

Resident Spotlight: Claire



Claire is one of our most traveled residents! She grew up in New York, playing tour guide to family from all over the world, and traveled for both pleasure and work as a teacher throughout life. With a beaming smile that lights up the room, Claire is always willing to join in on the fun, whether that be bingo, corn hole, or just a fun hand spa day. Soaking up the rays outside on the walking path may just be her favorite activity though. Claire's large smile and fun wit cheers up the day of all those around her.

Team Member Spotlight: Tammy



Tammy has been part of the Arbors family for two and a half years, and we don't know what we would do without her! She is the neural network of Arbors (aka concierge), traffic controlling with a smile. Tammy

always goes the extra mile in helping coworkers or taking the extra time with residents as she feeds the birds and delivers morning newspapers. In her off hours, Tammy spends her time with her grandkids and loving husband. She loves to golf, and is an avid Raiders fan! Arbors is a more organized and happier place with Tammy around. We're so grateful for all that she does.

moments captured



Arbors Glam Day!

Arbors partnered with Compassion Hospice and photographer Jesse Hon to do senior portraits this month! Our staff had so much fun passing out virgin mimosas, dancing to music, and getting our residents all dolled up. Please call and check that your email address is updated with our office so we can share these stunning photos with all of the families.



www.arborsmemorycare.com



September 2024

The Arbors Bulletin

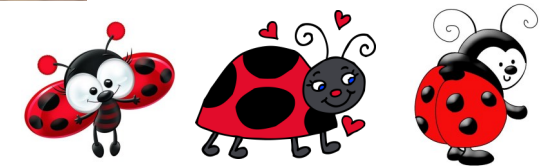
Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229



Gardening Club Hosts Ladybug Release

The Arbors Gardening Club spent time with their fingers in the dirt this month as they updated the raised beds on our beautiful walking paths. Mornings spent watering flowers is a great start to the day.

1Care Hospice joined in on the fun, bringing more than 1,500 ladybugs to release in the gardens. It was such a fantastic morning for residents and staff! Check out Arbors Facebook for more photos and events!



A Note from the Executive Director



Amanda Jenkins,
Executive Director

Dear Residents, Family and Friends of Arbors Memory Care,

I have started my second month with this beautiful community and have met many of our families and gotten to know all our wonderful residents. Thank you for such a warm welcome. This past month has been filled with beautiful moments, especially in the gardens where our residents planted flowers for a ladybug release. When visiting your loved one, please stop by the garden and see what an amazing job our residents did planting beautiful flowers and how much they love tending to their care. We have a lot of fun events coming up, so stayed tuned.

HAPPY Birthday

Residents

- Christine, Sept. 21

Staff

- Katrina, Sept. 5
- Christina, Sept. 11
- Ronesha, Sept. 25
- Janessa, Sept. 28

SEPTEMBER 2024

Arbors Memory Care

• 2121 E. Prater Way, Sparks, NV 89434

• 775-331-2229

SUN	MON	TUE	WED	THU	FRI	SAT
1 Labor Day 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Table Games 2:00 Brain Games Box 3:00 Snack and Chat 4:30 Armchair Travel 6:00 Jeopardy	2 9:00 Morning News 10:00 Chair Yoga 11:00 Hand Spa 2:00 Videos to Family 3:30 BINGO 4:00 Beetles Music Jam 6:00 Movie and Popcorn	3 9:00 Gardening Club 10:00 Fitness Fun 11:00 Prayers with Deacon 2:30 Movie Trivia 3:30 BINGO 4:30 Walking Club 6:00 Price Is Right	4 Wildlife Day 9:00 Morning News 10:00 Sit & Be Fit 11:00 Animal Mad Libs 2:00 Noodle Balloon 3:30 Aromatherapy 4:00 Puzzle Time 6:00 Wildlife Documentary	5 9:00 Gardening Club 10:00 Ball Exercises 11:00 Funny Pet Videos 2:00 Bean Bag Toss 3:30 BINGO 4:30 Armchair Travel 6:00 Wheel of Fortune	6 9:00 Morning News 10:00 Chair Yoga 11:00 Fabric Landscape Art 2:00 Noodle Balloon 3:00 Happy Hour 4:00 Word Games 6:00 I love Lucy	7 Grandma Moses Day 9:00 Gardening Club 10:00 Music & Movement 11:00 Short Stories 2:00 Grandma Moses Discussion 3:30 BINGO 4:30 Sunshine Visits 6:00 Bob Ross
8 Grandparents' Day 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Table Games 2:00 Dogs in Cars Coloring 3:00 Snack & Grandparents' Story Circle 4:30 Armchair Travel 6:00 Jeopardy	9 9:00 Morning News 10:00 Chair Yoga 11:00 Hand Spa 2:00 Videos to Family 3:30 BINGO 4:00 Johnny Mathis Music Jam 6:00 Movie and Popcorn	10 9:00 Gardening Club 10:00 Fitness Fun 11:00 This Day in History 2:00 Sierra Arts Music 3:30 BINGO 4:30 Walking Club 6:00 Price Is Right	11 9:00 Morning News 10:00 Sit & Be Fit 11:00 Music Circle 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Table Games 6:00 I love Lucy	12 9:00 Gardening Club 10:00 Ball Exercises 11:00 Funny Pet Videos 2:00 Bean Bag Toss 3:30 BINGO 4:30 Aromatherapy 6:00 Wheel of Fortune	13 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Chair Yoga 2:00 Noodle Balloon 3:00 Happy Hour 4:00 This Day in History 6:00 I love Lucy	14 9:00 Gardening Club 10:00 Music & Movement 11:00 Short Stories 2:00 Music Circle 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
15 Indoor Plant Week 9:00 Spiritual Piano 10:00 Sunday Stretch 11:00 Table Games 2:00 Floral Coloring 3:00 Snack and Chat 4:30 Armchair Travel 6:00 Jeopardy	16 9:00 Morning News 10:00 Chair Yoga 11:00 Hand Spa 2:00 Videos to Family 3:30 BINGO 4:00 Rat Pack Music Jam 6:00 Movie and Popcorn	17 9:00 Gardening Club 10:00 Fitness Fun 11:00 Prayers with Deacon 2:00 Violin and Piano 3:30 BINGO 4:30 Walking Club 6:00 Price Is Right	18 Cheeseburger Day 9:00 Morning News 10:00 Sit & Be Fit 11:00 Music Circle 2:00 Indoor Herb Garden 3:30 Sunshine Visits 4:00 Puzzle Time 6:00 I love Lucy	19 9:00 Gardening Club 10:00 Ball Exercises 11:00 Funny Pet Videos 2:30 McCollum Music 3:30 BINGO 4:30 Armchair Travel 6:00 Wheel of Fortune	20 Pepperoni Pizza Day 9:00 Morning News 10:00 Hand Spa 11:00 Chair Yoga 2:00 Noodle Balloon 3:00 Happy Hour 4:00 Pizza History and Poems 6:00 Golden Girls	21 World Alzheimer's Day 9:00 Gardening Club 10:00 Music & Movement 11:00 Short Stories 2:00 Music Trivia 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
22 Autumn Begins 9:00 Spiritual Piano 10:00 Sunday Stretch 10:30 Table Games 2:00 Brain Games Box 3:30 Snack and Chat 4:30 Armchair Travel 6:00 Jeopardy	23 9:00 Morning News 10:00 Chair Yoga 11:00 Hand Spa 2:00 Videos to Family 3:30 BINGO 4:00 Johnny Cash Music Jam 6:00 Movie and Popcorn	24 9:00 Gardening Club 10:00 Fitness Fun 11:00 Pumpkin Centerpieces 2:30 Bean Bag Toss 3:30 BINGO 4:30 Walking Club 6:00 Price Is Right	25 9:00 Morning News 10:00 Sit & Be Fit 11:00 Music Circle 2:00 Noodle Balloon 3:30 Sunshine Visits 4:00 Table Games 6:00 I love Lucy	26 9:00 Gardening Club 10:00 Ball Exercises 11:00 Funny Pet Videos 2:00 Bean Bag Toss 3:30 BINGO 4:30 Hand Spa 6:00 Wheel of Fortune	27 9:00 Morning News 10:00 Yuki the Dog Visits 11:00 Chair Yoga 1:30 Western Birthday Bash 4:00 Birthday Trivia 6:00 Golden Girls	28 9:00 Gardening Club 10:00 Music & Movement 11:00 Short Stories 2:00 Music Circle 3:30 BINGO 4:30 Sunshine Visits 6:00 Family Feud
29 9:00 Spiritual Piano 10:00 Sunday Stretch 10:30 Table Games 2:00 Adult Colring 3:00 Snack and Chat 4:30 Armchair Travel 6:00 Jeopardy	30 Hot Cider Day 9:00 Morning News 10:00 Chair Yoga 11:00 Hand Spa 2:00 Videos to Family 3:30 BINGO and Cider 4:00 Judy Garland Concert 6:00 Movie and Popcorn					



Fabric Landscape Art
 9/6 at 11 AM
 The Clubhouse

Grandparents' Day
 Snack & Story Circle
 9/8 at 3 PM

Sierra Arts Performance
 9/10, 2 PM
 Grand Piano

McCollum Music Duo
 9/19, 2:30 PM
 Grand Piano

Pumpkin Centerpieces
 9/24, 11 AM
 The Clubhouse

Western Birthday Bash
 9/27, 1:30 PM
 Common Area



Our mission is to create and maintain comfortable, caring environments for those who depend on us.