## SEPTEMBER The Wellington News

### Assisted Living • Respite Care Services

### Celebrating Grandparents

Grandparents Day celebrates the important role grandparents play in families and society, highlighting their unique contributions and strengthening intergenerational bonds. Looking for ways to celebrate? Here are some ideas:

**Q & A:** Prepare questions for grandchildren and grandparents to ask each other and record a video of their stories and experiences for future generations.

Memory Lane: Create a photo album or scrapbook showcasing cherished memories.



Crafts: Engage in fun crafts with grandkids, making personalized gifts or cards for their grandparents.

Play Games Together: Grab Connect Four, Uno, Cribbage, or Battleship off the shelf and have fun competing against each other.

Video Call: If not physically

together, have a virtual video call to spend quality time with grandparents.

#### Family Outing:

Take grandparents

on a nature walk, picnic, or visit

a local attraction they enjoy.

> Share Family History: Learn more about

your family's heritage and history by asking

grandparents' to share stories.

#### Send a Card:

Send flowers. a card, or photos to grandparents



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who may be far away. Encourage young grandchildren to make

> a drawing or color a picture to send.

#### Share a meal together:

Stop by for lunch or schedule a time to take them out for dinner or ice cream and simply spend a few hours together.

Take the time, September 8 to recognize, appreciate, and celebrate the unique impact grandparents have on our lives through their wisdom, support, and love.

### Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027 262.673.3544 Monica Rakowski, Administrator **f** Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



WellingtonPlaceHartford.org

### National Assisted Living Week: Sept. 8-14, 2024

This week provides a special opportunity for residents, staff, volunteers, and the surrounding communities to recognize and celebrate the role assisted living care centers have taken in elevating the lives of America's seniors and individuals with disabilities.

### Inspiring Generations is the 2024 theme for National Assisted Living

Week. This theme encourages all employees, family members, residents, and their families to take a moment to reflect on the evolution, influence, and impact the previous generation has on the next. This theme also provides an opportunity to appreciate shared stories and experiences between residents and caregivers, fostering mutual learning and inspiration across generations.

It is time to celebrate residents, staff, families, and volunteers by hosting intergeneration events, art/ photo galleries, and other group activities that highlight inspirational moments in history, familial milestones, and personal growth. For more information, please visit www.ahcancal.org/ncal.



### **Activity Highlights**

A lot of outings have happened since our last newsletter.

We went to the beautiful Hartford Public Library for an evening musical performance by Old Men with Old Music. Although it was a late night for us, it was totally worth it.

We also took a road trip to Kelly's Creamery in Eden, WI for delectable delights. Yep, we spoiled our appetite for supper!

A few of our residents took to the friendly skies on a military veteran Dream Flight! That was an absolutely amazing experience.





Happy Birthday Best wishes to our residents and staff celebrating birthdays this month.

### Residents

Elvira B. Joyce L.

Janet S.

# Upcoming Events

Musician Stevie Keys will be entertaining us during our Happy Hour, September 6th!

Washington County Walk to End Alzheimer's, September 14th

The National Guard will be here on the afternoon of Sept 26 for a presentation









We aim to see people for who they are, be respectful and kind, communicate clearly and know when to listen.

COACH, GUIDE

See our website for more Core Values.