Resident Spotlight



Steve

We are pleased to present Steve in this month's Resident Spotlight. Steve has long enjoyed going to Depoe Bay to be near the water where he can watch the whales and seals go by! Here at Emerald, he enjoys reading boat magazines, socializing with friends at meal time, and going on walks outside. His favorite color is blue - in every shade and his favorite food is a nice juicy hamburger with all the right toppings and a simple classic side salad.

We are lucky to have you here, Steve!

Team Member Spotlight



Porfi, Caregiver

Say hello to Porfi! She is one of our amazing caregivers. Residents absolutely adore her. She has been caregiving for 17 years and counting!

When Porfi is not working, she enjoys cooking, cleaning and shopping. Her favorite food is a traditional Mexican dish, Mole'. Her favorite color is black and She loves going to Ross and TJ Maxx.

Porfi's favorite thing about caregiving is the quality of time she spends with the residents. That puts a smile on her face! Thank You, Porfi, for all that you do!





Simply, Thank You! Our Caregivers, Med-Techs and Wellness Team are always willing to smile for the camera!



Excited to Try!: Rose & Brenda waiting patiently to have home made guacamole and chips!

Do I Smile Now?!: Posed are Alexis, med-tech, and Judy!





A Note from the Executive Director



August was so much fun. Thank you for joining our Luau, Photo Shoot, and Bingo.

We are getting ready to close Summer and enter Fall. Please keep a close eye out for our upcoming events we have scheduled for you.

We want to give a special Thank You to our caregivers, med tech's, housekeepers, cooks, and receptionist. They truly make a

difference in your community. We are getting ready to celebrate our staff in September and welcome you to be part of showing gratitude for all their hard work.

Lastly, but not least, we want to celebrate you! We will be celebrating National Grandparents' Day and National Assisted Living Week. Please keep an eye out for more information. Thank you, Teresa



Teresa Smith, **Executive Director**

HAPPY. Birthday

Residents

Catherine, 9/4

Staff

Elizabeth, 9/30

SEPTEMB	ER 2024	Emerald Gardens •	Assisted Care •	1890 Newberg Hwy., Wo	odburn, OR 97071 •	
SUN	MON	TUE	WED	THU	FRI	Π
1	2 Labor Day *Wear Red, White & Blue*	3 U.S Bowling League Day		5	6 Read A Book Day	7
8:30 Daily Newsletters 9:00 Sit & Be Fit 9:30 Church Streaming 10:15 Bingo (DR)	8:30 Daily Newsletters 9:30 Brain Relaxation 10:15 Bingo (DR)	7:45 Coffee/Chat/Activity 8:30 Daily Newsletters 9:00 Mini Weight Lifts 10:15 Wii Bowling	8:30 Daily Newsletters 9:30 Leg Stretches 10:15 Bingo (DR) 11:15 Morning Stroll	7:45 Coffee/Chat & Activity 8:30 Daily Newsletters 9:00 Mini Weight Lifts 10:15 Wii Golf	8:30 Daily Newsletters 9:30 Upper Body Stretches 10:00 Country Drive 11:15 Morning Stroll	700
1:00 Communion w/ Travis 2:30 UNO! 3:00 Residents Choice 4:00 Game Hour	11:15 Morning Stroll 1:30 Mid-Day Movie 2:15 Garden Club 3:00 Live Music w/ David 4:00 Rumikub	11:15 Morning Stroll 1:30 Dominos 2:30 Origami 101 3:00 Popcorn Cart 4:00 Residents' Choice	1:30 Chef Chat w/ Moni 3:00 Wildlife Documentary 4:00 Scrabble 6:00 Night Movie	11:15 Morning Stroll 1:30 Manicures 3:00 Trivia: 1900's 4:00 Jenga	1:30 Bingo (DŘ) 3:00 Ice-Cream Social 4:00 Yahtzee (MR) 6:00 Friday Night Matinee	
8 Grandparents' Day*	9 Natl. Assisted Living Week Spirit Week Begins	10 Spirit Week: Western Day	11 Spirit Week: 80s Day	12 Spirit Week: Jersey Day	13 Spirit Week: Hawaiian Day	1
8:30 Daily Newsletters 9:00 Sit & Be Fit 9:30 Church Streaming 10:15 Bingo (DR) 1:30 UNO! 2:30 Afternoon Stroll 3:00 Live Choir (DR) 4:00 Game Hour	with Pajama Day 8:30 Daily Newsletters 9:30 Brain Relaxation 10:15 Bingo (DR) 11:15 Morning Stroll 1:30 Mid-Day Movie 2:15 Garden Club	7:45 Coffee/Chat/Activity 8:30 Daily Newsletters 9:00 Mini Weight Lifts 10:15 Wii Bowling 11:15 Take Out Tuesday: "Kentucky Fried Chicken" 1:30 Dominos 2:30 Origami 101	8:30 Daily Newsletters 9:30 Leg Stretches 10:15 Bingo (DR) 11:15 Morning Stroll 2:00 Ocean Animals Documentary 4:00 Scrabble 6:00 Night Movie	7:45 Coffee/Chat & Activity 8:30 Daily Newsletters 9:00 Mini Weight Lifts 10:15 Wii Golf 11:00 Library Pop-Up (MR) 1:30 Manicures 3:00 Trivia: 2000's 4:00 Jenga	8:30 Daily Newsletters 9:30 Upper Body Stretches 10:00 Safeway 11:15 Morning Stroll 1:30 Bingo (DR) 3:00 Ice-Cream Social 4:00 Yahtzee (MR) 6:00 Friday Night Matinee	
*Fancy Grandparents' Day Breakfast for Lunch! 15 Indoor Plant Week	3:00 Ladies' Tea Time 4:00 Rumikub 16 Guacamole Day	3:00 Popcorn Cart 4:00 Residents' Choice 17	18 Cheeseburger Day	19	20 Pepperoni Pizza Day	2
8:30 Daily Newsletters 9:00 Sit & Be Fit 9:30 Church Streaming 10:15 Bingo (DR) 1:30 UNO! 2:30 Afternoon Stroll 3:00 Residents Choice 4:00 Game Hour	8:30 Daily Newsletters 9:30 Brain Relaxation 10:15 Bingo (DR) 11:15 Morning Stroll 1:30 Mid-Day Movie 2:15 Garden Club 3:00 Guacamole & Chips 4:00 Rumikub	7:45 Coffee/Chat/Activity 8:30 Daily Newsletters 9:00 Mini Weight Lifts 10:15 Wii Bowling 11:15 Morning Stroll 1:30 Dominos 2:30 Origami 101 3:00 Popcorn Cart 4:00 Residents' Choice	 8:30 Daily Newsletters 9:30 Leg Stretches 10:15 Bingo (DR) 11:00: Lunch Outing "Olive Garden" 2:00 Resident Council (DR) 3:00 Cute Baby Animals Documentary 4:00 Scrabble 6:00 Night Movie 	7:45 Coffee/Chat & Activity 8:30 Daily Newsletters 9:00 Mini Weight Lifts 10:15 Wii Golf 11:15 Morning Stroll 1:30 Manicures 2:30 Celebrating Our September Birthdays! 4:00 Jenga	 8:30 Daily Newsletters 9:30 Upper Body Stretches 10:00 Country Drive 11:15 Morning Stroll 1:30 Bingo (DR) 3:00 Ice-Cream Social 4:00 Yahtzee (MR) 6:00 Friday Night Matinee 	
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29 Fall Foliage Week Begins 8:30 Daily Newsletters 9:00 Sit & Be Fit 9:30 Church Streaming 10:15 Bingo (DR) 1:30 UNO! 2:30 Afternoon Stroll 3:00 Residents Choice 4:00 Game Hour	30 Hot Mulled Cider Day 8:30 Daily Newsletters 9:30 Brain Relaxation 10:15 Bingo (DR) 11:15 Morning Stroll 1:30 Mid-Day Movie 2:15 Garden Club 3:00 Ladies' Tea Time 4:00 Rumikub			National Assisted Living Week & Community Spirit Week 8/8 - 8/14		

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503-982-4000

Grandma Moses Day

SAT

7:45 Coffee/Chat/Activity 9:15 Daily Newsletters 9:30 Sit & Be Flt 10:15 Bingo (DR) 11:15 Bible Study 1:30 Manicures 2:30 Afternoon Stroll **3:00 Residents Choice** 4:00 Game Hour

14

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28

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EMERALD GARDENS ASSISTED & MEMORY CARE



upcoming events



Live Music with David 9/2 at 3 PM Memory Care Dining

> **Chef Chat** 9/4 at 1:30 PM Location

Woodburn Library Pop-up 9/12 at 11 AM **Upstairs Movie Room**

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September Birthday Celebrations 9/19 at 2:30 PM **Assisted Living Dining**

National Assisted Living Week and Spirit Week: 8/8 - 8/14



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SUN	MON	TUE	WED	ТНИ	FRI	
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