 -

# Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



As summer comes to an end, it's a great time to take a step back and think about all of the good, warm times that have come with the season. With families coming together here at the facility for barbecues and gatherings or our amazing entertainers who come with their big, engaging smiles. It's such a good feeling to reflect on all of the love surrounding us.

"September is a long thirty-day goodbye to summer, to the season that left everybody both happy and weary of the warm, humid weather and the exhausting but thrilling adventures." - Lea Malot

## HAPPY Birthday

#### Residents

- Maria I.— (9/2)
- Laura M.— (9/7)
- Joan W. (9/14)
- Susan M. —(9/23)

#### Staff

- Dazaria A. —(9/12)
- Ashley M.— (9/17)
- Addie F. (9/25)
- Jeorgia D.— (9/27)
- Katie S.— 9/27)



<b>SEPTEMB</b>	ER 2024	Sweetbriar Villa	• 6135 'E' St., Spring	field, OR 97478 • 54	1-225-0200	
SUN	MON	TUE	WED	THU	FRI	SAT
1 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	2 Labor Day 9:30 Music With Phil 10:30 Bible Study 11:00 Chair yoga 1:00 Whisk Wonders w/ Michelle 2:00 Manicures 3:00 Bingo 4:00 Chair Yoga	9:30 Garden Club 10:00 Coloring Social 11:00 Chair Yoga 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Residents' Choice	9:30 Chair Yoga 10:00 Cards & coffee 11:00 Needlepoint Group 1:00 Short story Hour 2:00 Beading 3:00 Bingo 4:00 Residents' Choice	9:30 Garden Cub 10:00 Puzzles & Coffee 11:00 Chair Yoga 1:00 Power Hour w/ Haydn 2:00 Short Story Hour 3:00 Bingo 4:00 Residents' Choice	9:30 Chair Yoga 10:00 Garden Club 11:00 Coloring Social 1:00 Free Write Group 2:00 Gambling Hour 3:00 Bingo 4:00 Karaoke/Sing Along	10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
8 Grandparents' Day* National Assisted Living Week	9 National Assisted Living Week	10 National Assisted Living Week	11 National Assisted Living Week	12 National Assisted Living Week	13 National Assisted Living Week	14 National Assisted Living Week
10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social *Grandparents' Day Lunch on the 9th!	10:30 Bible Study 11:00 Grandparents' Day Lunch 1:00 MC 1:1	9:30 Garden Club 10:00 Coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Residents' Choice	9:30 Chair Yoga 10:00 Cards & Coffee 11:00 Arts & Crafts 1:00 Short story Hour 2:00 Beading 3:00 Bingo 4:00 Residents' Choice	9:30 Garden Club 10:00 Puzzles & Coffee 11:00 Chair Yoga 1:00 Power Hour w/ Haydn 2:00 Short Story Hour 3:00 Bingo 4:00 Residents' Choice	9:30 Chair Yoga 10:00 Garden club 11:00 Coloring social 1:00 Free Write Group 2:00 Gambling Hour 3:00 Bingo 4:00 Karaoke/Sing Along	10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
15	16	17	18	19	20	21 World Alzheimer's Day
10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	9:30 Music With Phil 10:30 Bible Study 11:30 Chair Yoga 1:00 Whisk Wonders W/ Michelle 2:00 Manicures 3:00 Bingo 4:00 Residents' Choice	9:30 Garden Club 10:00 Coloring Social 11:00 Chair Yoga 1:00 Movie & Popcorn 2:00 Movie Discussion 2:30 <b>Tea Party</b> 4:00 Bingo	9:30 Chair yoga 10:00 Cards & Coffee 11:00 Needlepoint Group 1:00 Spa Day w/ Chandra 2:00 Beading 3:00 Bingo 4:00 Residents' Choice	9:30 Garden Club 10:00 Puzzles & Coffee 11:00 Chair Yoga 1:00 Power Hour w/ Haydn 2:00 Short Story Hour 3:00 Bingo 4:00 Residents' Choice	9:30 Chair Yoga 10:00 Garden Club 11:00 Coloring Social 1:00 <b>Resident birthday party</b> 2:00 Gambling Hour 3:00 Bingo 4:00 Residents' Choice	10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
22 Centenarians' Day & Autumn Begins  10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	9:30 Music With Phil 10:30 Bible Study 11:30 Chair Yoga 1:00 MC 1:1 2:00 Manicures 3:00 Bingo 4:00 Residents' Choice	9:30 Garden club 10:00 Fall coloring social 11:00 Chair yoga 1:00 Movie & Popcorn 2:00 Movie discussion 3:00 Bingo 4:00 Residents' Choice	9:30 Chair yoga 10:00 Cards & coffee 11:00 Arts & Crafts 1:00 Short story hour 2:00 Beading 3:00 Bingo 4:00 Residents' Choice	9:30 Garden club 10:00 Puzzles & coffee 11:00 Chair yoga 1:00 Power Hour w/ Haydn 2:00 Short story hour 3:00 Bingo 4:00 Residents' Choice	9:30 Chair yoga 10:00 Garden Club 11:00 Coloring Social 1:00 Free Write group 2:00 Gambling Hour 3:00 Art and Music W/ Pani 4:00 Karaoke/Sing Along	10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walk In The Garden
29 Fall Foliage Week Begins 10:00 Church (Remote) 10:00 MC Puzzles 11:00 Balloon Ball 1:00 MC Balloon Ball 3:00 Bingo 4:00 Coloring Social	9:30 Music With Phil 10:30 Bible Study 11:30 Chair yoga 1:00 Whisk Wonders w/ Michelle 2:00 Manicures 3:00 Bingo 4:00 Residents' Choice					



upcoming events



Sept. 8th-14 National Assisted Living Week

Sept 9th- Resident Council Meeting in the Dining Room

Sept 9th Grandparents' Day Lunch

Sept. 17th—Tea party (location TBD)

Sept. 18th- Spa Day with Chandra in the Family Room

Sept. 20th- Resident Birthday Party

Sept. 27th– Art and Dance with Pani

