

## Resident Spotlight



### Lorenza: In Her Own Words

"I was born in Dubois, Idaho. I have two boys. I worked in retail as a credit associate and I retired from working at the school district. I enjoy reading love stories and mysteries, playing golf and cards (poker).

Welcome, Lorenza, to the community!

## Team Member Spotlight



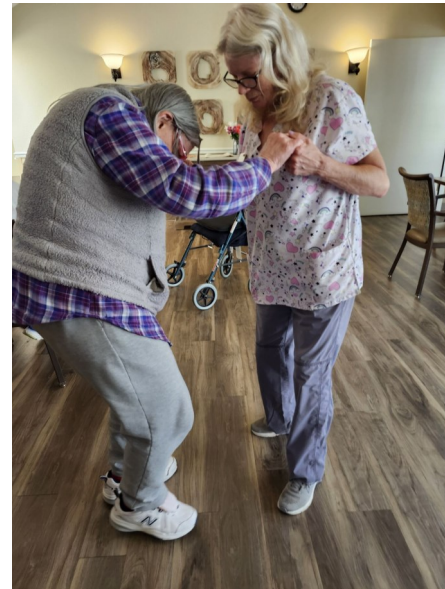
### Richard Caregiver/Med Tech

In His Own Words: "I was born in Veryville, Arkansas. We moved to Oregon when I was 8 years old. My mom was working as an RN. I see the difference she made in people's lives and that encouraged me to go into the health care field. I enjoy the happiness I bring to the residents, and the comforts that I add to their lives. I work here at Farmington Square along with my sister Nevaeh who is also a caregiver. I am a musician, and I enjoy making music in my spare time. I enjoy a wide range of music, but especially Rap music, examples are Slick Rick and Tupac Shakur."

Welcome to the Farmington Square Team, Richard!



Top Left: Scenic drive to Rooster Rock State Park.  
All Smiles: Carol, Rae, Cheryl, Diane and Tracy.



Bottom Left: Linda dancing with Candance.



Diane enjoying a popsicle.



- Public Events
- Community Photos
- Staff Highlights
- Resident Features
- & More!

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www.farmingtonsquare-gresham.com

September 2024

# Farmington Square News

Assisted & Memory Care | 1655 NE 18th St. | Gresham, OR 97030 | 503-665-1994



## A Note from the Executive Director

Autumn is such a beautiful time of year! We are excited to watch the leaves change colors, and to plant fall veggies!



Malina Souliyalavong,  
Executive Director

Our September Support Group will take place 9/18 from 5:30-6:30 PM. All are welcome to join. It is a good way to be around others sharing experiences.

We have lots of exciting activities planned this month for our residents. Our fishing trip is a favorite, along with a trip to Seaside. We're also heading to the library and the air museum! We here at

Farmington Square wish all of you a happy Fall season!!!

**"Autumn is a second spring when every leaf is a flower."**  
— Albert Camus

## HAPPY Birthday

### Residents

- Lauralee 9/1
- Antonio 9/1
- Marilyn 9/6
- Patricia 9/7
- Ardyce 9/8
- Jane 9/12
- Robert 9/18
- Pak 9/19
- Judith 9/19

### Staff

- Laiscia 9/1
- Eimy 9/8
- Donna 9/12

# SEPTEMBER 2024

Farmington Square Gresham • Astor/Barlow • 1655 NE 18th St., Gresham, OR 97030 • 503-665-1994

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> 9:30 Sit & Be Fit 10:00 Beautiful You 10:30 Game Show 11:30 Healthy Hands 1:00 Resident Choice 2:00 Brain Teasers 3:00 Table Games 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie	<b>2 Labor Day</b> 9:30 Coffee & News <b>10:00 Exercise Class, Astor</b> <b>10:30 Exercise Class, Barlow</b> 11:30 Healthy Hands 1:00 Bean Bag Toss <b>2:00 Labor Day Trivia</b> 3:00 Table Games 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	<b>3 Picture Day</b> 9:30 Coffee & News 10:00 Game Show 10:30 Resident Choice 11:30 Healthy Hands <b>1:30 Trivia</b> 2:30 Water The Flowers 3:00 Table Games, Barlow 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>4</b> 9:30 Coffee & News <b>9:00 Lunch at Mo's, Seaside</b> <b>10:30 Exercise Class, Barlow</b> 11:30 Healthy Hands 1:00 Big Pin Bowling <b>2:00 Trivia</b> 3:00 Table Games 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie	<b>5</b> 9:30 Coffee & News <b>10:00 Church, Diamond</b> 10:30 Game Show 11:30 Healthy Hands 1:00 Bingo 2:00 Resident Choice 3:00 Table Games 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	<b>6</b> 9:30 Coffee & News <b>10:00 Exercise Class, Astor</b> <b>10:30 Exercise Class, Barlow</b> 11:30 Healthy Hands <b>1:00 Trivia</b> 2:00 Water The Flowers 3:00 Table Games 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>7</b> 9:30 Sit & Stretch 10:00 Coffee & News 10:30 Game Show 11:30 Healthy Hands 1:00 Brain Games 2:00 Resident Choice 3:00 Table Games 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie
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FARMINGTON SQUARE

## September 2024

upcoming events



**Picture Day**  
9/3 at 10 AM, Community

**Lunch at Mo's Seaside, OR**  
9/4 at 9 AM

**Outing, Cruisin' with the Cops Car Show, Old Kmart Parking Lot, 9/8 at 9:30 AM**

**Planting Party**  
9/10 at 2:30 PM  
Courtyard Garden

**Library Outing**  
9/13 at 10 AM

**Phil Hall, Accordion**  
9/13 at 2:30 PM  
Emerald House

**Therapy Dog Finn**  
9/17 at 1 PM

**Monthly Birthday Party with Kyle Lewis entertainer**  
9/18 at 3 PM  
Emerald House

**Rainbow Trout Farm**  
9/25 at 10 AM



*Our mission is to create and maintain comfortable, caring environments for those who depend on us.*


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<b>8 Grandparents' Day</b> 9:30 Chair Exercise 9:30 Outing, Cruisin with the Cops, car show 10:00 Beautiful You 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring <b>2:00 Cookies &amp; Discussion</b> 3:00 Puzzle Time 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	<b>9</b> 9:30 Chair Exercise 10:00 Heavenly Hair 10:30 Manicure Monday 11:30 Healthy Hands 1:00 Creative Coloring <b>2:00 Coffee Coolers Social</b> 3:00 Music Trivia 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie	<b>10</b> 9:30 Balloon Toss <b>10:00 Planting Party, Courtyard</b> 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring <b>2:00 Fruit Cups</b> 3:00 Singalong 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>11 Patriot Day</b> 9:30 Balloon Toss <b>10:00 Scenic Drive, Crown</b> <b>10:30 Singalong</b> 11:30 Healthy Hands <b>1:00 Outing, Pearson Air Museum</b> <b>2:00 Hand Massage</b> 3:00 Adult Coloring 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	<b>12</b> 9:30 Balloon Toss <b>10:00 Church, Crown</b> 10:30 Game Show 11:30 Healthy Hands <b>1:00 Resident Council, Barlow</b> <b>2:00 Donuts, Donuts &amp; Chat</b> 3:00 Bean Bag Toss 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie	<b>13</b> <b>9:30 Chair Exercise</b> <b>10:00 Trip to the Library</b> 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring <b>2:00 Singalong</b> 3:00 Table Games 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>14</b> 9:30 Balloon Toss 10:00 Heavenly Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Color Sorting 2:00 Puzzle Time 3:00 Table Games 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie
<b>15</b> 9:30 Chair Exercise 10:00 Beautiful You 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Puzzle Time 3:00 Table Games 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	<b>16</b> 9:30 Chair Exercise 10:00 Heavenly Hair 10:30 Manicure Monday 11:30 Healthy Hands <b>1:00 Bean Bag/ Balloon toss</b> <b>2:00 Music Trivia</b> <b>3:00 Big Pin Bowling</b> 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie	<b>17</b> 9:30 Sit & Be Fit 10:00 Beauty Time 10:30 Game Show 11:30 Healthy Hands <b>1:00 Therapy Dog, Finn</b> 2:30 Water Flowers <b>3:00 Balloon Toss</b> 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>18</b> 9:30 Balloon Toss <b>10:00 Scenic Drive, Diamond</b> 11:30 Healthy Hands 1:00 Bean Bag Toss <b>2:00 Trivia</b> <b>3:00 Birthday Party, Kyle Lewis, Emerald</b> 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	<b>19</b> 9:30 Balloon Toss <b>10:00 Church, Crown</b> 10:30 Game Show 11:30 Healthy Hands <b>1:00 Bingo or Creative Coloring</b> 2:00 Bean Bag Toss <b>3:00 Hand Massage</b> 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie	<b>20</b> <b>9:30 Chair Exercise</b> 10:00 Balloon Toss <b>10:30 Singalong</b> 11:30 Healthy Hands 1:00 Creative Coloring <b>2:00 Music Trivia</b> 3:00 Table Games 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>21</b> 9:30 Balloon Toss 10:00 Heavenly Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Color Sorting 2:00 Puzzle Time 3:00 Table Games 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie
<b>22 Centenarians' Day &amp; Autumn Begins</b> 9:30 Chair Exercise 10:00 Beautiful You 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Puzzle Time 3:00 Table Games 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	<b>23 Crazy Hat Day</b> 9:30 Chair Exercise 10:00 Heavenly Hair 10:30 Manicure Monday 11:30 Healthy Hands <b>1:00 Bean Bag/ Balloon Toss</b> <b>2:00 Music Trivia</b> <b>3:00 Coffee Coolers Social</b> 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie	<b>24 Scarf Day</b> 9:30 Sit & Be Fit 10:00 Beauty Time 10:30 Game Show 11:30 Healthy Hands <b>1:30 Hand Massage</b> 2:30 Water Flowers 3:00 Table Games 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>25 Sports Day</b> 9:30 Balloon Toss <b>10:00 Rainbow Trout Farm Fishing</b> <b>10:30 Singalong with Susie Q</b> 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Water the Flowers 3:00 Table Games 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	<b>26 Pajama Day</b> 9:30 Balloon Toss <b>10:00 Church, Crown</b> 10:30 Game Show 11:30 Healthy Hands <b>1:00 Special Bingo or Coloring</b> 2:00 Bean Bag Toss 3:00 Table Games 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie	<b>27 Twin Day</b> <b>9:30 Chair Exercise</b> 10:00 Balloon Toss 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring <b>2:00 Charades</b> 3:00 Table Games 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>28</b> <b>9:30 Balloon Toss/Exercise</b> 10:00 Heavenly Hair <b>10:30 Kite Making</b> 11:30 Healthy Hands 1:00 Color Sorting <b>2:00 Hand Massage/Feet Massage</b> 3:00 Table Games 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie
<b>29 Fall Foliage Week Begins</b> 9:30 Chair Exercise 10:00 Beautiful You 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Puzzle Time 3:00 Table Games 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	<b>30</b> 9:30 Chair Exercise 10:00 Heavenly Hair 10:30 Manicure Monday 11:30 Healthy Hands <b>1:00 Bean Bag/ Balloon Toss</b> <b>2:00 Music Trivia</b> <b>3:00 Hand Massage</b> 4:00 Walking Group 4:30 Healthy Hands 6:00 Evening Movie					



FARMINGTON SQUARE  
**September 2024**

upcoming events



**Picture Day**  
 9/3 at 10 AM, Community

**Lunch at Mo's Seaside, OR**  
 9/4 at 9 AM

**Outing, Cruisin' with the Cops Car Show, Old Kmart Parking Lot, 9/8 at 9:30 AM**

**Planting Party**  
 9/10 at 2:30 PM  
 Courtyard Garden

**Library Outing**  
 9/13 at 10 AM

**Phil Hall, Accordion**  
 9/13 at 2:30 PM  
 Emerald House

**Therapy Dog Finn**  
 9/17 at 1 PM

**Monthly Birthday Party with Kyle Lewis entertainer**  
 9/18 at 3 PM  
 Emerald House

**Rainbow Trout Farm**  
 9/25 at 10 AM



*Our mission is to create and maintain comfortable, caring environments for those who depend on us.*