



BRINGING **QUALITY CARE** TO YOU
HOME HEALTH CARE SERVING WEST WISCONSIN



Staff Birthdays

Adian N.

10/8

Staff Anniversaries

Jack P. – OT

9/2019



TRANSITIONS
AT HOME

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JAKE RATHKE,
ADMINISTRATOR



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Transitions At Health is a non-profit 501c3 Wisconsin Illinois Senior Housing Inc. agency. Tax deductible financial and item donations are always appreciated and can be placed by calling our administrator. Thank you for supporting our mission and community.

www.TransitionsWest.org

Transitions At Home accepts Medicare, Medicaid, private pay and other insurances. Please call us for details.

National Senior Center Month

The National Council on Aging recognizes September as National Senior Center month. It is time to shine a light on the senior centers, showing residents of southwestern Wisconsin how vital they are to your overall health and well-being. Senior centers are community facilities that provide a range of services and activities for older adults. These centers aim to enhance the quality of life for seniors by offering social, recreational, educational, and health-related programs. **Key features and services commonly found at senior centers include:**

1. **Social Activities:** Games, group outings, holiday celebrations, and social clubs to foster a sense of community and reduce isolation.
2. **Educational Programs:** Classes and workshops on various topics such as arts and crafts, computer skills, financial planning, and lifelong learning.
3. **Recreational Activities:** Exercise classes, dancing, sports, and other physical activities to promote fitness and well-being.
4. **Health Services:** Health screenings, wellness programs, nutrition advice, and access to medical professionals.
5. **Support Services:** Counseling, support groups, and resources for caregivers, as well as assistance with navigating social services and benefits.
6. **Transportation:** Shuttle services or assistance with transportation to and from the center and other locations.
7. **Meals:** Congregate meals, nutrition programs, and sometimes meal delivery services for homebound seniors.

Senior centers are essential in helping older adults stay active, engaged, and healthy, providing a supportive environment that encourages socialization and personal growth.

FIND Your local senior center today!!

Upcoming events

We will be participating in the Dane County Alzheimer's Walk on October 6 at 10am. The Alzheimer's Association Walk to End Alzheimer's®, the world's largest event to raise awareness and funds for Alzheimer's care, support and research. To Donate to our Team please go to the link below.

https://act.alz.org/site/TR/Walk?px=892890&pg=personal&fr_id=18023



Facility Shoutout

Shoutout to Caregiver Aidan N. Aidan joined our Non-Medical Team in June. Therese Q. would like to recognize Aidan for going above and beyond and providing outstanding care during a difficult time for the family.

Thank you for all you do Aidan!



Activities

We participated in National Ice Cream Sundae Day by treating the staff to Ice Cream Sundaes during our monthly All-Staff Meeting.



HH CAHPS REVIEWS

The Occupational Therapist provided great care – Judy B.

Lindsey (Cota) was excellent! – Mark Q.

Jessica the nurse was fantastic! – Nancy H.

Everyone was excellent! – Thelma B.

Crystal, the nurse, and Jack the Occupational Therapist were great. – Todd F.

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Your gift today makes a brighter tomorrow

Tax-deductible donations help us bring services to seniors in your community, letting them stay safely at home longer in the place they know and love.

Please give

Donate at:
bit.ly/givetahw



We're a nonprofit WISH home health & personal care agency

