# CONNECTIONS

FULL SENIOR CARE: REHAB THERAPY, SENIOR CARE & ASSISTED LIVING NEWSLETTER | SEP 2024



#### Residents:

 Lorraine S.
 9/02

 Arlene R.
 9/11

 Donna O.
 9/14

### **Visitation Guidelines**

Visitors are always welcome at Montello Care Center 24/7. To respect residents' privacy, quiet hours are from 8pm-8am.



Juleanna Johnson / Administrator 251 Forest Lane, Montello, WI 53949 608.297.2153 MontelloCareCenter.rog



ON FOREST LANE

253 Forest Lane, Montello, WI 53949 608.297.8240 ResidencesOnForestLane.org





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# **Meet our Administrator**



On July 1st, Montello Care Center welcomed a new Administrator for the building, Juleanna Johnson. She has an extensive healthcare background including the following: Resident Assistant, Certified Nursing Assistant, In-Home Caregiver, Administrator Intern at Residences on Forest Lane, and Licensed Practical Nurse. Juleanna completed her Bachelor of Science in Healthcare Administration. Juleanna is excited to grow with the Montello Care Center team, implementing improved policies and procedures to ensure successful operation and exceptional care for residents.

That same month, we also welcomed a new Director of Nursing, Michelle Olson is our new DON and has also been smoothly transitioning into her role. Michelle has many years of experience in healthcare as a Registered Nurse and received a Master of Science degree in Nursing. Michelle's background in healthcare includes psychiatry, med/surg, critical care/intensive care unit, long-term care, longterm acute care and work in assisted livings. With the extensive experience, education and management skills Michelle brings to the team, we are certain she will have great success at Montello Care Center.

## **Volunteer Nails it!**

Nothing brightens the day like a little pampering.
A huge thank you to our volunteer, Anna, who spent the afternoon bringing smiles and fresh polish to our lovely ladies. Anna loves spending time with residents in her free time. Volunteers are always welcome; Contact Brittni for opportunities.



## A New Take on a Traditional Snack: Ants On A Log

Ants On A Log will always be an easy go-to snack. Whether your "logs" have peanut butter or cream cheese, September 10, Ants on a Log Day, is the perfect opportunity to try some of these tasty variations or mix and match them to create a delicious combination all your own! You may just discover your new favorite snack!

Classic: Creamy or crunchy peanut butter on

celery topped with raisins

Buttery goodness:
Substitute
a different

kind of nut butter: almond, cashew, or sunflower

*Fruity fun:* Substitute raisins with other dried fruit: cranberries, cherries, or diced mango

*Go nuts:* Substitute raisins for mixed nuts or your favorite nut

Fresh 'n' fruity: Substitute raisins for fresh fruit: kiwi, pears, bananas, or apples

*Protein:* Fill celery with chicken or tuna salad, sprinkle lightly with shredded mozzarella cheese

*Veggie:* Fill celery with hummus and top with sundried tomatoes, chickpeas, diced cucumber or carrots

*Mediterranean:* Fill celery with cream cheese and top with chopped olives, beets or carrots

Sweet: Fill celery with vanilla or Greek yogurt and top with chocolate chips or yogurt-covered raisins

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# **Game Time**

Smiles and concentration filled the room during our Thursday Bingo session. Residents always look forward to this fun-filled weekly event - it's all about good times and great company.





