

Rehab

SUCCESS STORY

SHARING THE WINS!



Through patience and personalized care, our therapists help residents improve quality of life and rediscover joy in everyday moments.

MEET SHIRLEY

A PATH TO RECONNECTION

Shirley is a long-term resident at East Troy Manor. She has Alzheimer's Dementia and isolated herself to a dark room, wouldn't participate in activities, and ate meals alone. Shirley was also hoarding items and making it difficult for staff to keep her room clean.

Our Rehab Therapy team decided to step in. Understanding why Shirley hoarded was key to helping her so we educated staff to understand the reasons for her behavior: By hiding and hoarding items, she may feel more control over her situation. By recognizing this need, our team could better support her.

We began by visiting Shirley in her room, helping her with strength exercises and everyday tasks to build trust. Slowly and with encouragement, she trusted enough to walk the halls with a therapist who made sure she could always see her room door to ease her fear of losing her belongings.

Within a few months of therapy and teamwork, Shirley's transformation has been remarkable. She now enjoys most of her meals in the dining room and chats with tablemates. We honor her request to always keep her door shut so she feels safe leaving her room, knowing her things are secure, and she often navigates hallways in her wheelchair. Shirley also participates in activities a couple of times a week, receiving lots of encouragement from staff.

Our goal was to increase Shirley's quality of life by keeping her safe, active and engaged. Her journey highlights the positive impact of quality rehab therapy and the outstanding therapy staff at East Troy Manor.

Submitted by Sara Krause, OT & Therapy Manager